༄༅།།བོད་ཀྱི་རྙིང་བསྐྱབ་དཔེ་ཆོག་ཕྱོགས་ཀྱི་གནས།།

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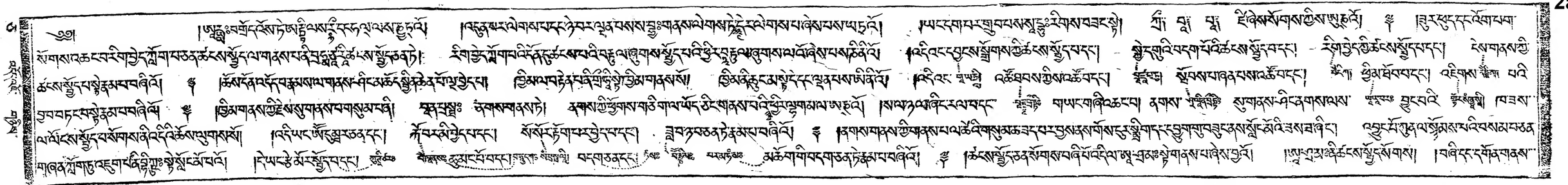
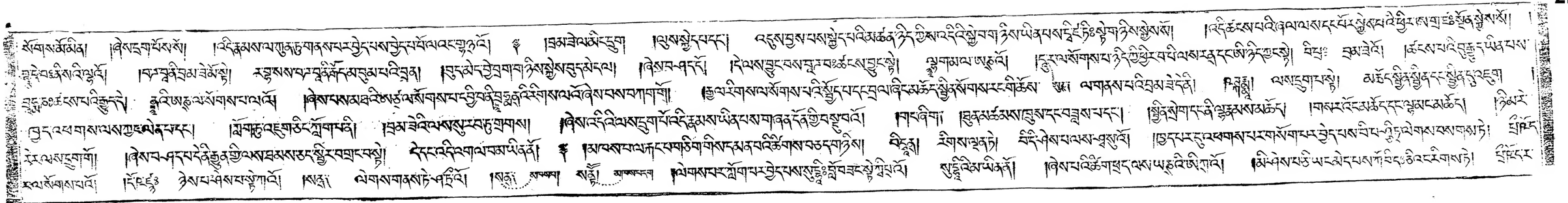
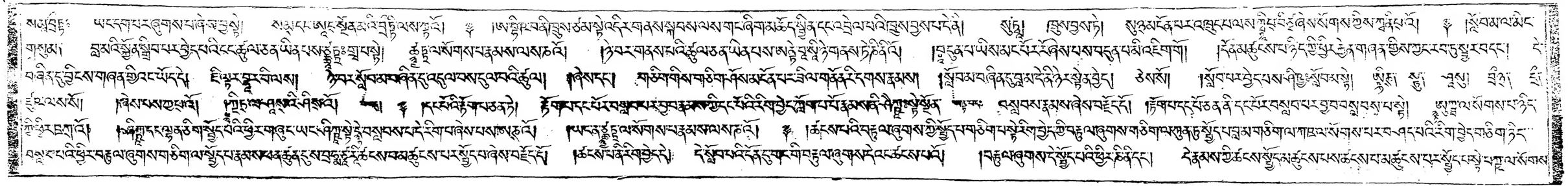




།ཨོཾ། །ལས་ཀུན་བའོ། །དབུས་རྡོ་ཞགས་ལྟུང་ཏེ། ཐྲི་ཁམས་ཐབ་ཀེའི་ཤལ་གཡོ། །མཁའ་ཀྲོད། ཆུ་བྱོས་ཁ། དེར་འཕུར་ཁམས་ཀྱི་ཁྱུང་ཁ་ཁྱེའུ་ཁ། །ཁོང་ཁྲོ་ཁ་ཁྱེའུ་ཁ། ཁྱུང་ཁ། །ཁེས་བཅད་དཔལ་ལྡན་ཡབ་ཡུམ་ཁེས་བཅས་ཆོས་སྐྱོང་། ཁྱུང་ཁ། །ཁྱུང་ཁ། ཁྱུང་ཁ། ཁྱུང་ཁ།



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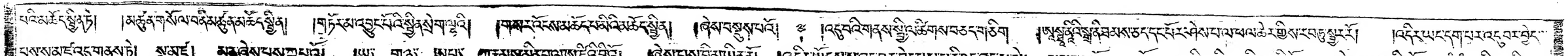
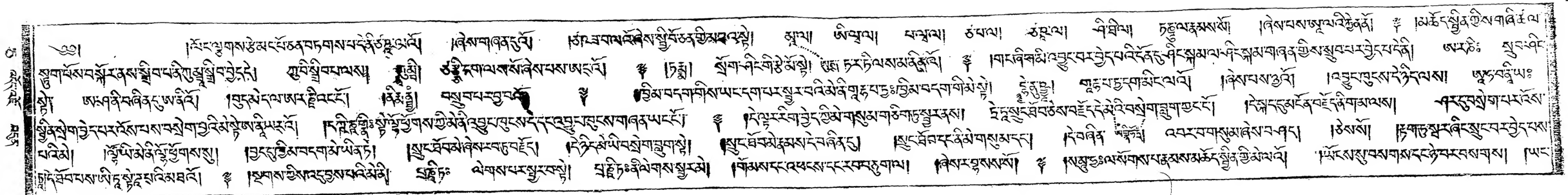
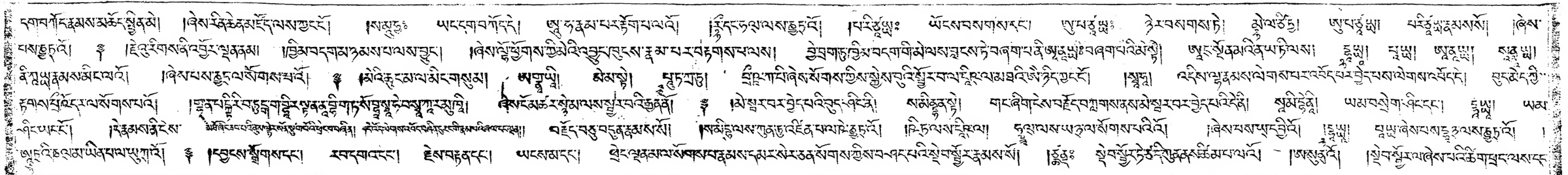
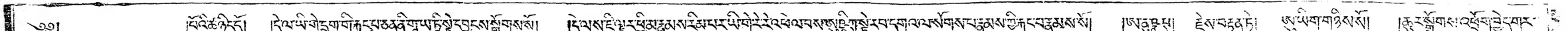
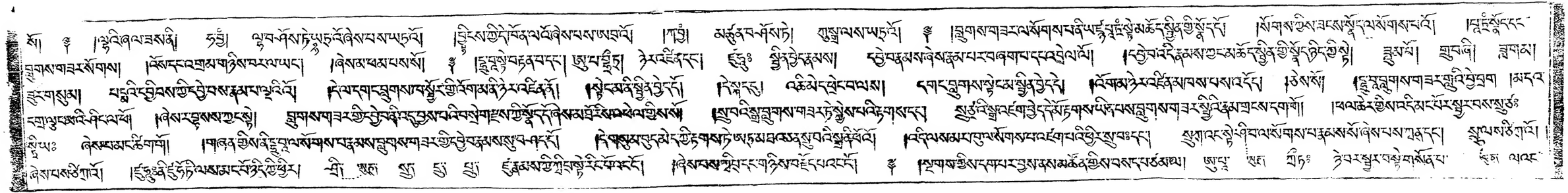
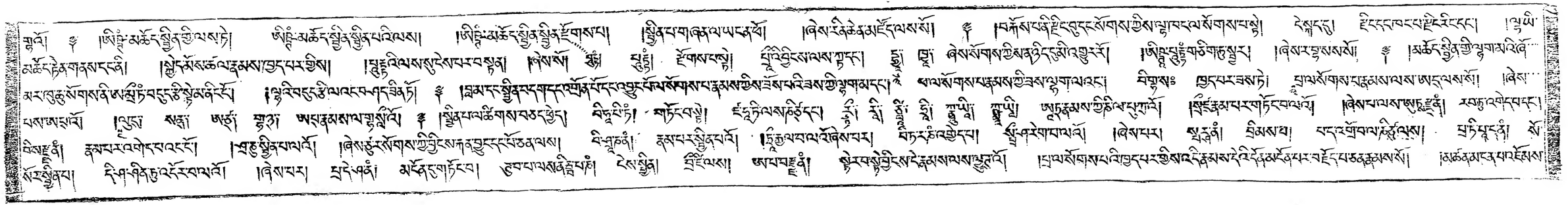


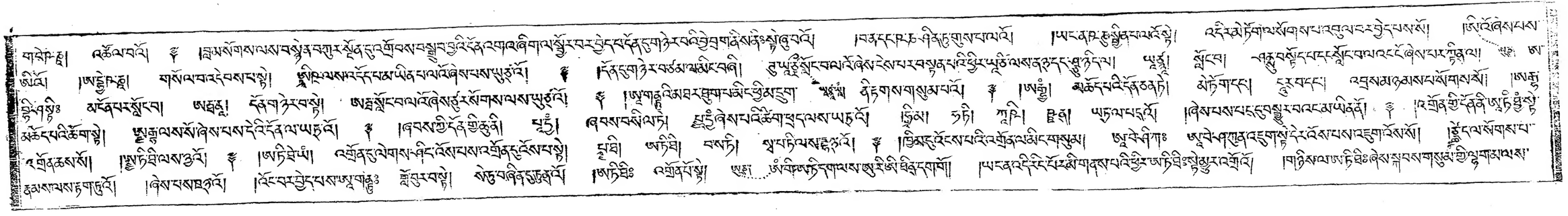


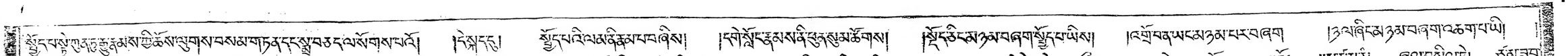




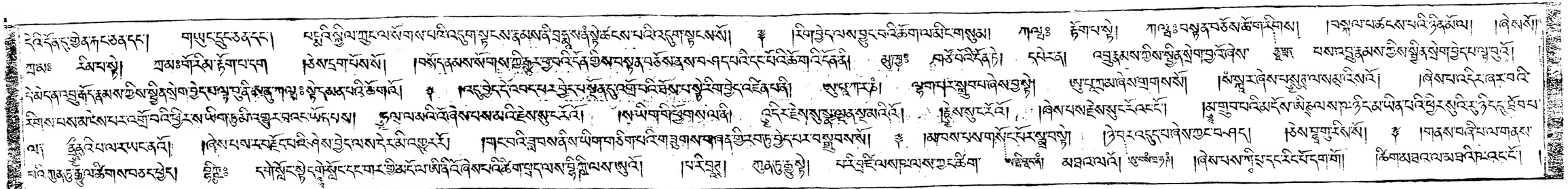


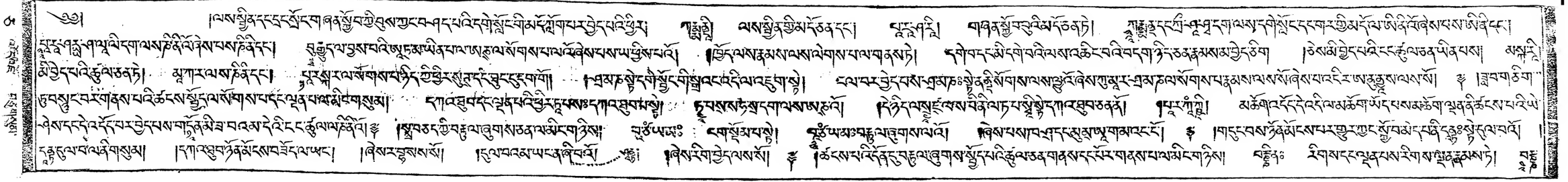






།ཞེས་གསུངས་པ་ལྟ་སྨོས་ཀྱི། ཇི་སྐད་དུ་ཐུབ་པའི་ཡུལ་དུ་ཞེས་པ་ལ། ཐུབ་པ་ནི། བསྒྲུབ་པ་དང་། བསྒོམ་པ་དང་། ཀུན་ཏུ་སྤང་བ་ལས་ཏེ། ཐུབ་པའི་ཡུལ་ཅེས་པ་ནི། ཐུབ་པ་ཐོབ་པའི་གནས་སོ། ། ཞེས་གསུངས་པ་ལྟ་སྨོས་ཀྱི། ཇི་སྐད་དུ་ཐུབ་པའི་ཡུལ་དུ་ཞེས་པ་ལ། ཐུབ་པ་ནི། བསྒྲུབ་པ་དང་། བསྒོམ་པ་དང་། ཀུན་ཏུ་སྤང་བ་ལས་ཏེ། ཐུབ་པ་ཐོབ་པའི་གནས་སོ། ། བཅའ་བ་ཉིད་ཀྱང་རྟོག་པ་ཙམ་ཡིན་ཏེ། ཚིག་ཏུ་སྨྲ་བ་ཉིད་ཀྱང་རྟོག་པ་ཙམ་ཡིན་ཏེ། ཐུབ་པ





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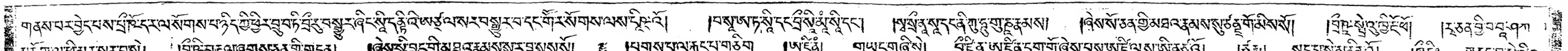

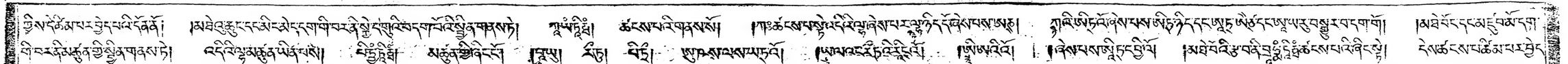

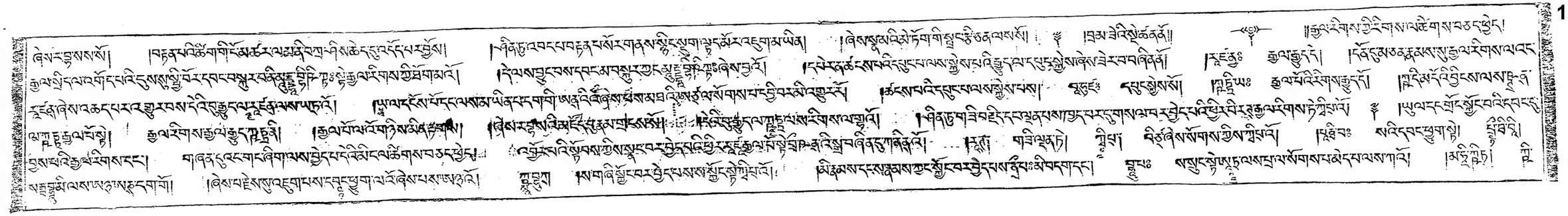

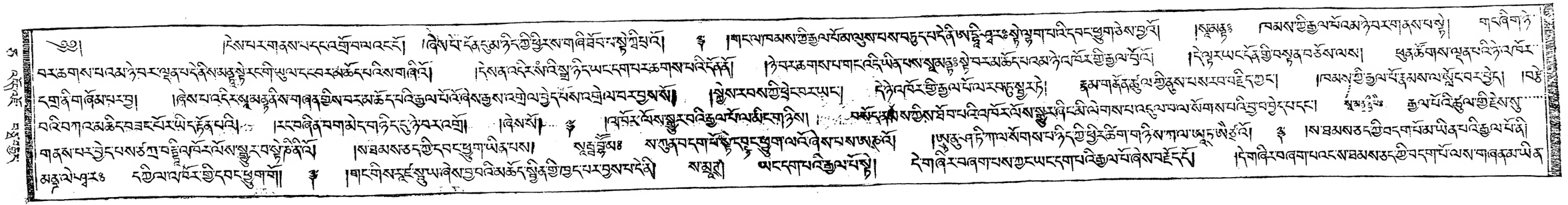

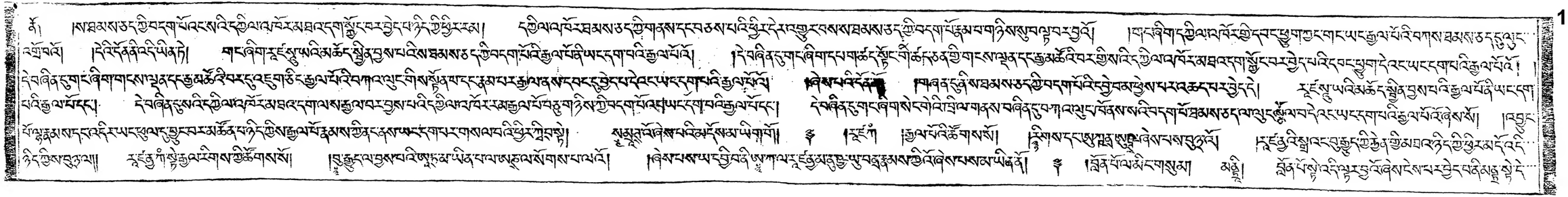

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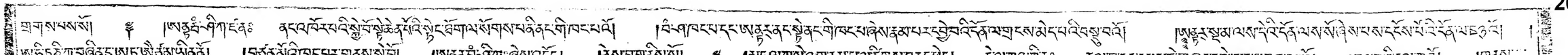
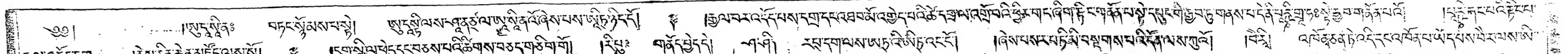
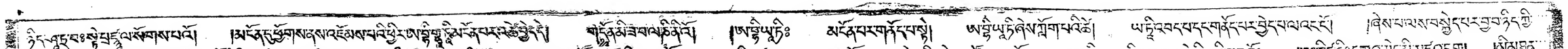
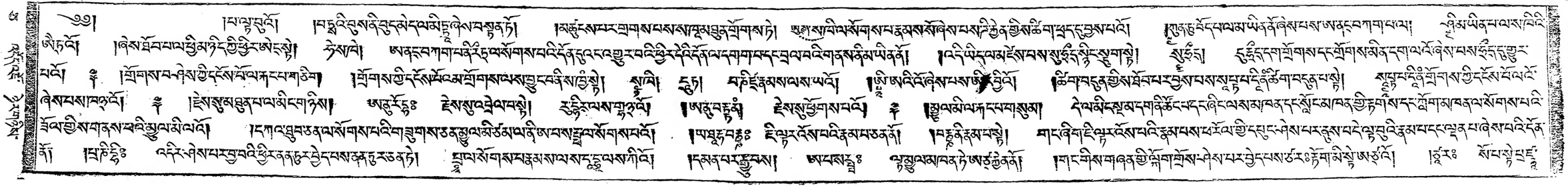
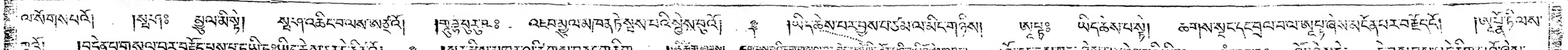


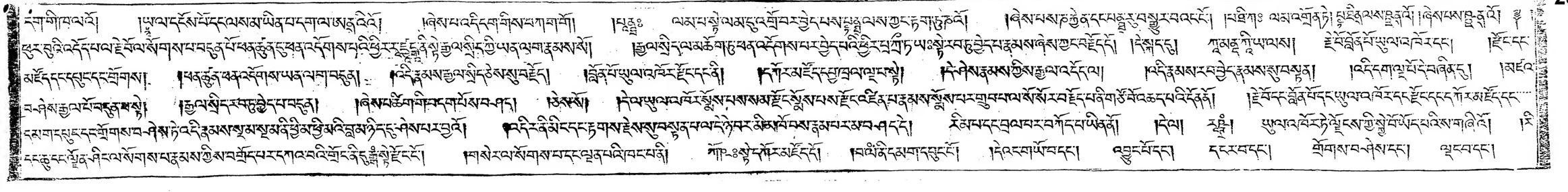








།ཅེས་གསུངས་པ་ལྟར། ཐུབ་པ་ཆེན་པོ་ཤཱཀྱ་ཐུབ་པ་ཉིད་ཀྱིས་ཀྱང་། ཐེག་པ་ཆེན་པོ་ཀུན་བཟང་ཐུགས་ཀྱི་ཆོས་ཀྱི་ཕུང་པོ་ཞེས་བྱ་བ་



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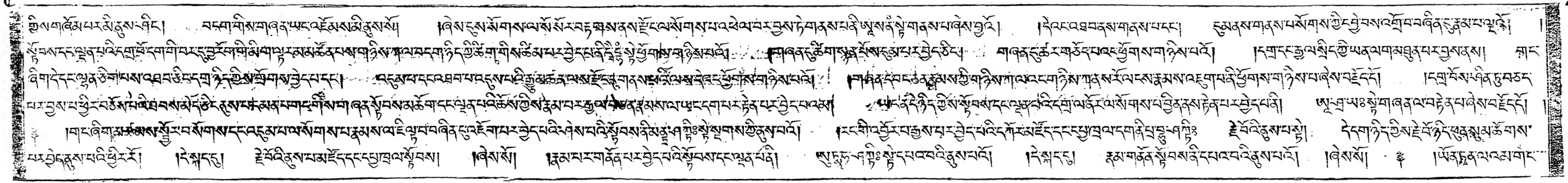
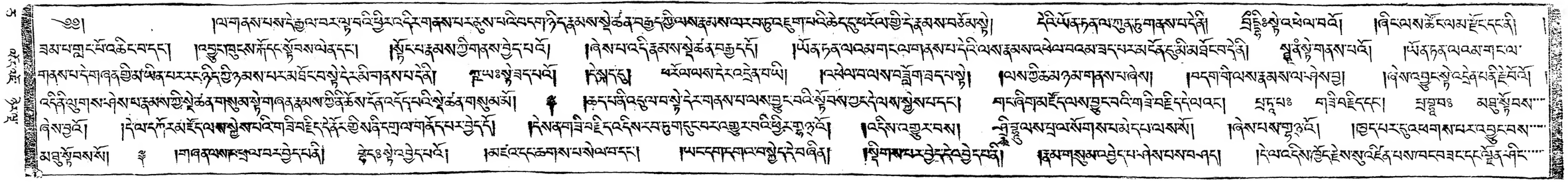
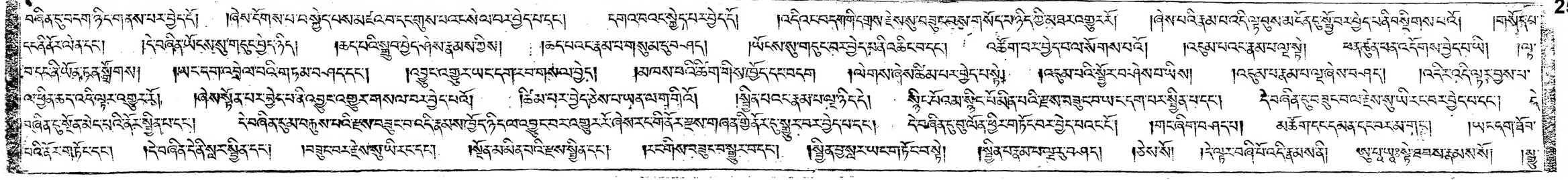
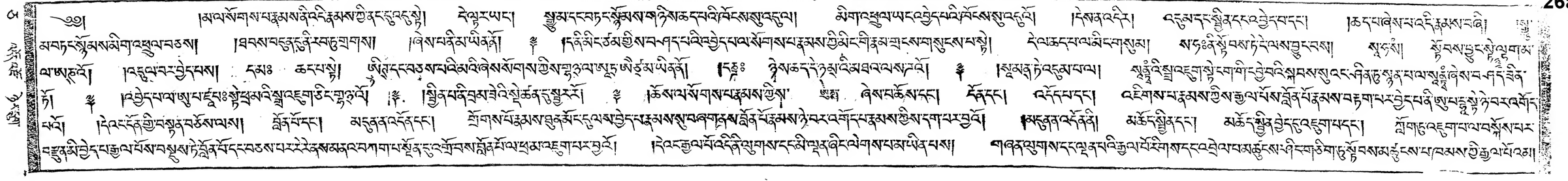
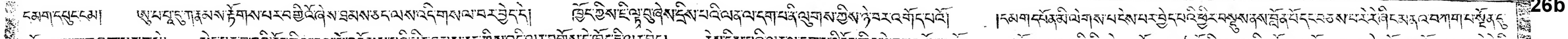
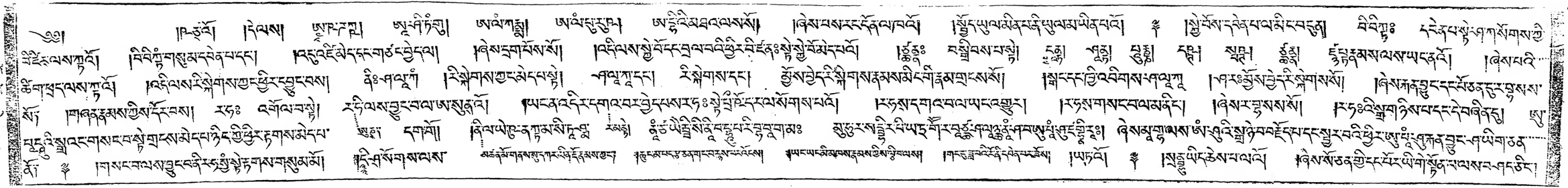


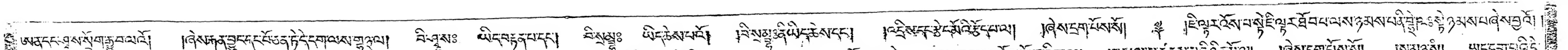




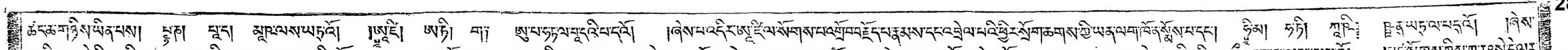




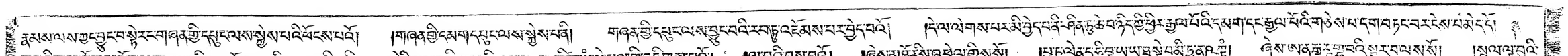




།ཞེས་བཀའ་སྩལ་ཏོ། ། ཨ། ། ཐམས་ཅད་ཀྱི་ཐུགས་ཀྱི་རྒྱལ་པོ་ཀུན་བཟང་པོ་ཡི། ། ཏིང་ངེ་འཛིན་ཆོས་ཀྱི་རྒྱལ་པོ་ཡི། ། ཐུགས་ཀྱི་རྟོག་པ་བརྒྱད་པ་ཡི། ། ཚིག་ཏུ་བཤད་པ་ཐོས་ཤིག་ཅིག། ། ཐམས་ཅད་ཀྱི་ཐུགས་ཀྱི་རྒྱལ་པོ་ཀུན་བཟང་པོ་ཡི་ཏིང་ངེ་འཛིན་ཆོས་ཀྱི་རྒྱལ་པོ་ཡི་ཐུགས་ཀྱི་རྟོག་པ་བརྒྱད་པ་ཡི་ཚིག་ཏུ་བཤད་པ་ཐོས་ཤིག་ཅིག་ཅེས་བཀའ་སྩལ་ཏོ། ། ཨ

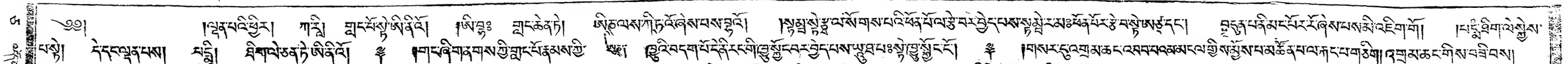


།།ཨཱ། །སོགས་ཀྱི་སྒྲས་སྐྱོངས་མོའི་བརྒྱ་ལ་ཞུགས་ཤིང་སོགས་པ་ལས་ཀྱི་རབ་ཏུ་ཞུགས་པ། དཔུང་ཁྱིམ་དང་། ཏཱ་རཱ། ལྷ་རྣམས་ཀྱི་ཚོགས་ཀྱང་། །ཉན་ཐོས་ལས་ལས་བྱུང་བའོ། །ཀུན་ཏུ་ཞེས་པའི་དོན་ཏེ། ཉོན་མོངས་པ་ཐམས་ཅད་ཀྱི་ཡུལ་ཅན་ནོ། །ཀུན་ཏུ་བཟང་པོ་ཡི་ཞིང་ཁམས་ཀྱི་ཁྱོན་ཏུ་ཡོད་པ་ཡི། །ཞིང་ཁམས་ཐམས་ཅད

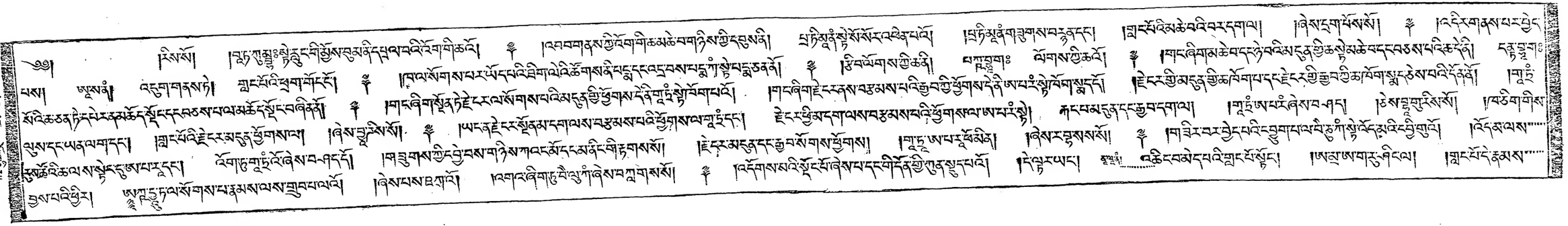


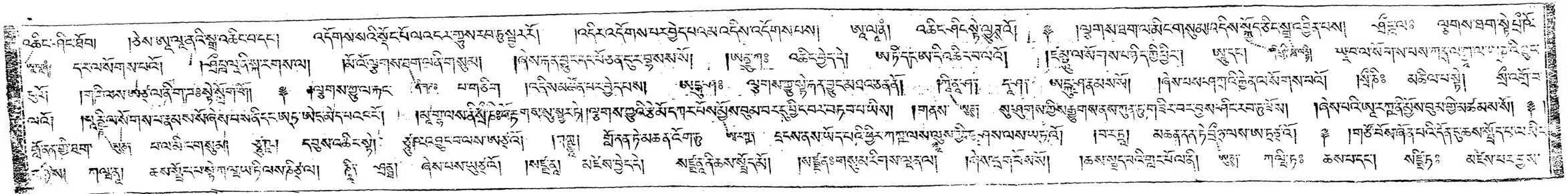
།ཞེས་བྱ་བ་ལ། ཐུབ་པ་ལས། གཞན་ཡང་ཤཱ་རིའི་བུ་ཁྱོད་ཀྱིས་ཀྱང་ཆོས་ཐམས་ཅད་ཀྱི་ཡང་དག་པའི་ཚུལ་ཤེས་པ་ཡིན་ནོ། ཞེས་གསུངས་པ་ལྟར་རོ། ། ཡང་ཆོས་ཐམས་ཅད་ཀྱི་ཡང་དག་པའི་ཚུལ་ཤེས་པ་ཡིན་ཏེ། ཇི་སྐད་དུ། གསེར་འོད་ལས། ཆོས་ཐམས་ཅད་ཀྱི་ཡང་དག་པའི་ཚུལ་ཤེས་པ་ཡིན་ནོ། ཞེས་བྱ་བ་ལ། གསེར་འོད་ལས། ཆོས་ཐམས་ཅད་ཀྱི་ཡང་དག་པའི་ཚུལ་ཤེས་པ་ཡིན་ཏེ། ཇི་སྐད་དུ། ཤཱ་རིའི་བུ་ཁྱོད་ཀྱིས་ཀྱང་ཆོས་ཐམས་ཅད་ཀྱི་ཡང་དག་པའི་ཚུལ་ཤེས་པ་ཡིན་ནོ། ཞེས་བྱ་བ་ལ

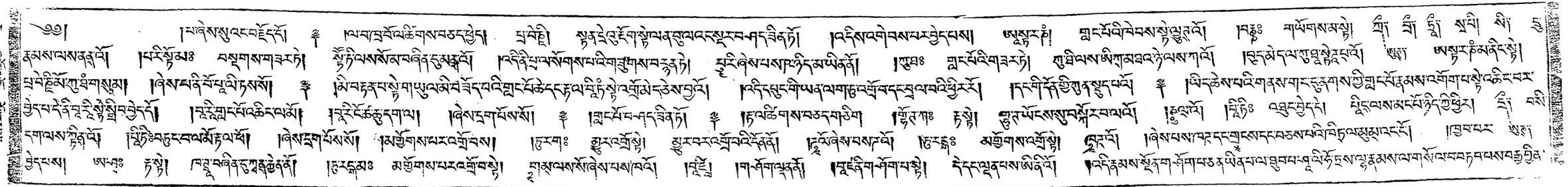
ལ་རྣམ་པར་ཉེ་བར་གནས་པ་མིའི་ཁམས་ཀྱི་བྱ་རྒྱུ་ཞེའོ། །ཤིའོ། དམ་གསུངས་སོ། །ཀཱ་བ་ལི་བཙོ་བ་ལའོ་ཞེས་ཤཱཀྱ་ཐུབ་པ་ལ་ཕྱག་བྱའོ། །ཨཱ་ཏི་ཡ་ཀ་ཡི་ཀྱེ་ཧྱ་དོ། ཨོཾ །དམག་དཔུང་སྒྲུབ་པ་ལ་ཉེ་བའི་ཀུན་ཏུ་བཏང་ཞེས་བྱ་བ་ལ་བལྟམས་པ་ཞེས་བྱ་བ་ལ་ཅི་ཞེས་ཟེར་ན། དམ་གསུངས་སོ། ཐུབ་ཆེན་དང་གཅིག །མཁའ་དབྱིངས་སྒྲུབ་པ་ལ་བཏང་ཞེས་བྱ་བ་ལ། ཞེས་བྱ་བ་ལ་སོགས་པ་ཡོད་ཅིང་། ཁྱབ་བྱེད་ཀྱི་ཐུགས་ཀྱི་

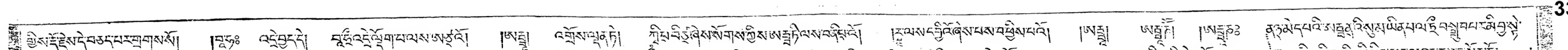


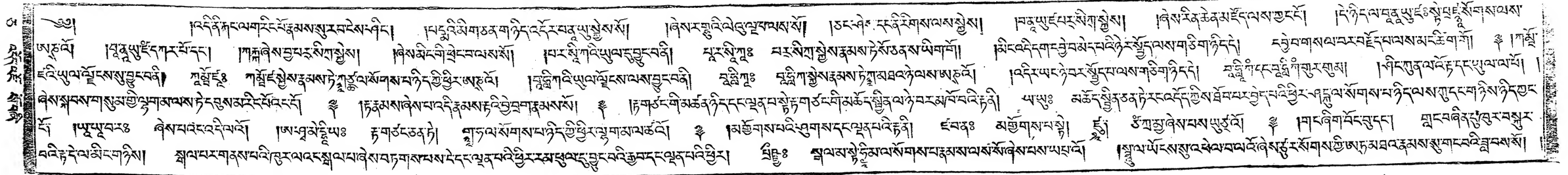
ལྷག་མཐའ་དེའི་ཚེ་ཁ་ཅིག་ཏུ་ཁྱོད་ཀྱི་ཚེ་ཟད་ཅིང་།

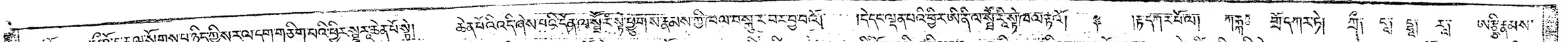


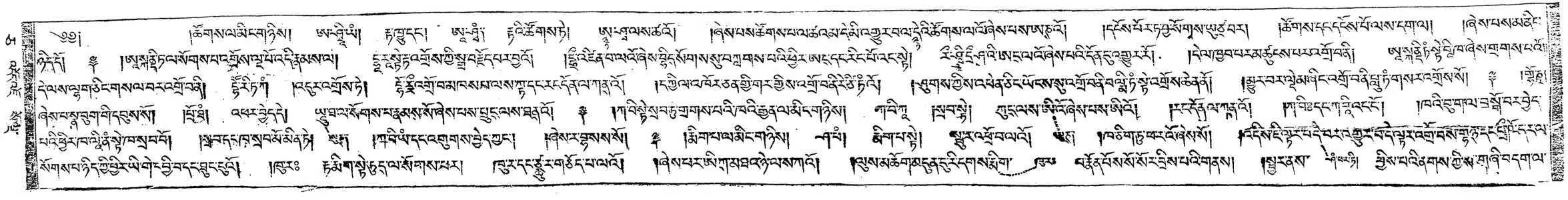


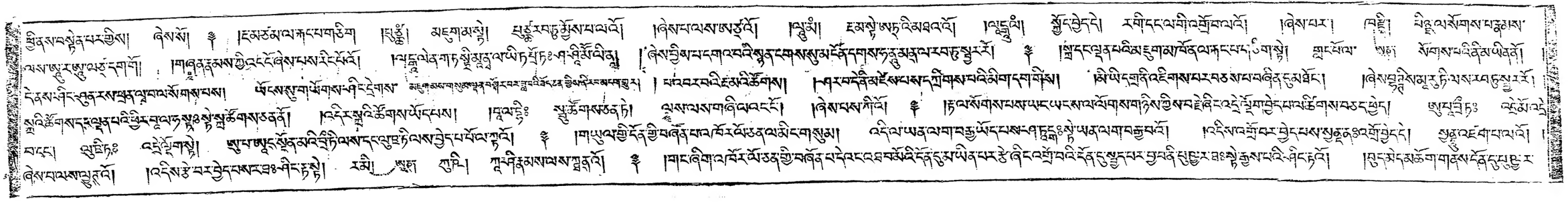


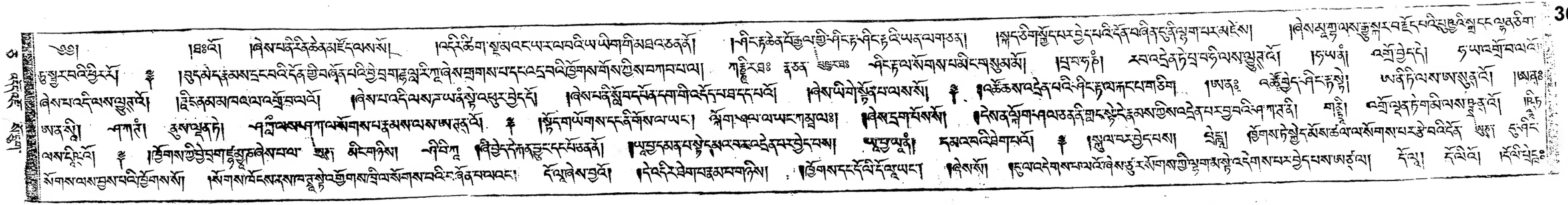


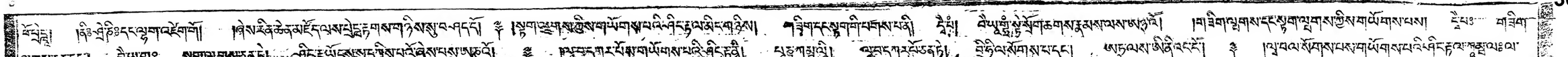


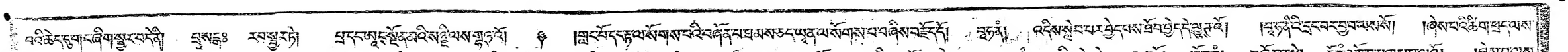


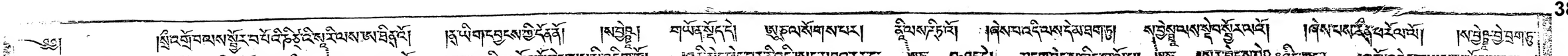


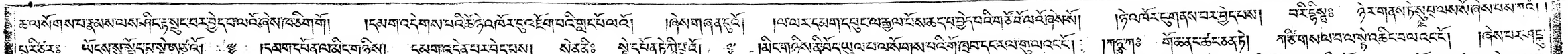


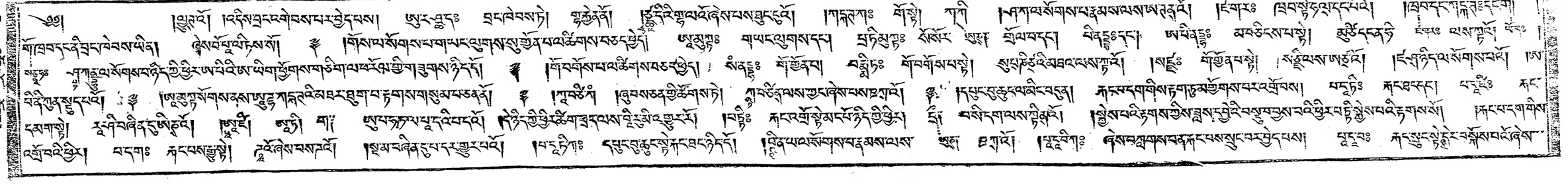


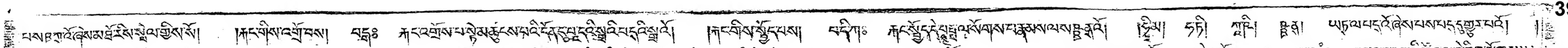


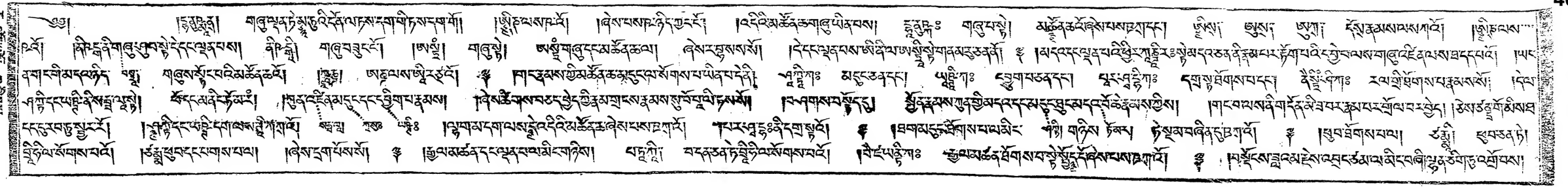


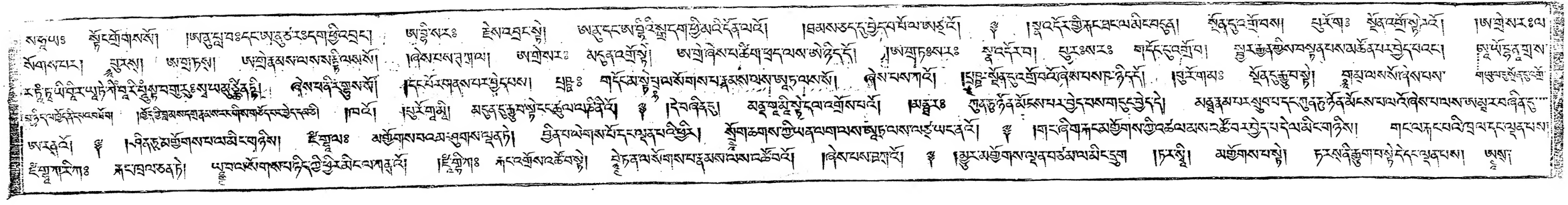


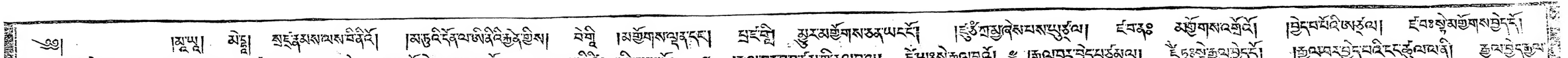




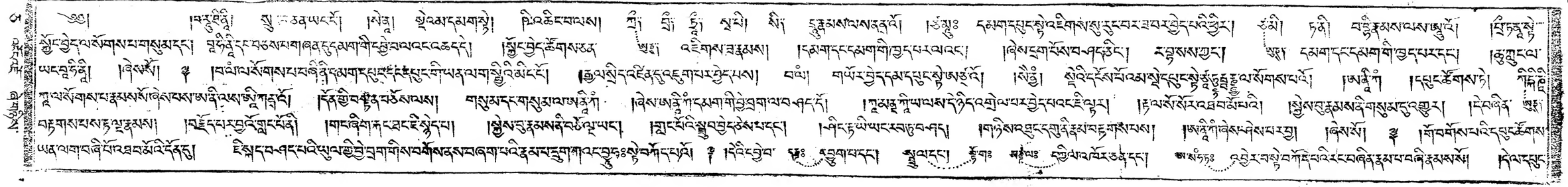


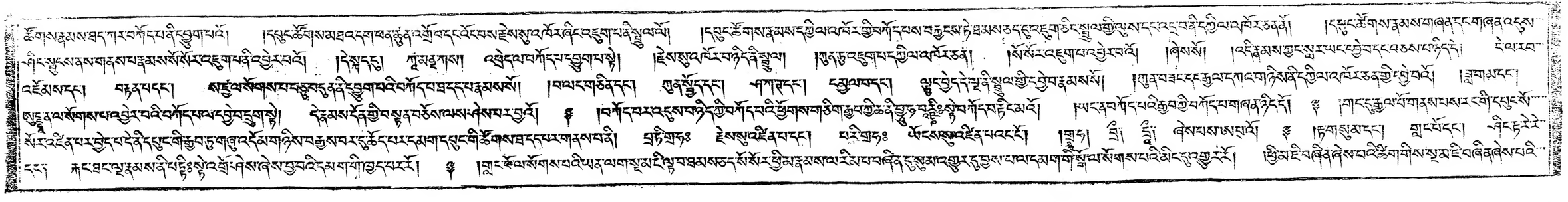


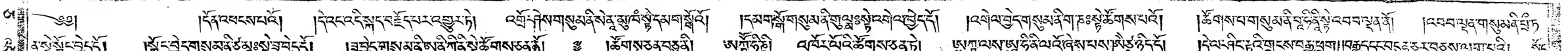


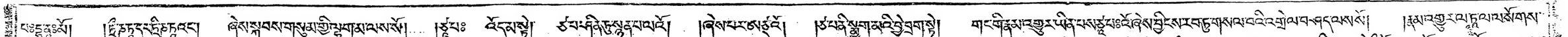


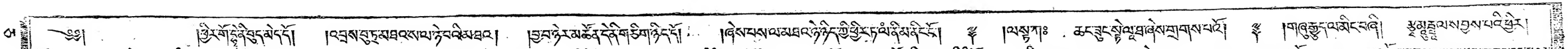
ཉིལས་གསལ་པར་ཤར་ཏེ། ཡིད་ཀྱི་ཤེས་པ་ཐམས་ཅད་ཀྱི་ཁྱབ་བྱ་ཐམས་ཅད་ལ་ཁྱབ་པ་ཞིང་། རང་བཞིན་གྱིས་ཡོངས་སུ་དག་པ་ཡིན་ཏེ། ཐ་སྙད་ཀྱི་ཡུལ་ལས་འདས་པ་ཡིན་ནོ། །ཞེས་བྱ་བ་ལ་སོགས་པ་ནི་

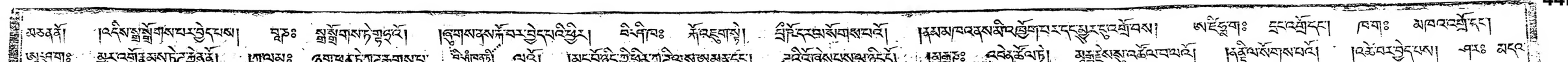


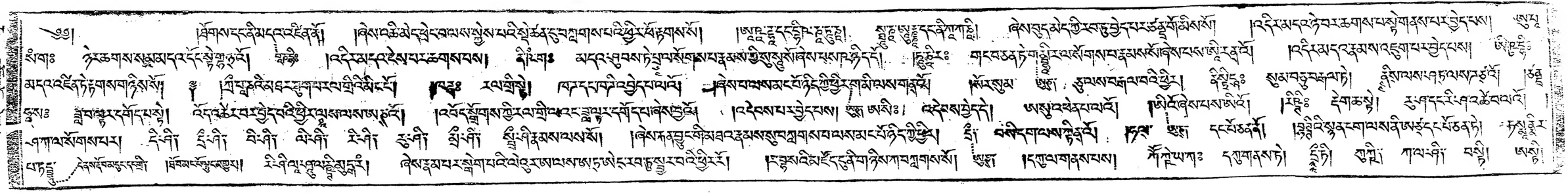


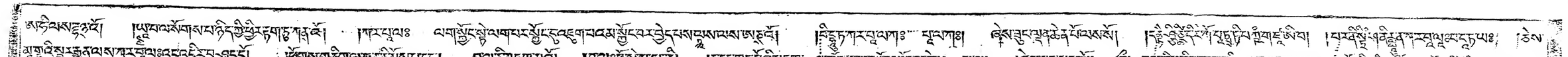


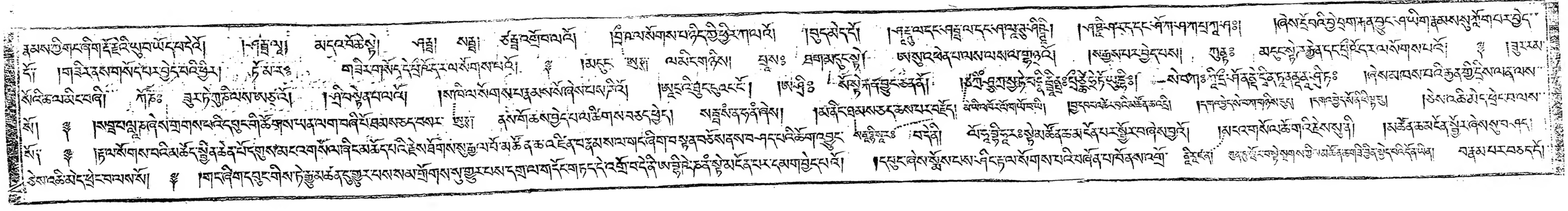


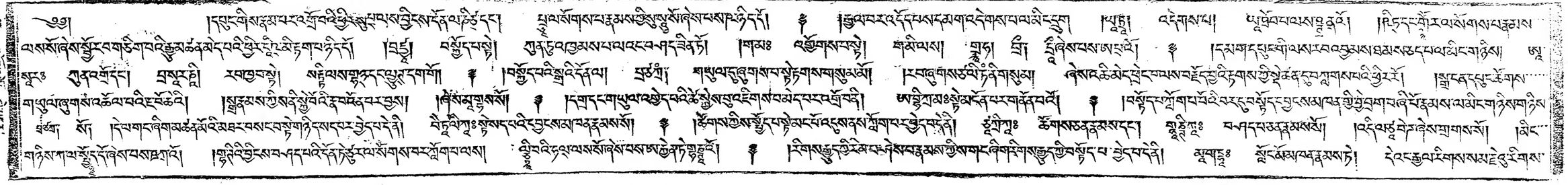


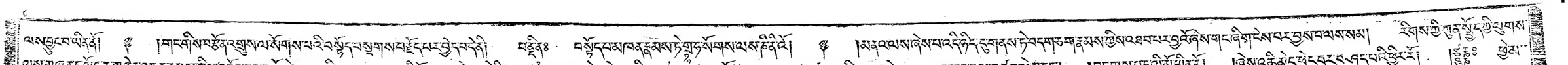


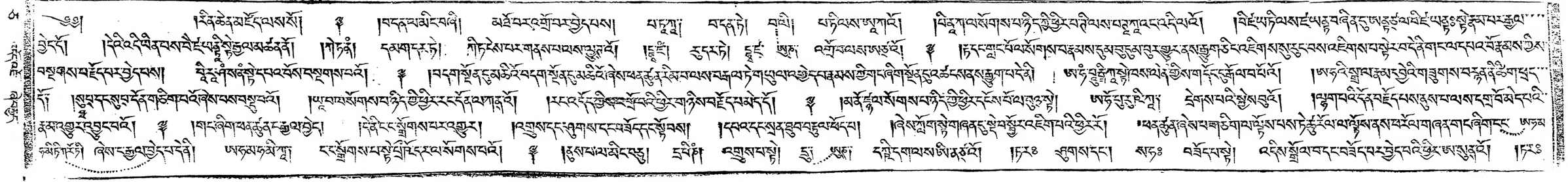


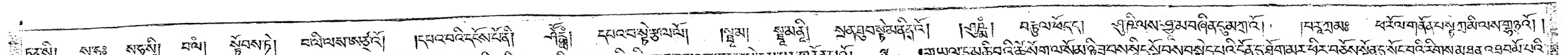












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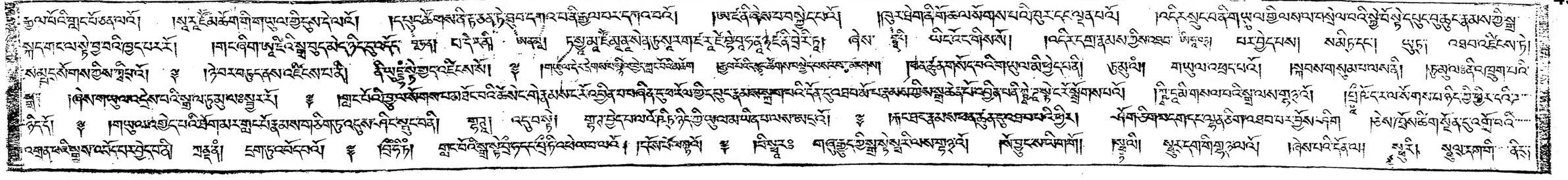

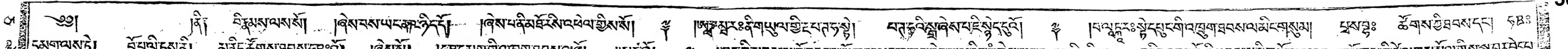

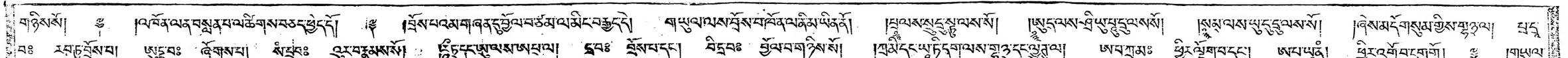

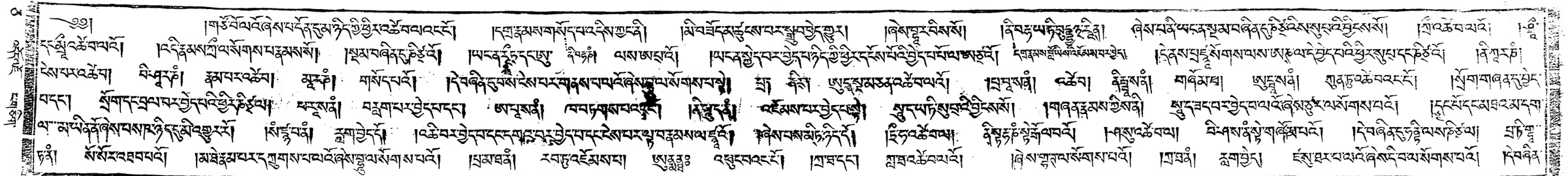

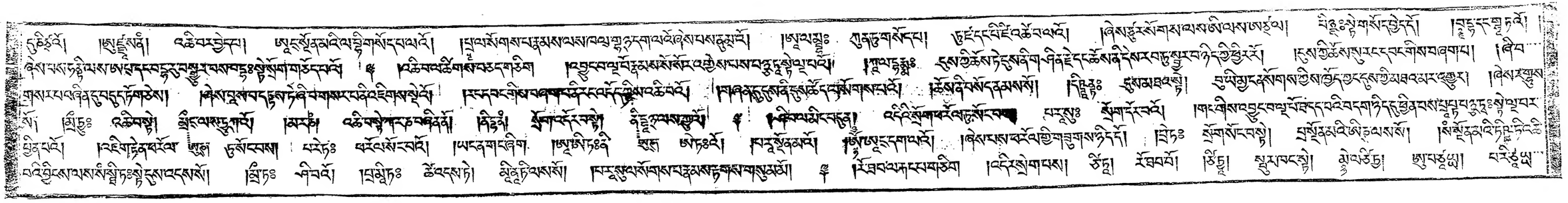

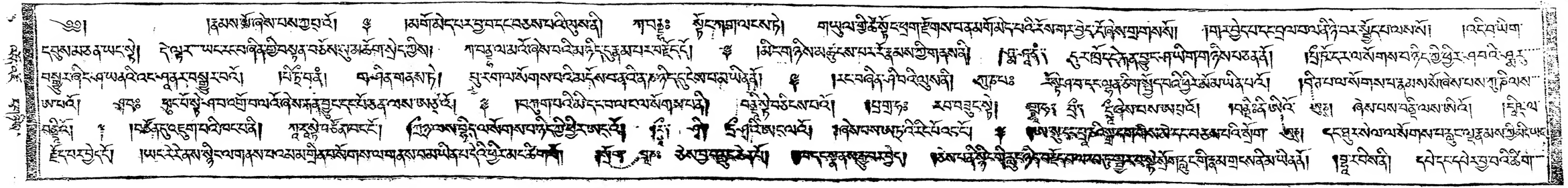

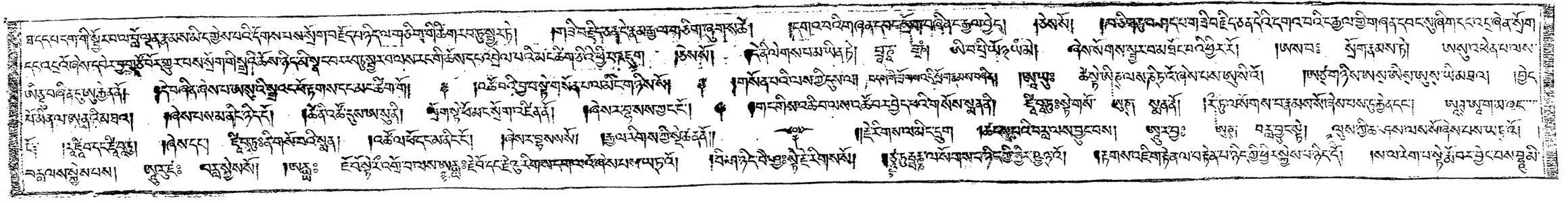

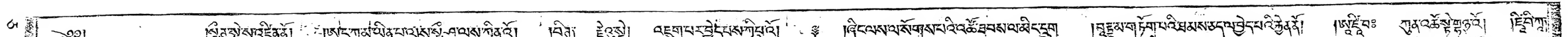

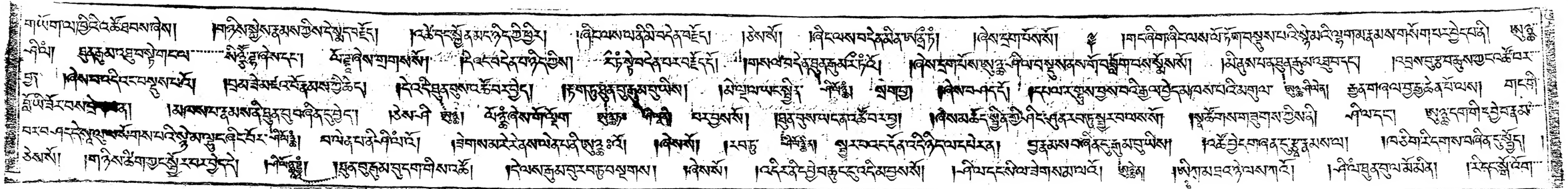

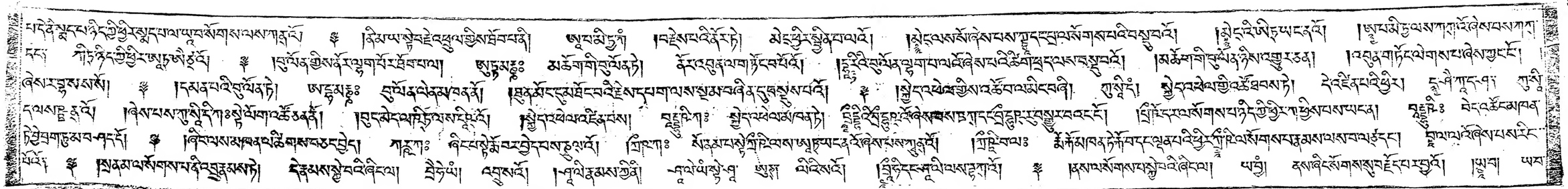

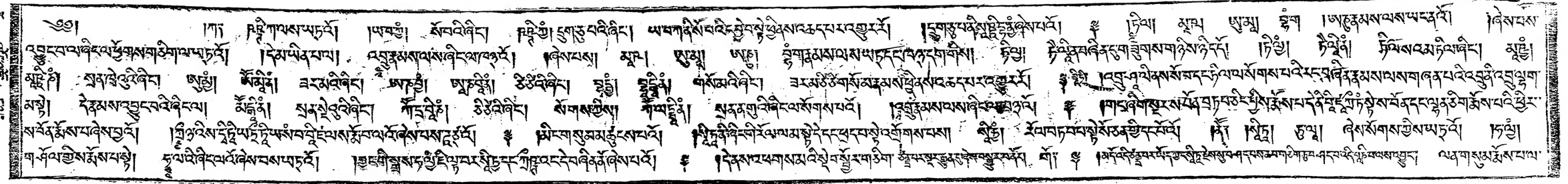

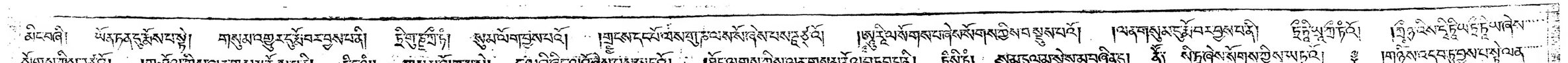

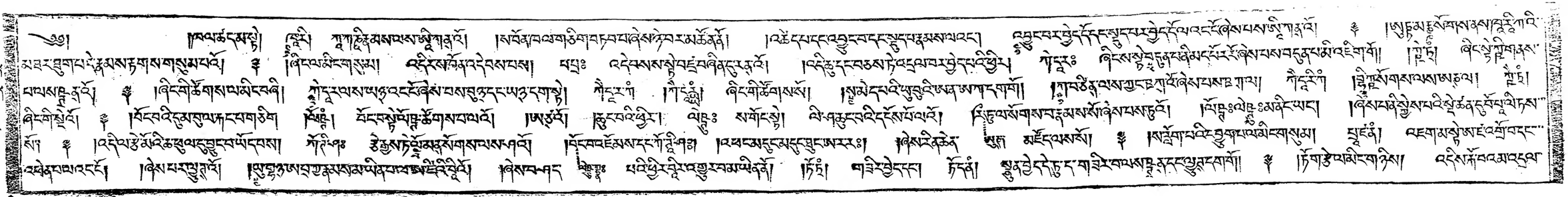

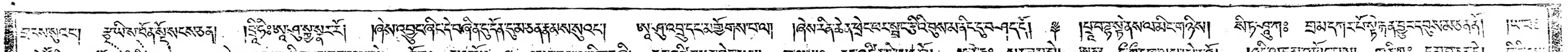

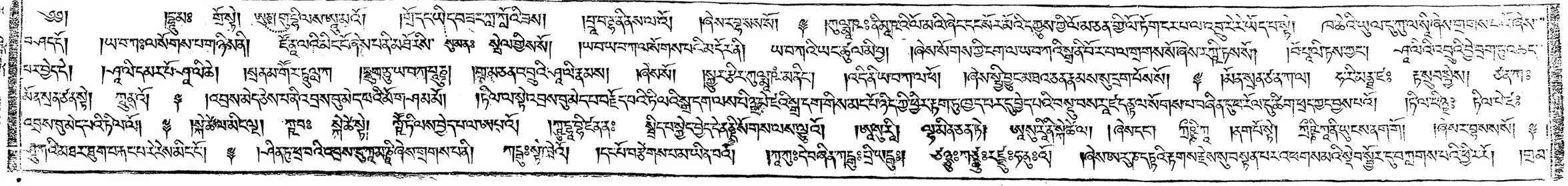

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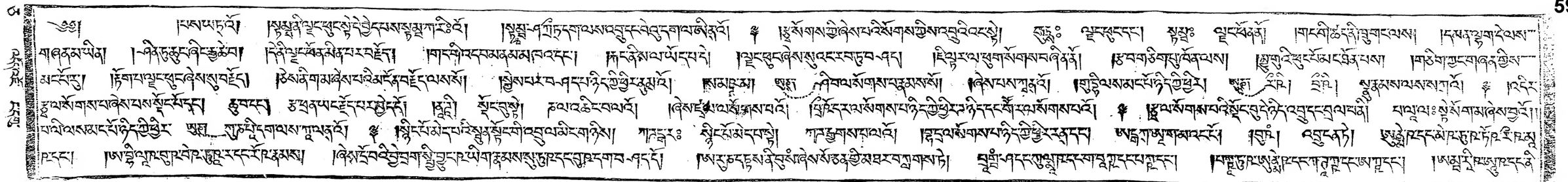
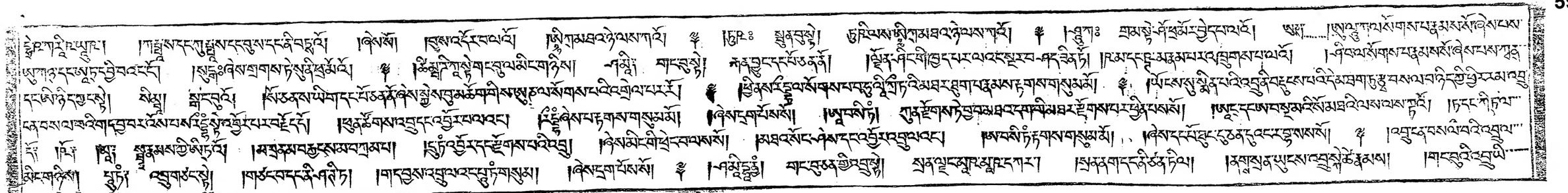
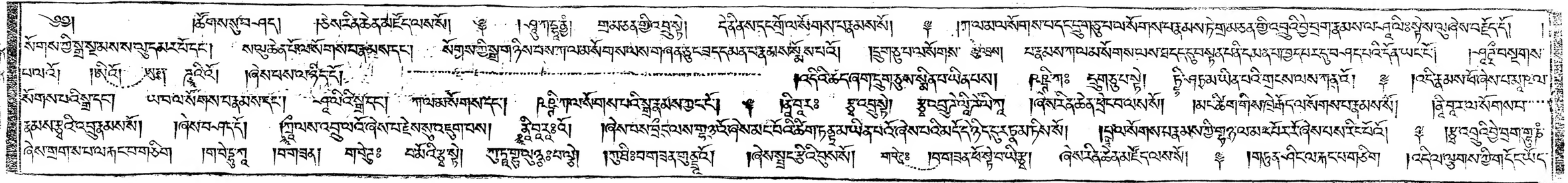
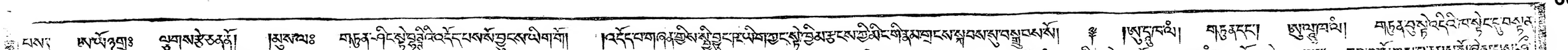
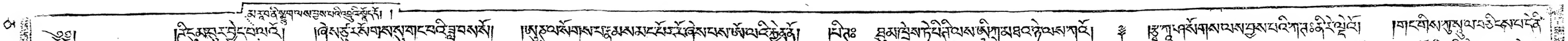
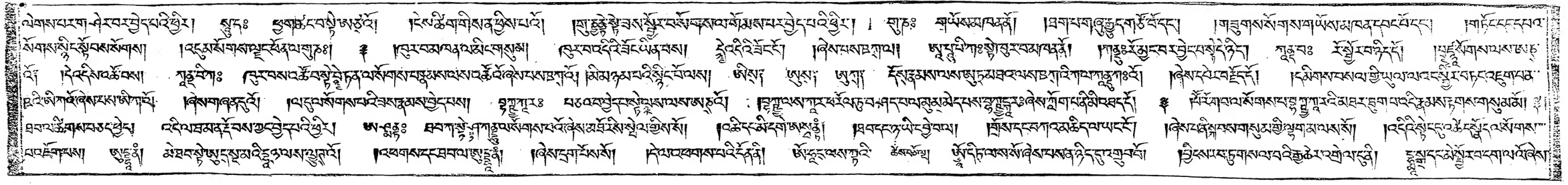


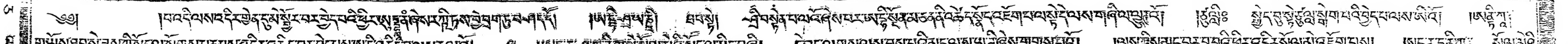


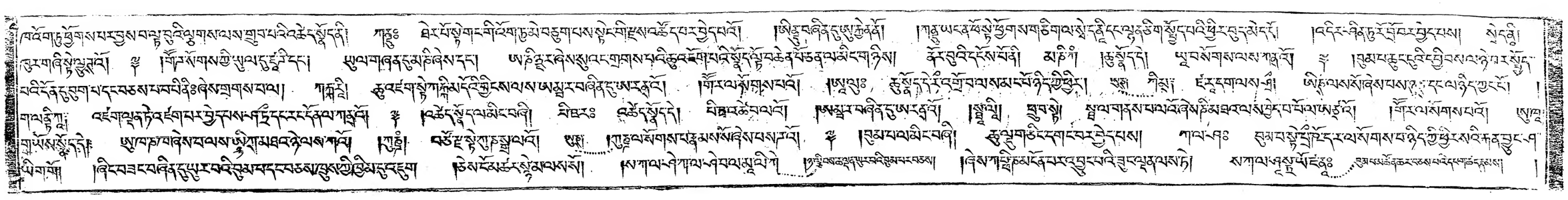


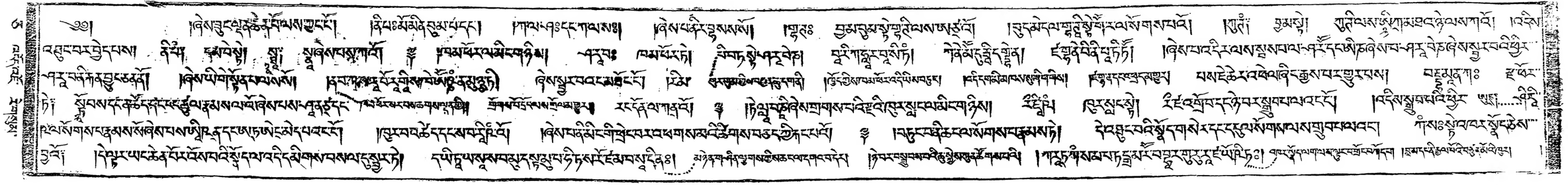


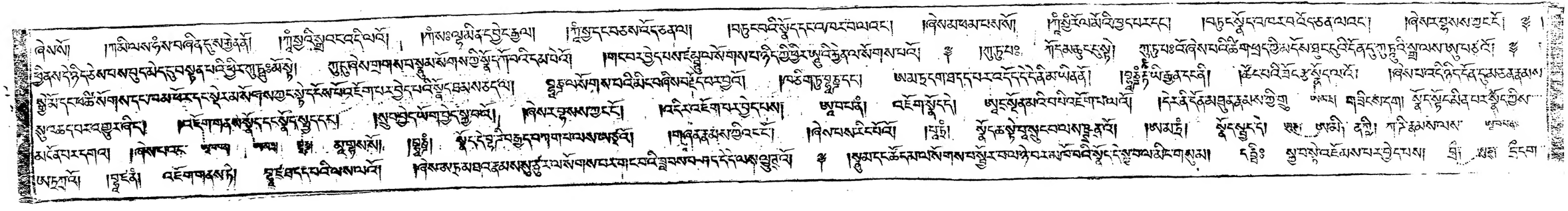


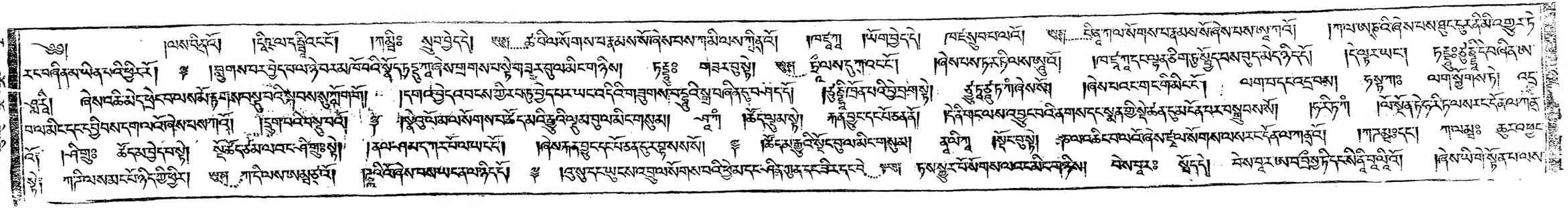


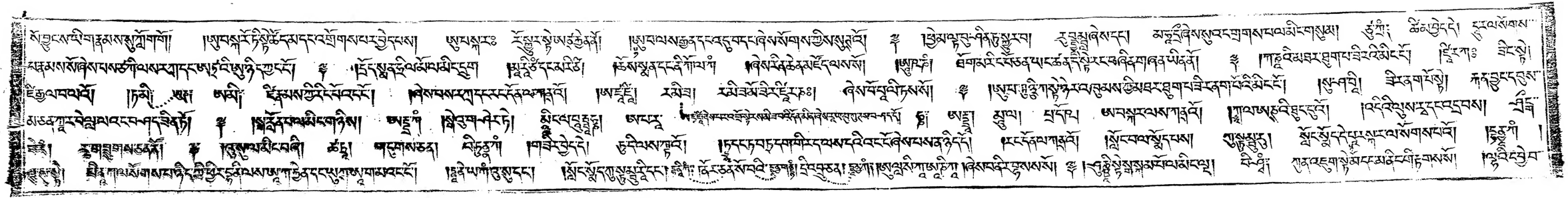


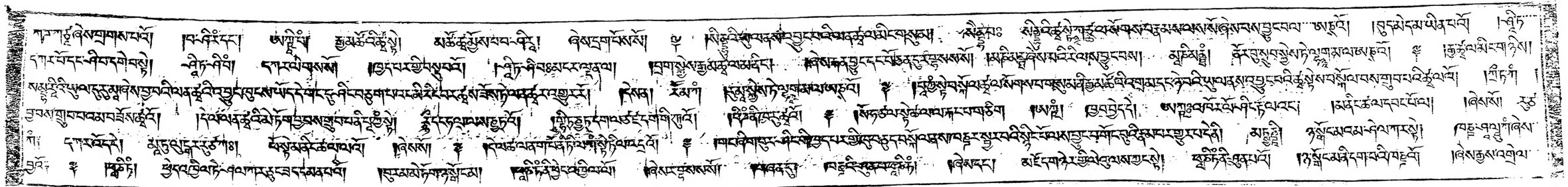


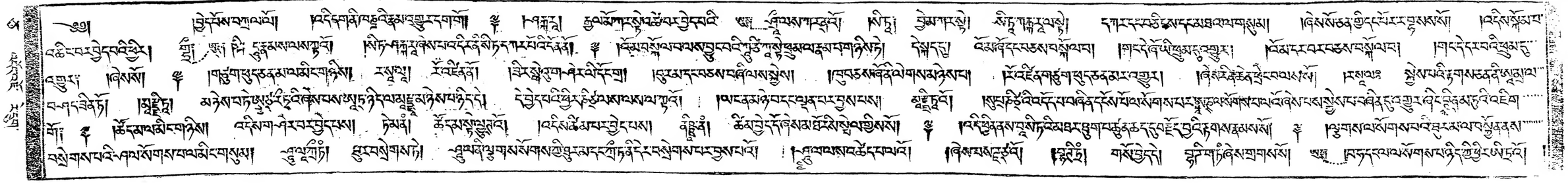


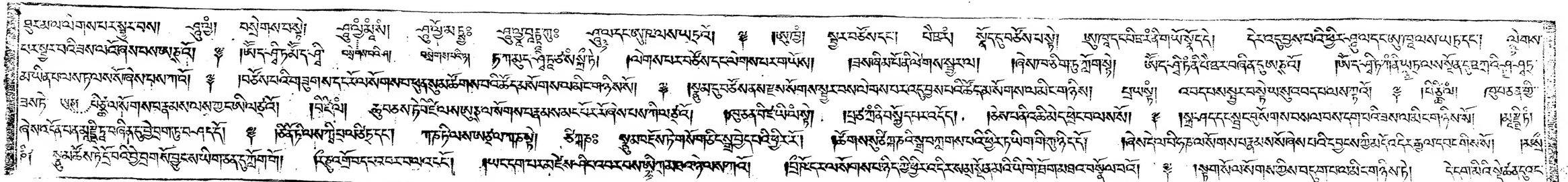


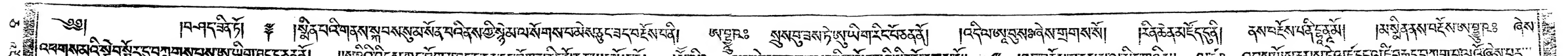


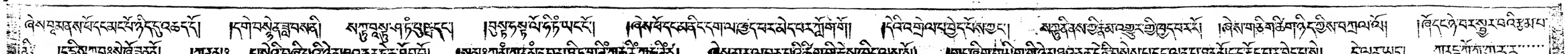


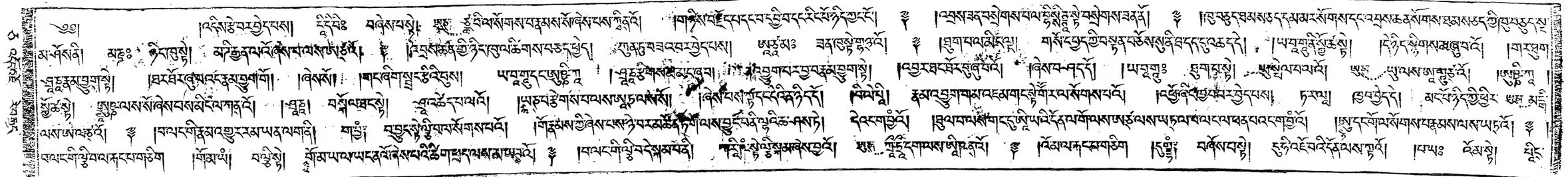


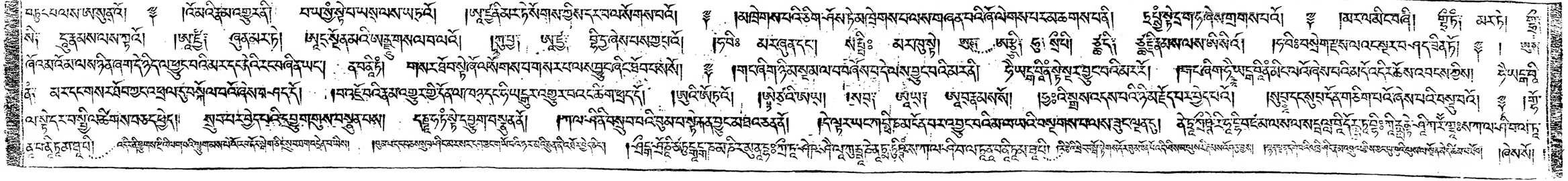


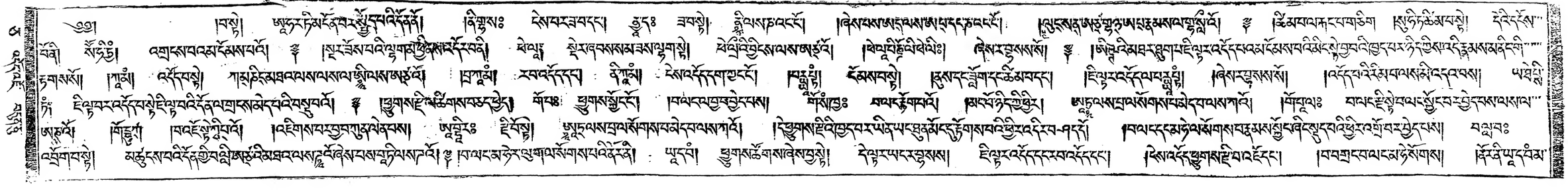


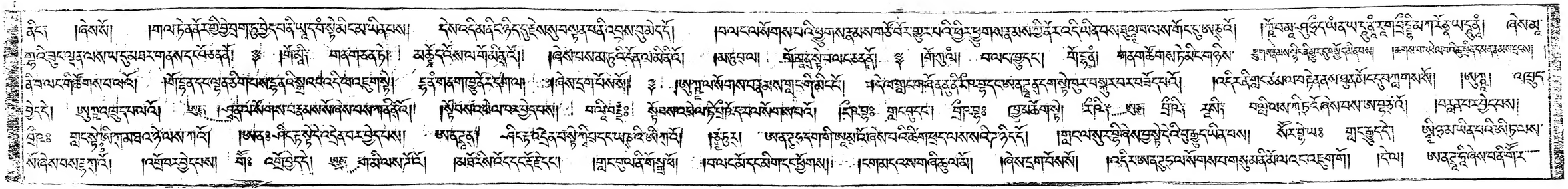


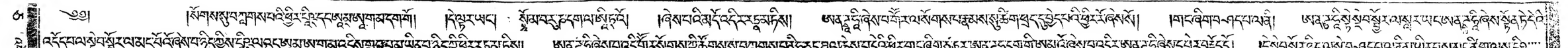


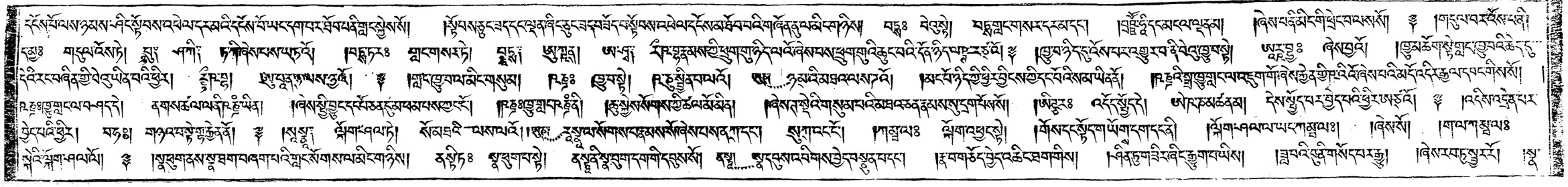


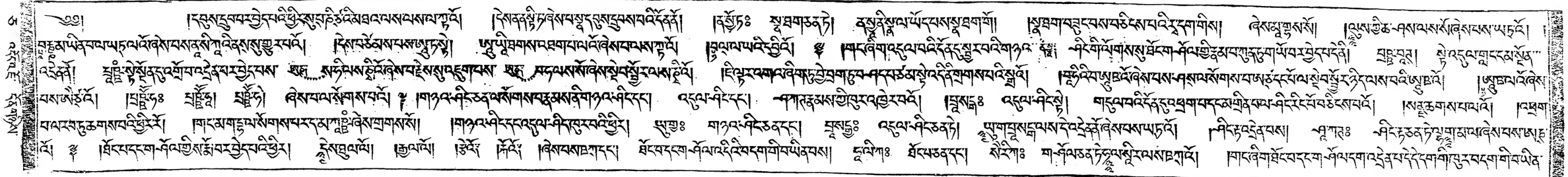


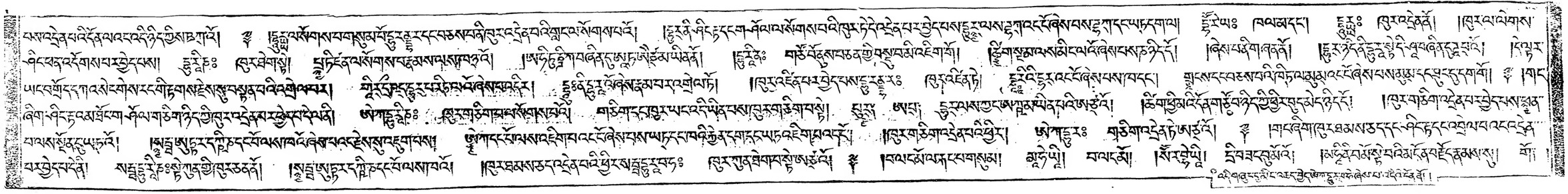


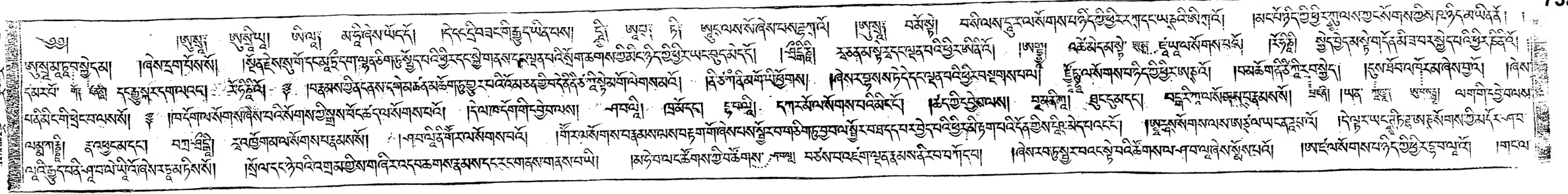


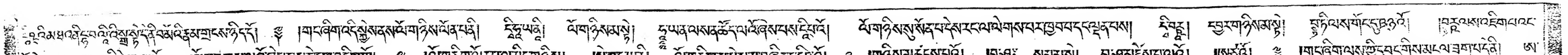


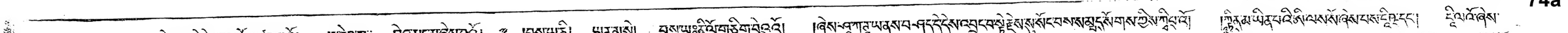


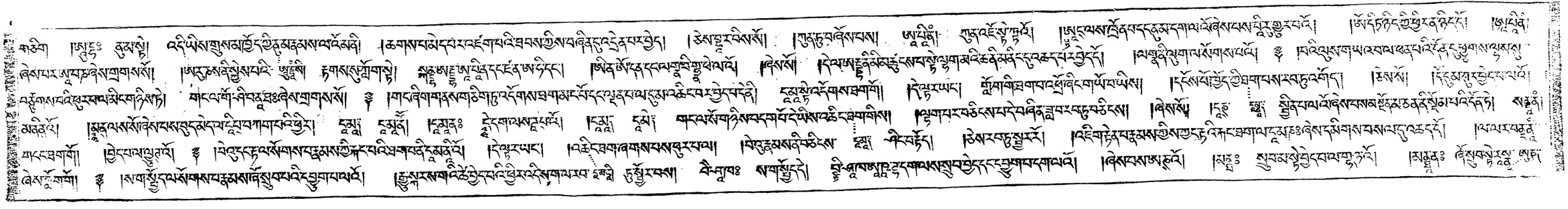


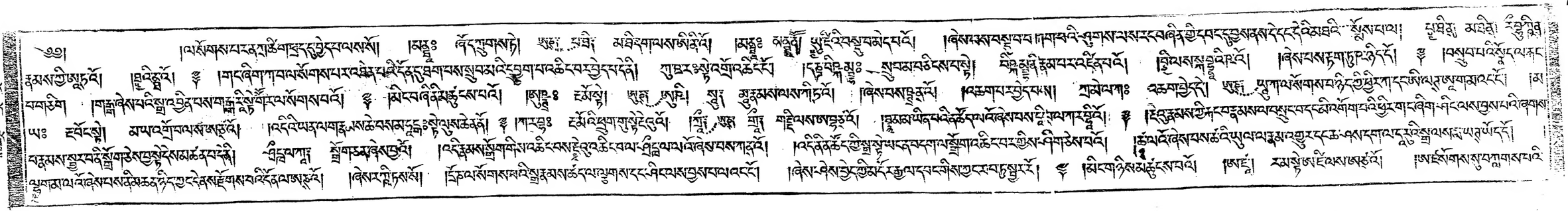


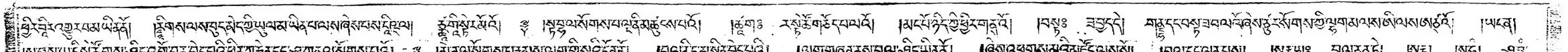


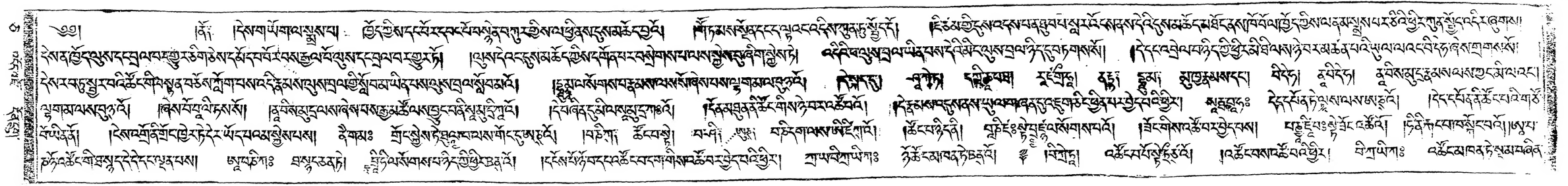


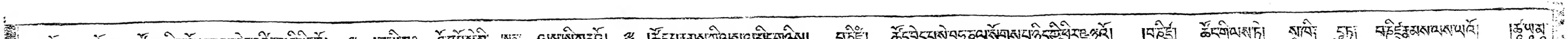


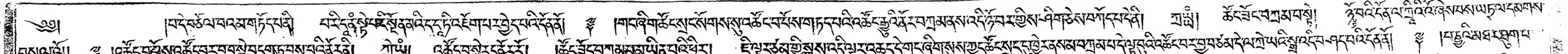


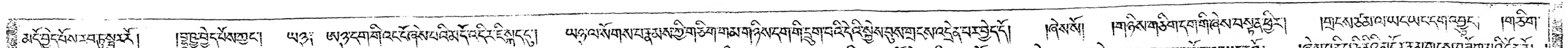


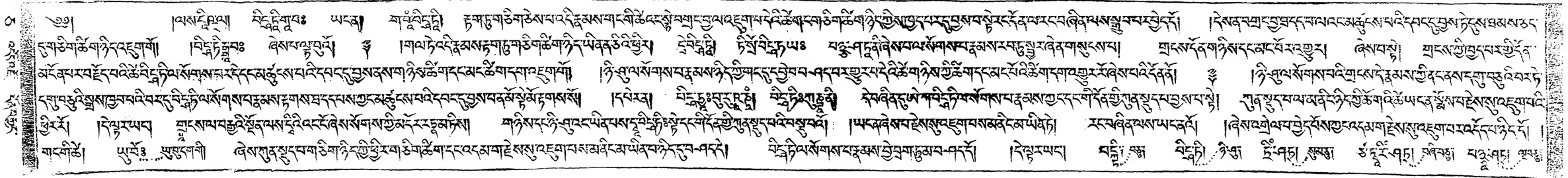


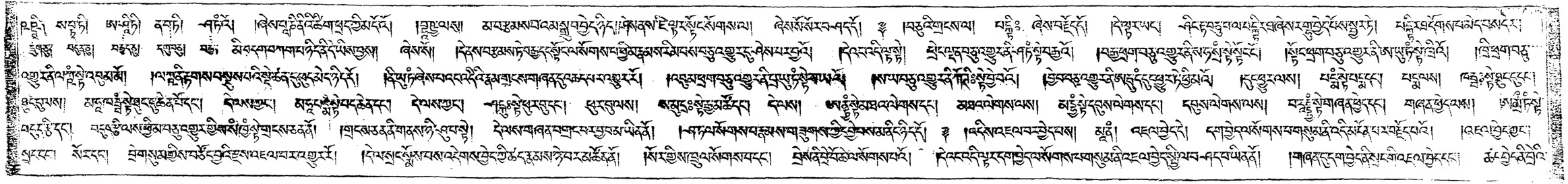


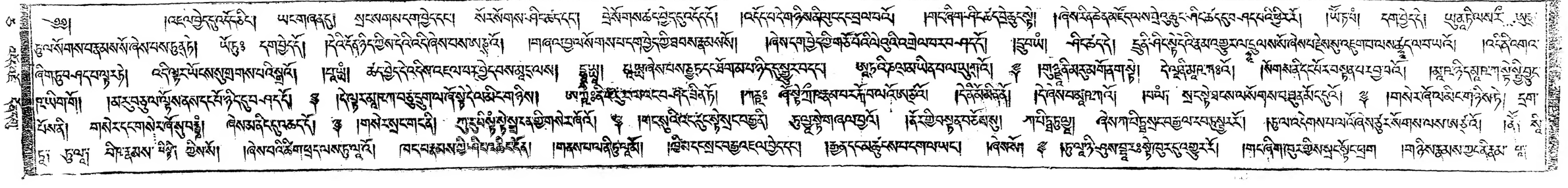


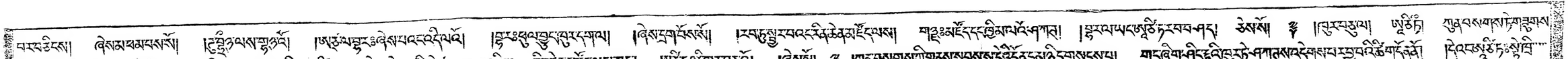


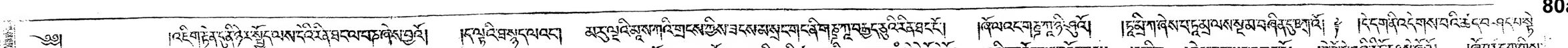


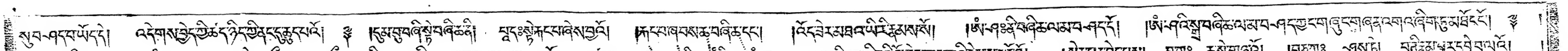


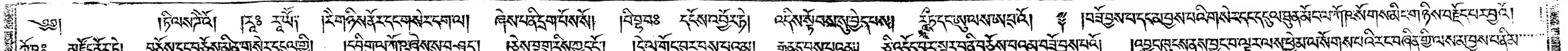


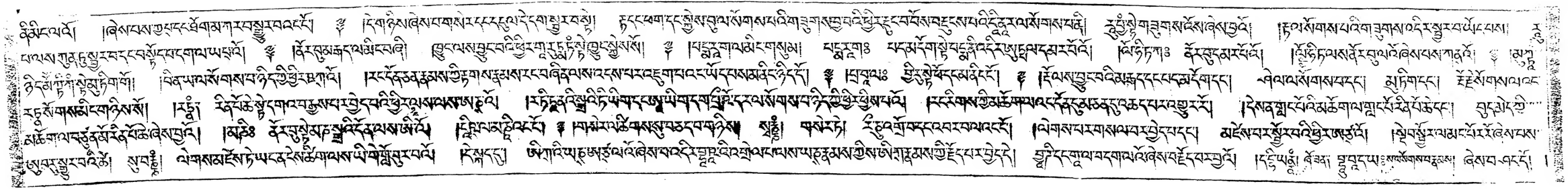


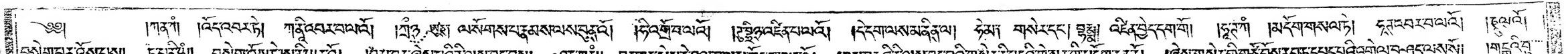


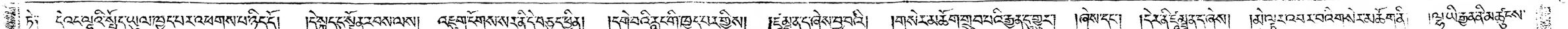


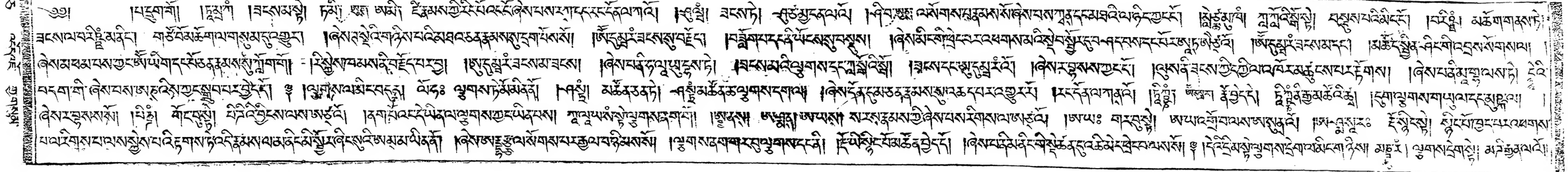


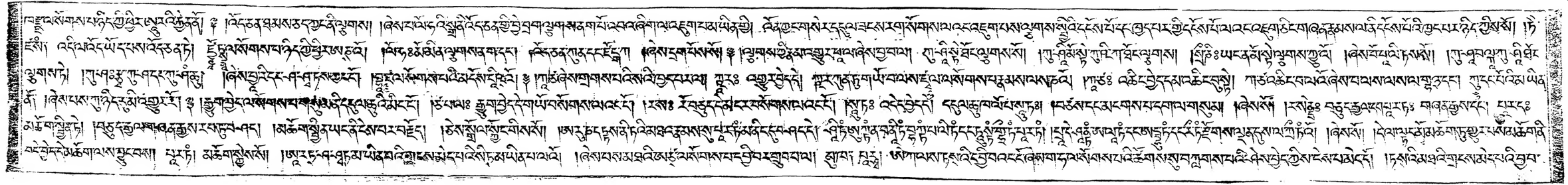


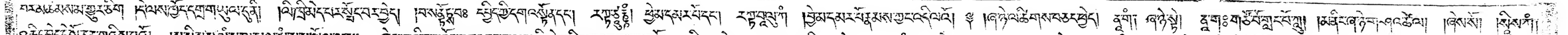


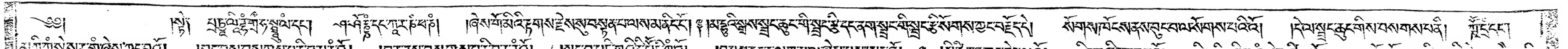


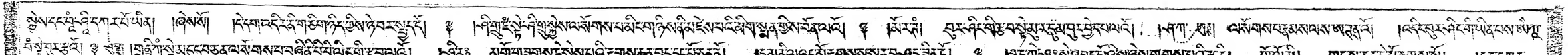


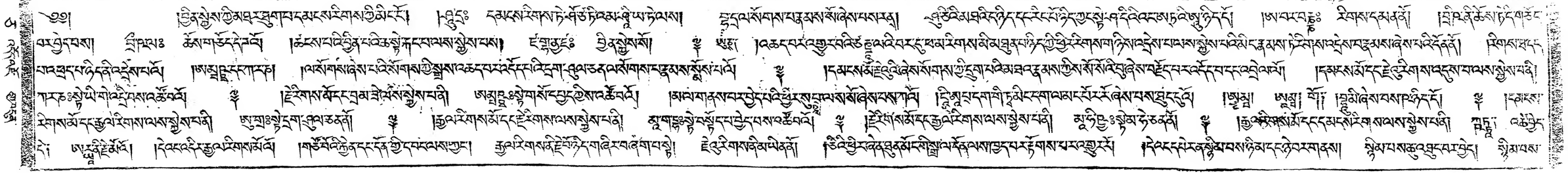


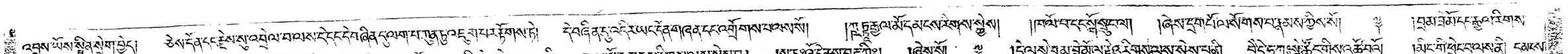


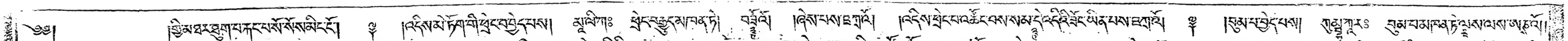


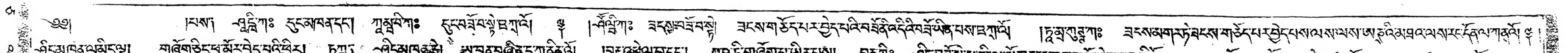


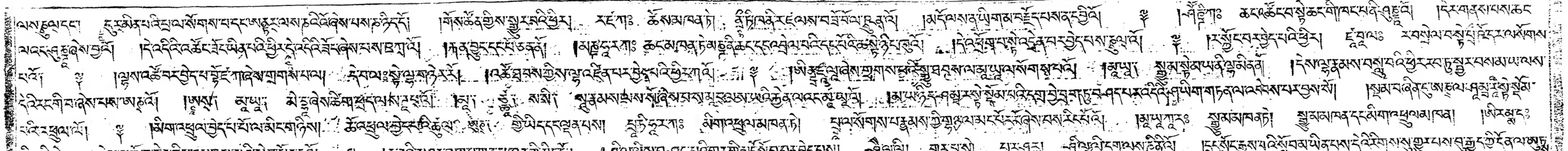


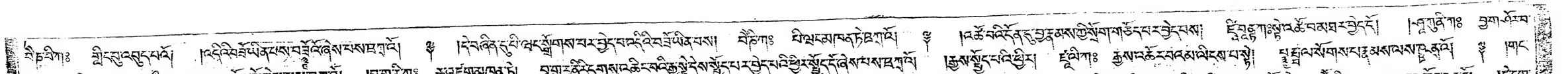


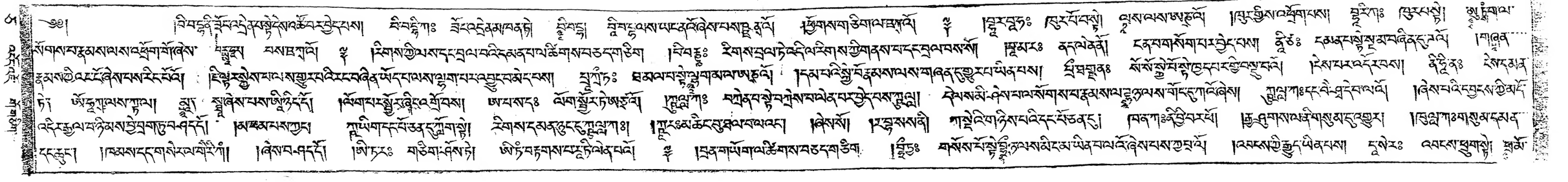


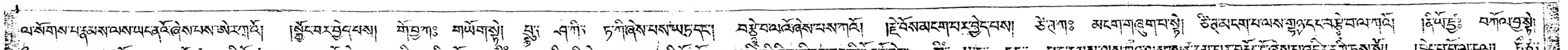


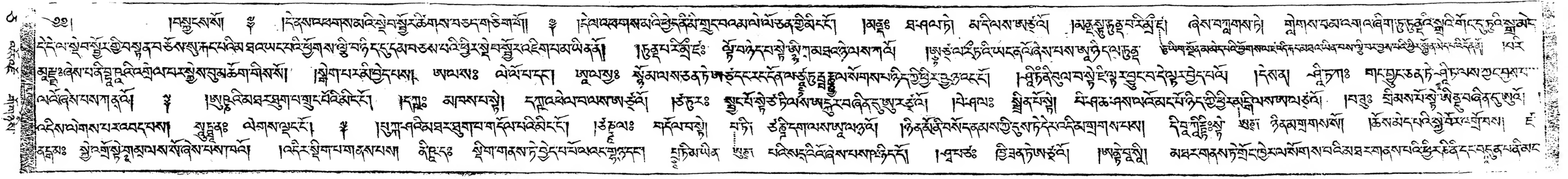


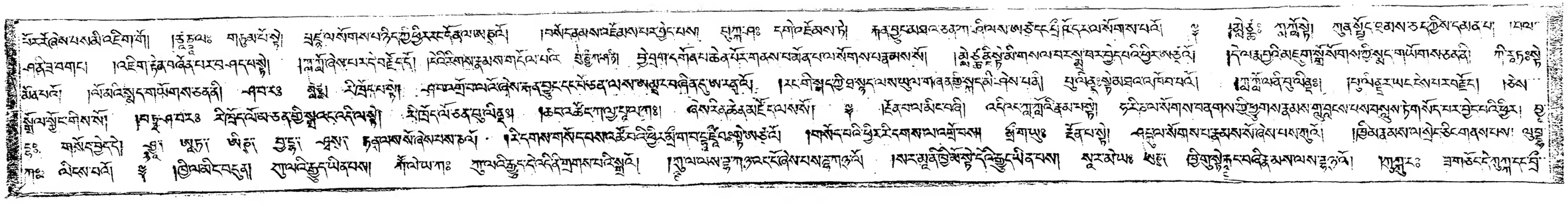


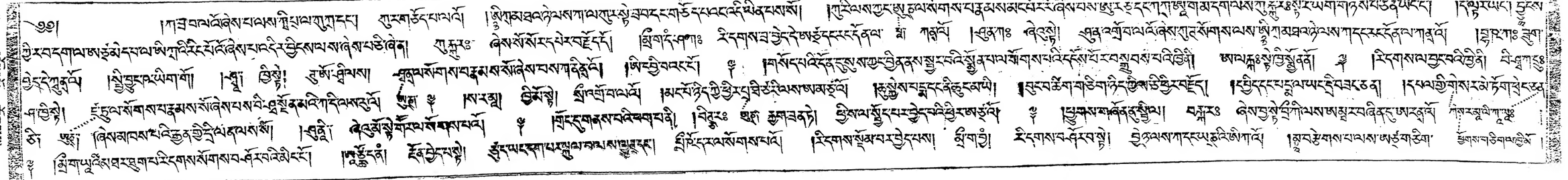


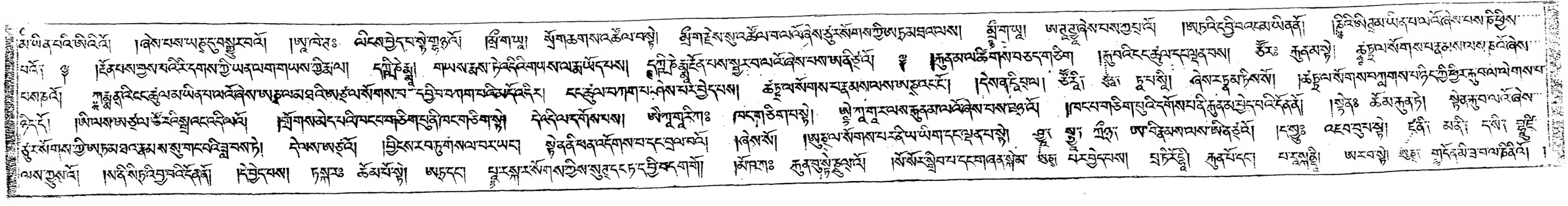


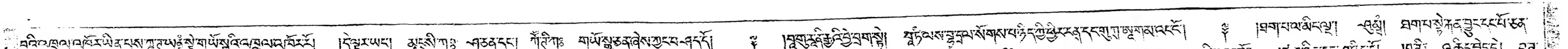


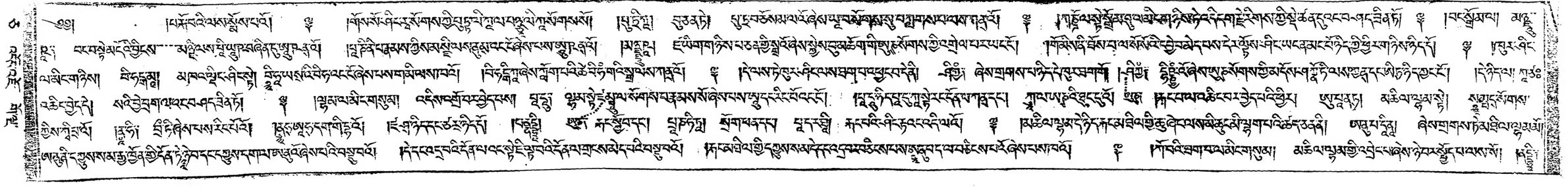


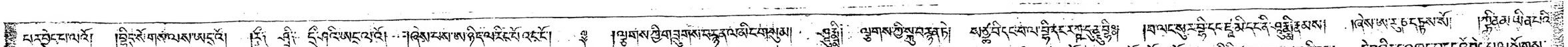




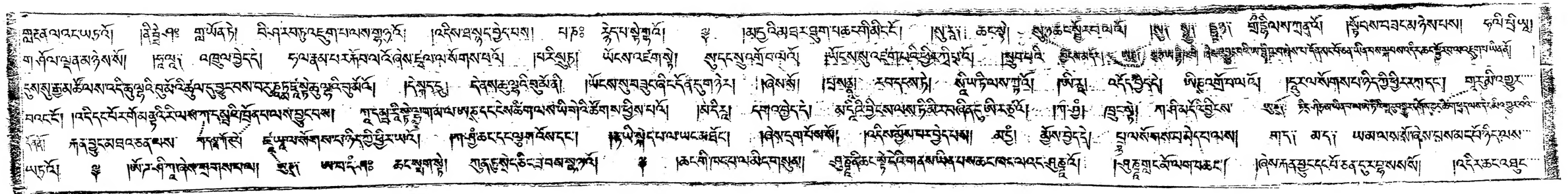


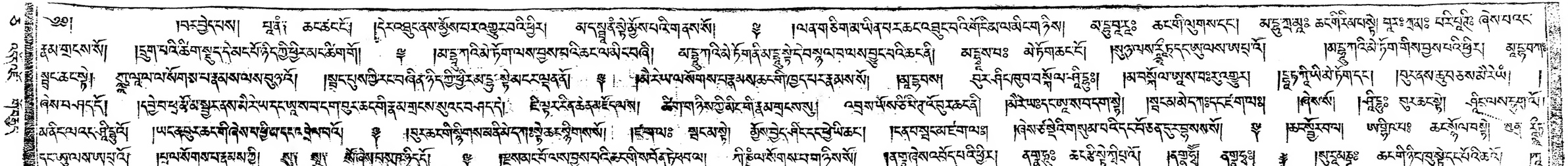


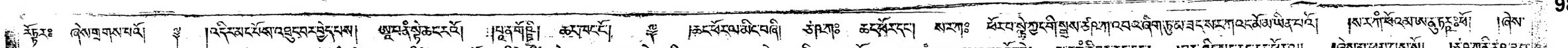


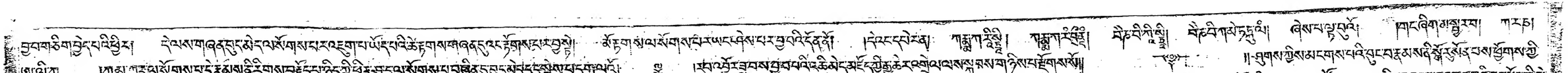


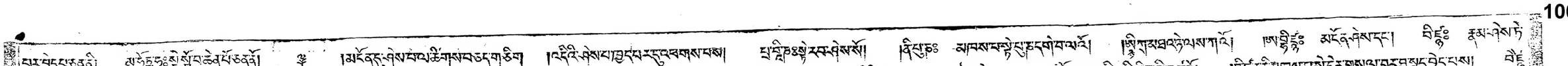
།ཀཀ། ཤེར། དེལས་ཆགལས་ཤོགས་བརྟན་ལས་བདའཞེག་ཚངངབདའདེརྟདད། ཞིརྒྱལཤོགས་བརྟན་ལྷས་ཞིཆོག་ཀྱིསམཁབྱངཆགས། དབེནན། ཏྲིཏྲིཡོ། དཀྲུསམོཁྲབྱའོ། །ཁཐཨ ལཁྱུངས་བཤེ། ། ཀ་ཚབདཀྱམཏྲནས་བདཁཐྲུགས་པལས་ཁཁཏོའོ། ། ཚིག་གེས་བདཀྱིཤེ། ཅཁྱཨ ཚཅཀྱས་བཤེ། ། ཁོ་ཨ ཤིཏྲཱ ཁཁྱ། བེཀ་རྟནས་ཀྱིགནཞེས་བཚས་ཡཁྲའོ། ། ཚངངབཞིཤེདཀྱཁྲབས། ཚདྲོབ ངེངས། ཏེཁཁྱ། ཚདྲོགཨ དེཚམཁྱངས་བཏནས་ཁེ། ཁྱནཁབ། ཚཆནམ། ཁཁྱ། ཅེཚཁྱངས་ཚཏནས་ཁེ། ཁྱནཁབ། ཚདྲོགཨ ཁྱ

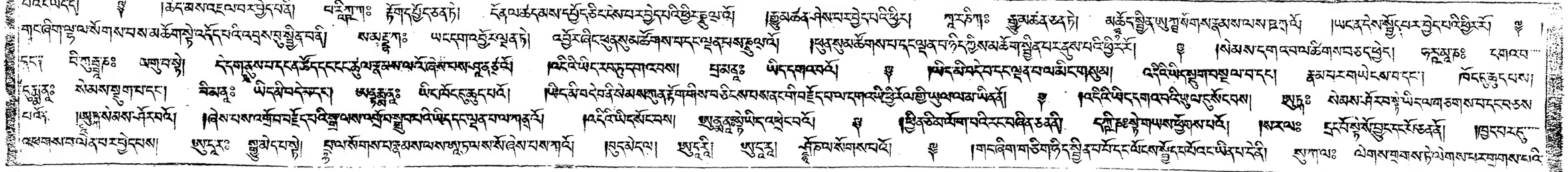


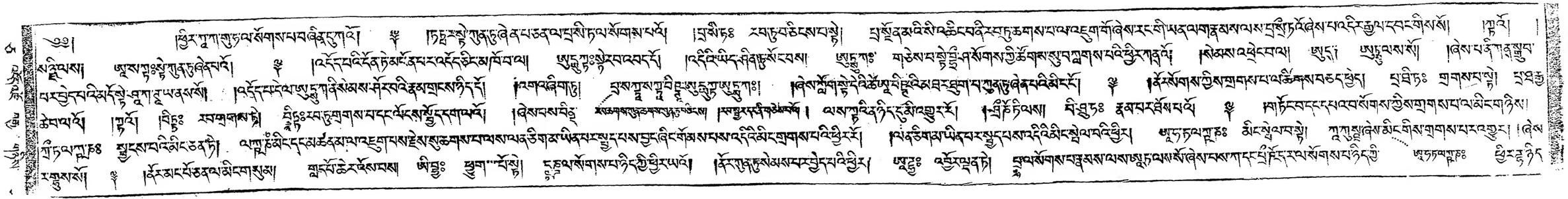


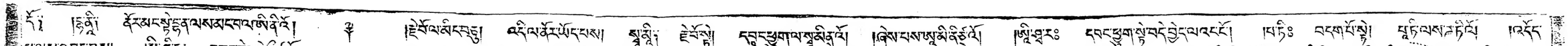


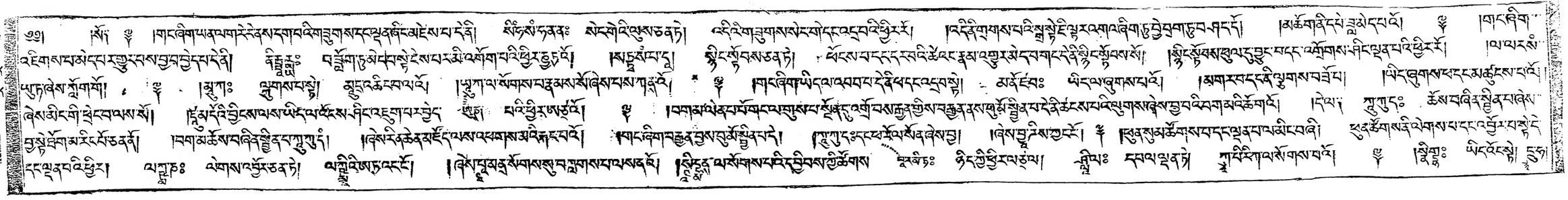


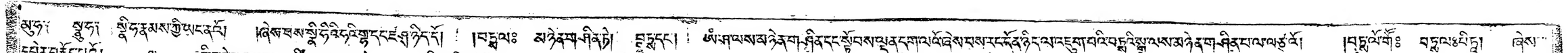


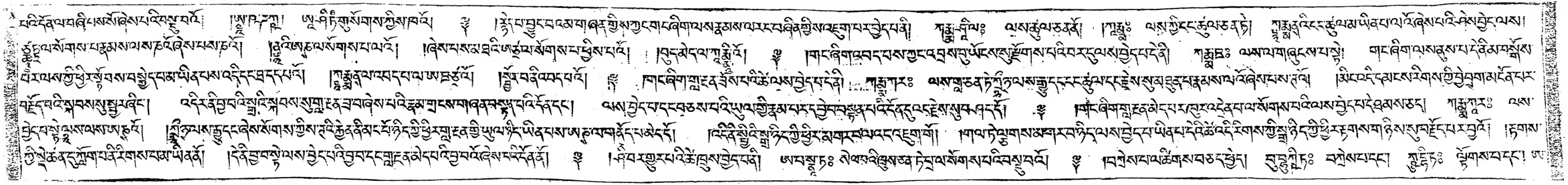


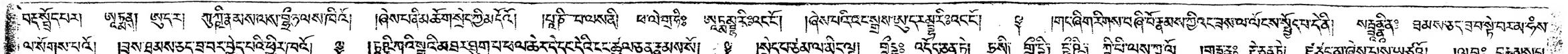


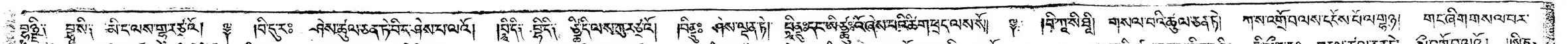


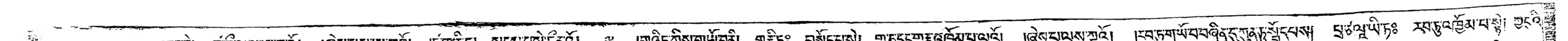






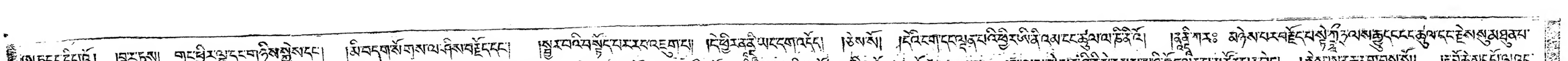


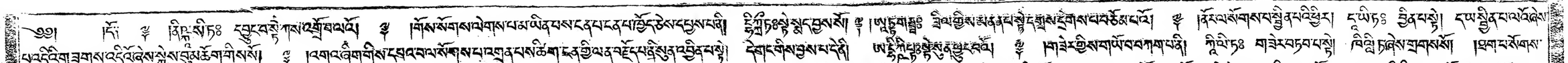


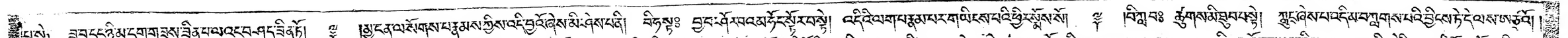


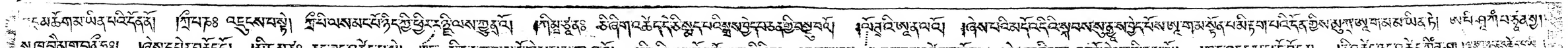
ངག་གིས་བསྒོམ་པའོ། ། ཕྱི ། ལེགས་པར་སྨྲ་བ་ལྟོགས་པ་ཙམ་ཕྱེད། བྱ་རོལ་ལྟ་བུའོ། ངག་ཉིས་པར་སྨྲ་བདེ། ངག་ཉིས་པར་སྨྲ་བ་དང་ཚངས་པ་ཉིད་དོ། །བྱ་སྤྱོད། དོ་ཤི། པ་ཅིའི་རྒྱུས་ཤེས་ཀྱི་ཡུལ་ལ་ཤེས་ཀྱི་ཡུལ་ཅན་ཡིན་ཞེ་ན། ཁྱོད་ཀྱི་ཤེས་ཀྱི་ཡུལ་ཅན་ཡིན་ཏེ། ཁྱོད་ཀྱི་ཤེས་ཀྱི་ཡུལ་ཅན་ཡིན་ཞེས་ཟེར་བ་ལྟ་བུའོ། །ཁྱོད་ཀྱི་ཤེས་ཀྱི་ཡུལ་ཅན་ཡིན་ཞེས་ཟེར་བ་ནི་ཁྱོད་ཀྱི་ཤེས་ཀྱི་ཡུལ་ཅན་ཡིན་ཏེ། ཁྱོད་ཀྱི་ཤེས་ཀྱི་ཡུལ་ཅན་ཡིན་ཞེས་ཟེར་བ་ལྟ་བུའོ། །

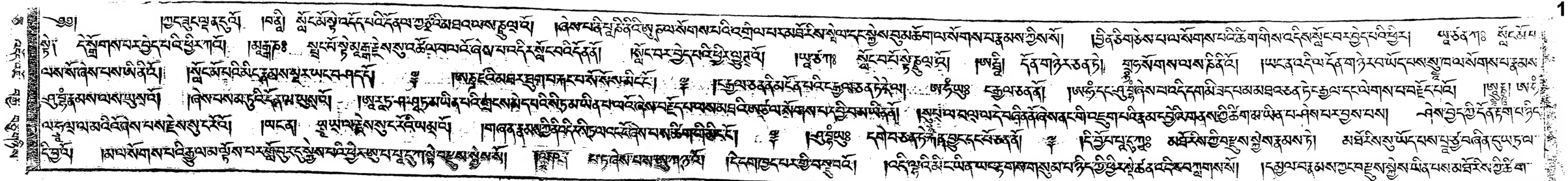
ཀ།། །།དེ་སྐབས་ཀི་དགའ་ལྡན་ཕོ་བྲང་ན། དང་རྒྱལ་པོ། རྟ་དྲུག་ གདུགས། ཡུངས་ཀར། ཁྲི་ཐང་། ཁྲི་ཤིང་། བྱིའུ་ཁྲ་ཁྲོ། ཁྲི་ཤིང་ཁྲ་ཁྲོ་ཐམས་ཅད་ཀྱང་ཡོད། །དེའི་ལས་སྐལ་བཟང་པོས། བྱང་ཤར་ཕྱོགས་ཀི་ཡུལ་ན། ཐུན་ཚོགས་ཐམས་ཅད་ཀྱི། སྐྱེས་བུ་ཆེན་གཅིག་ཏུ་གྱུར་པ་ཞིག་ཏུ་ཡོད་པ་ལས། ཁོང་ཁྲོ་ཞིང་ཤ་ཟ་བ་ཞིག་ཏུ་ཡོད་པ་ཡིན་ཏེ། གཞན་དུ་ཡང་བརྒྱུད་དེ། གཞན་དང་བྲལ་ནས་ཐུན་ཚོགས་ཐམས་ཅད་ཀྱི་མཁོན་དུ། །རོས་ཅན་གཙོ་བོ་ཁྱེད་ཀི་ཡུལ་ན་ཡོད་ཀི་ཡིན་ནམ། ཞེས་ཟེར་ཏེ། ཁྱོ

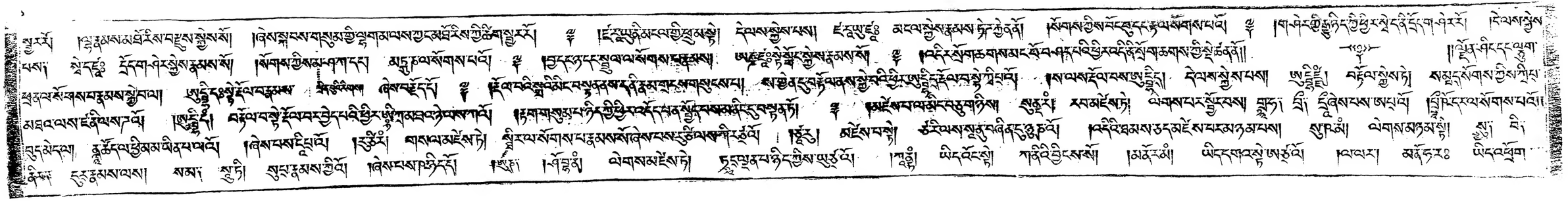


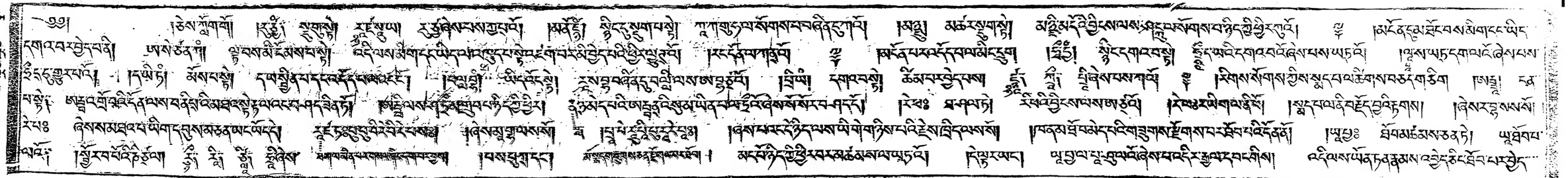


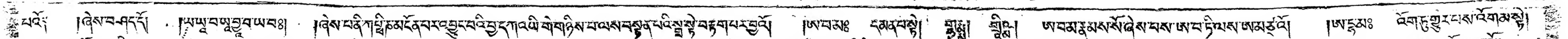


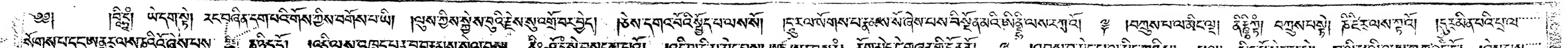


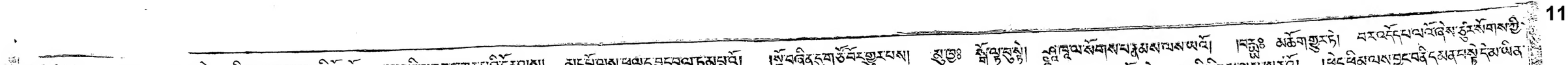


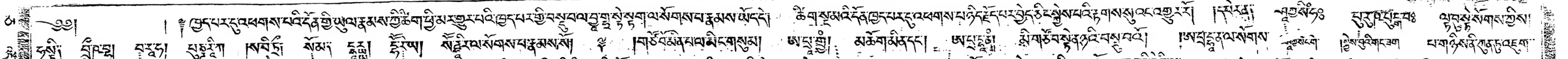


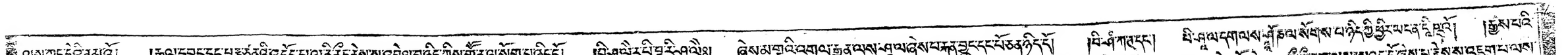


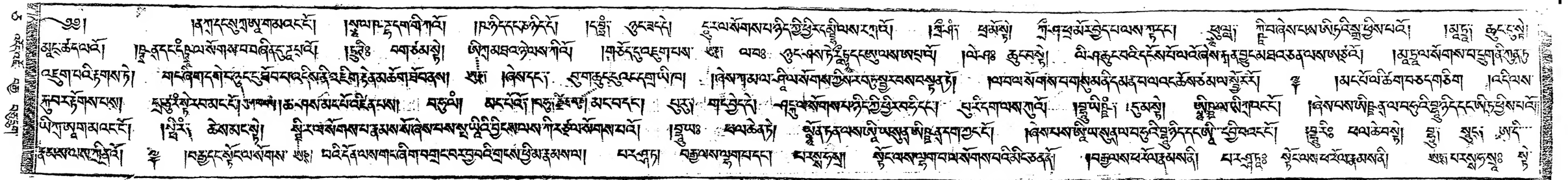


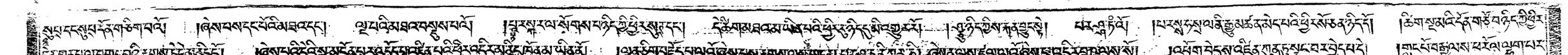


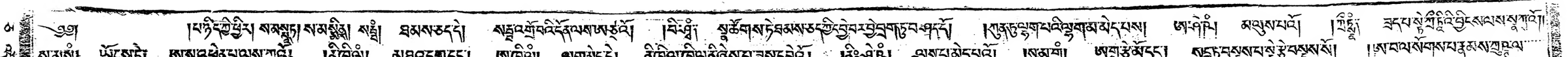


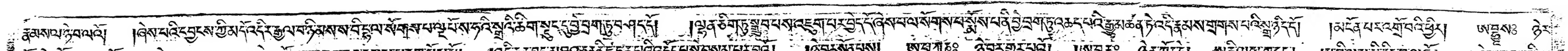


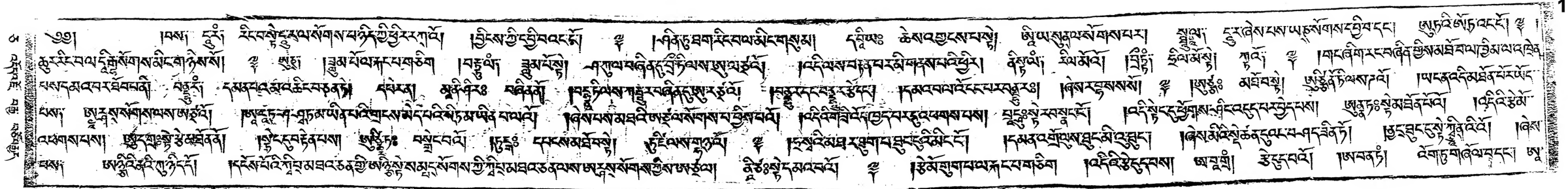


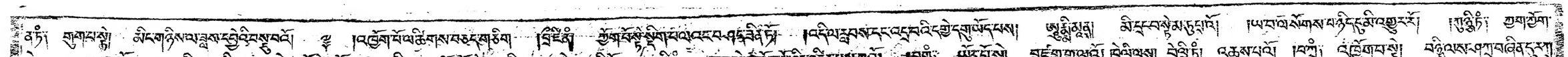


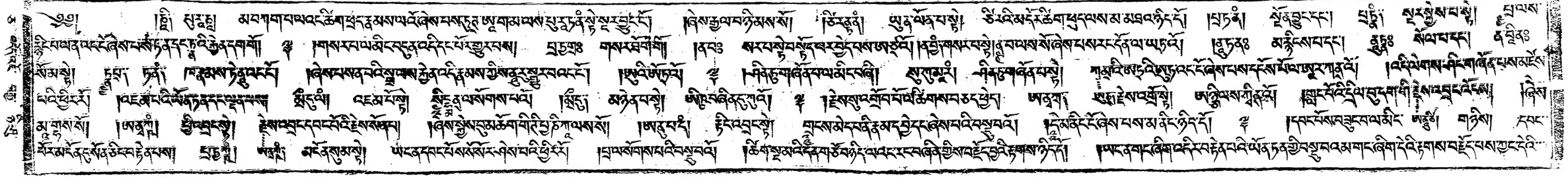


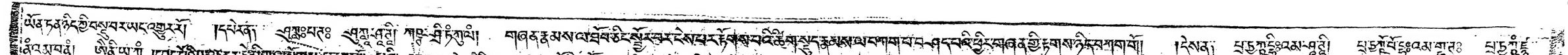


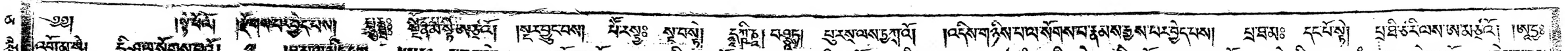


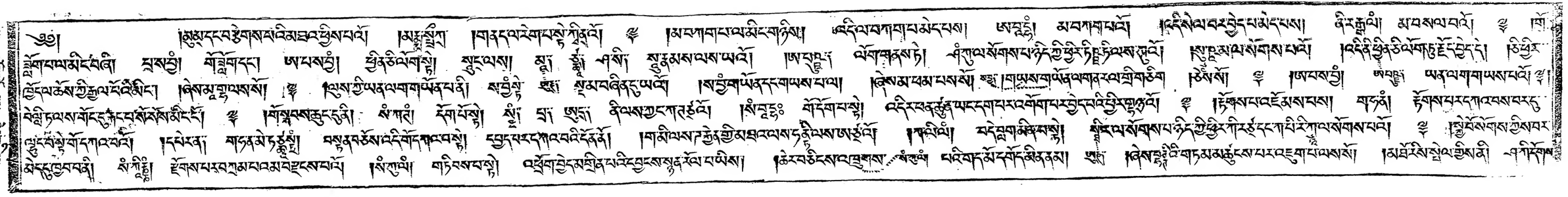


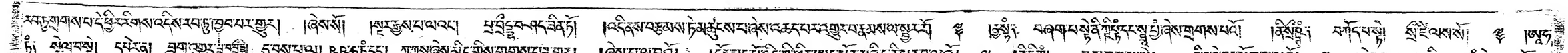


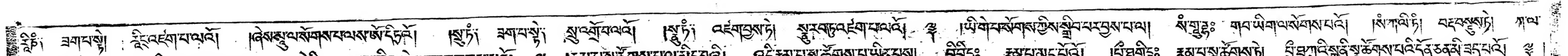


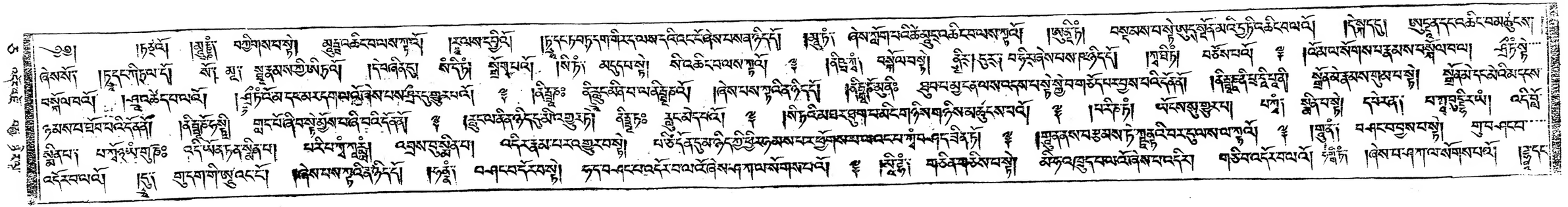


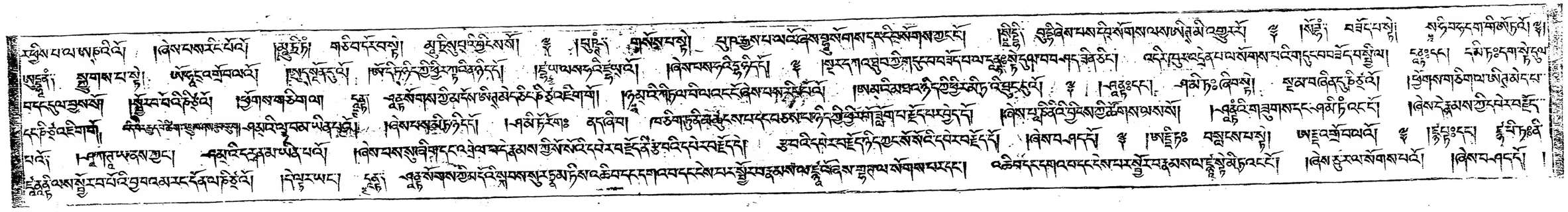


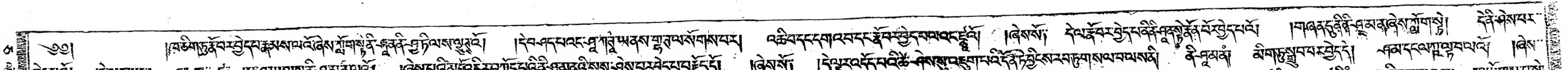


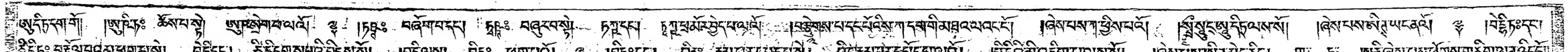


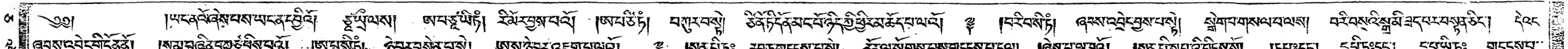


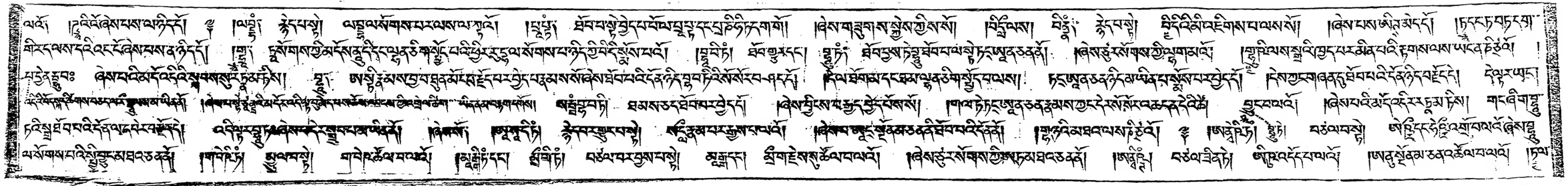


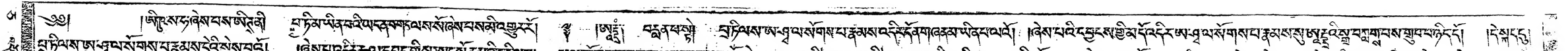


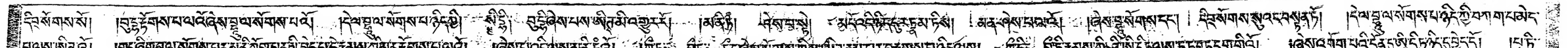


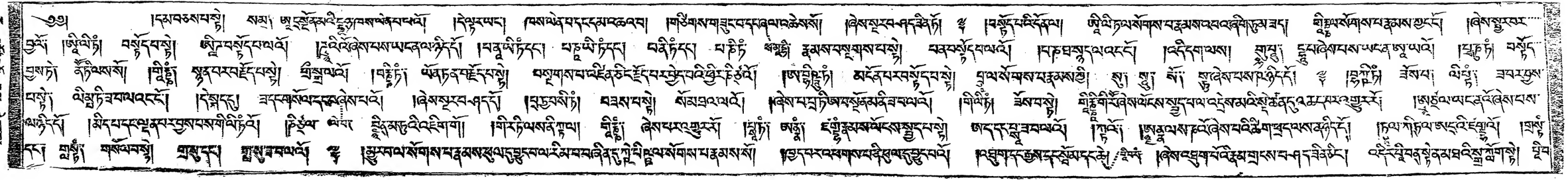


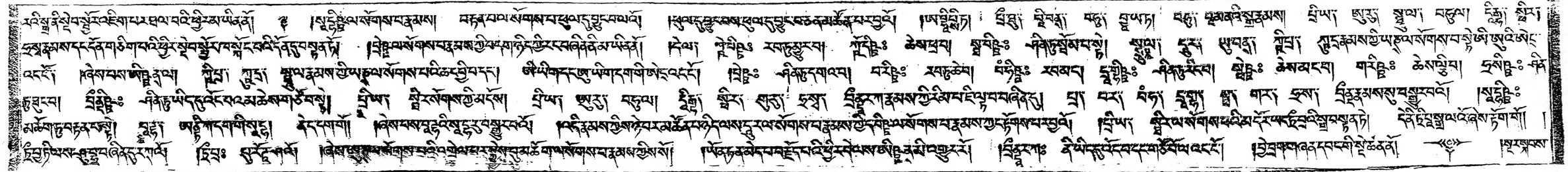


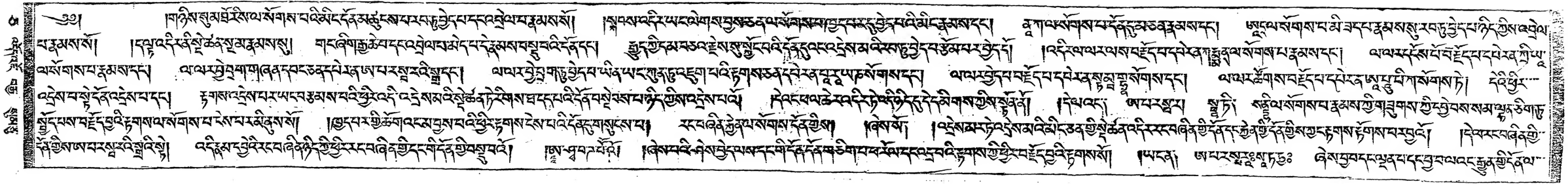


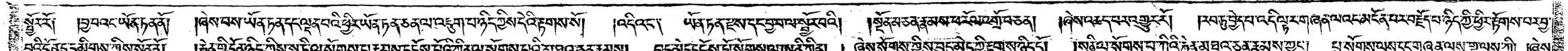


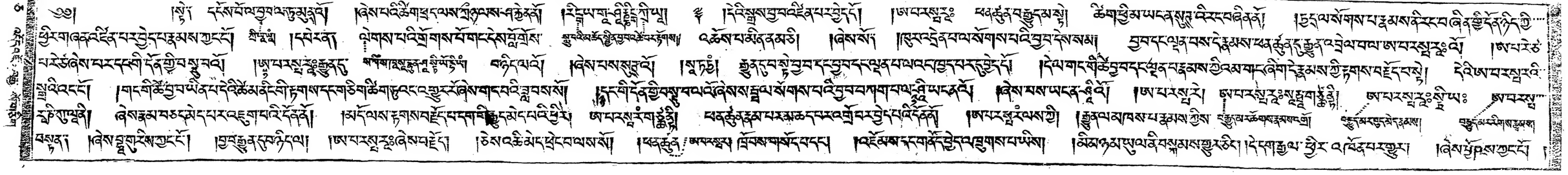


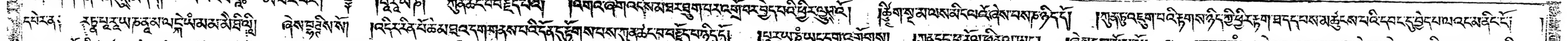


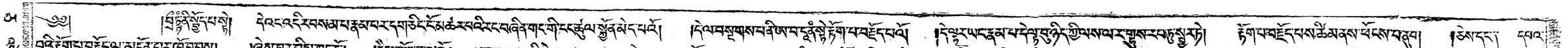


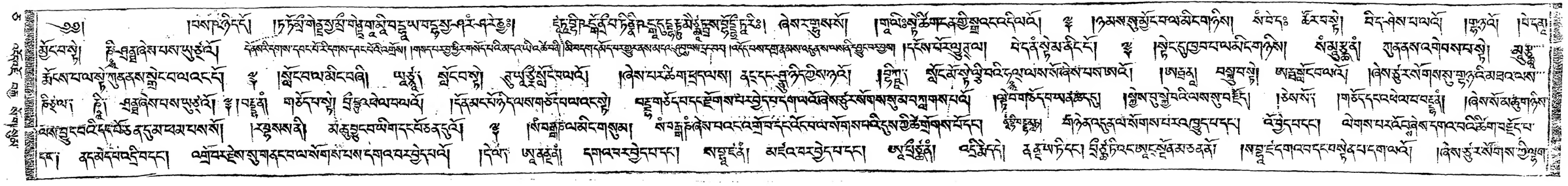












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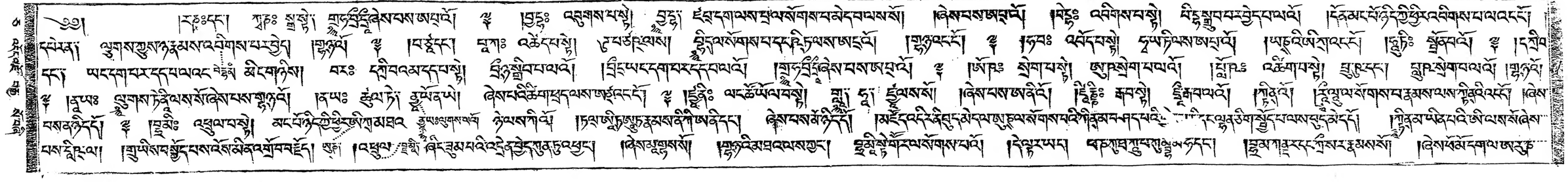

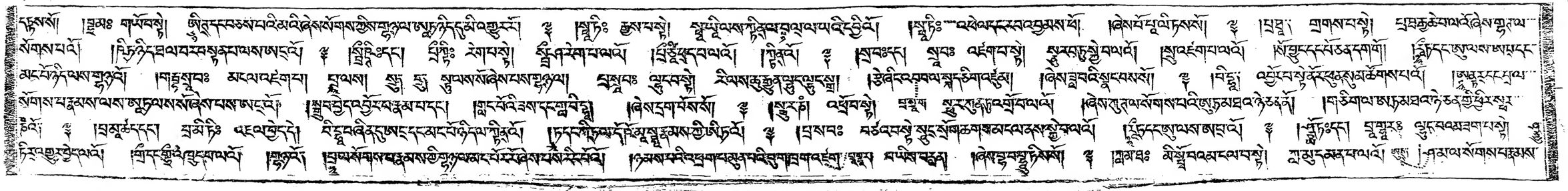

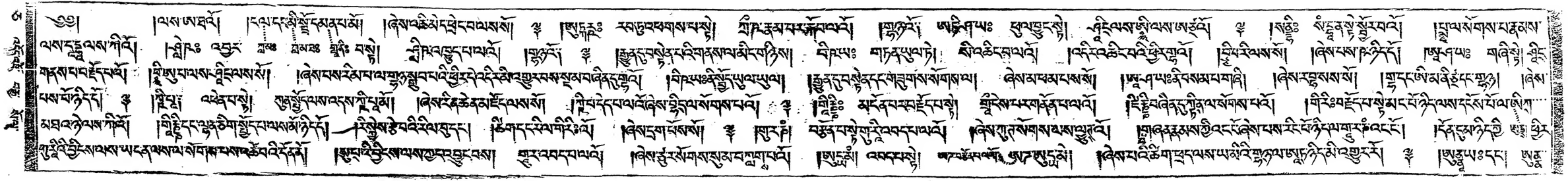

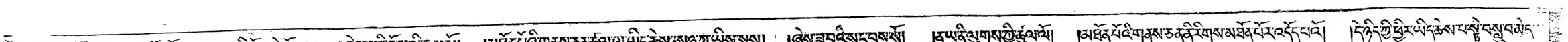

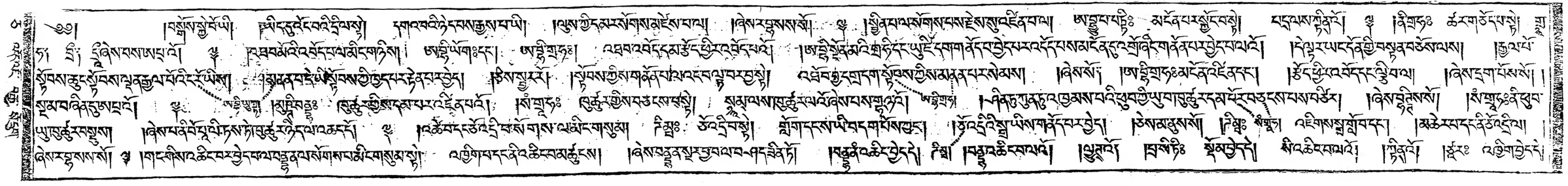

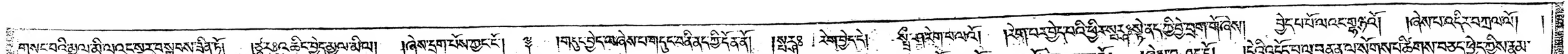

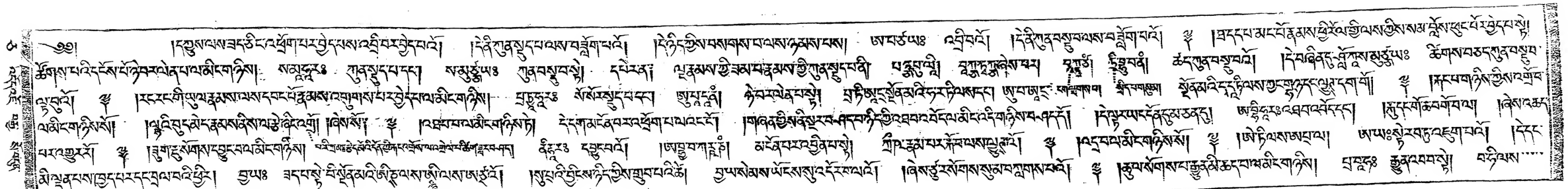

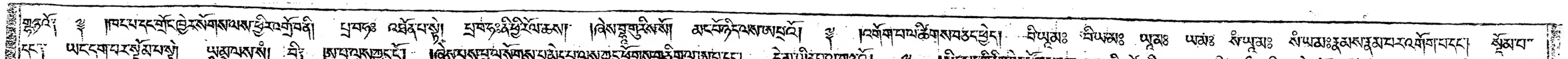

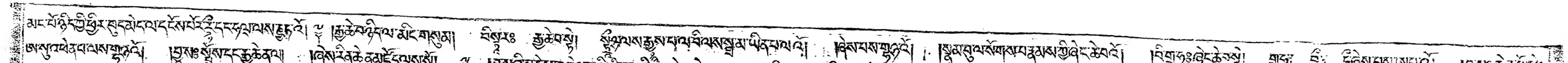

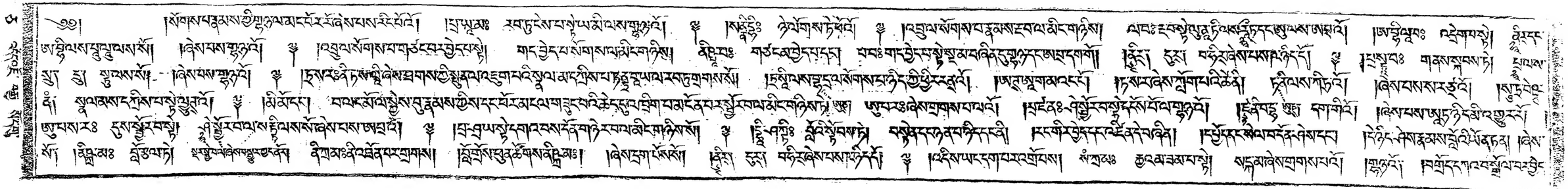

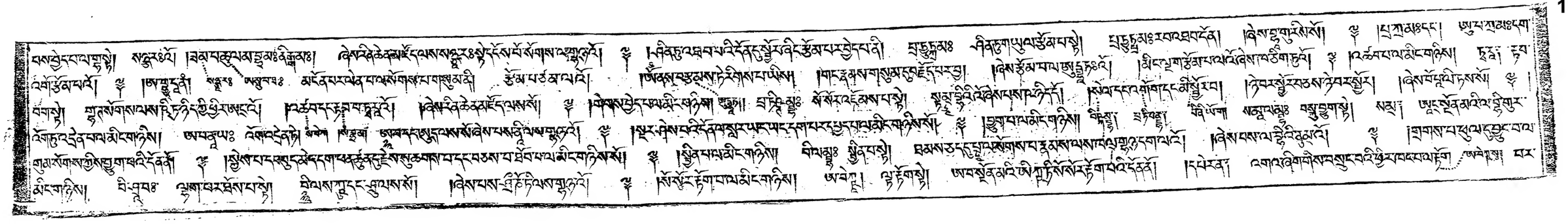

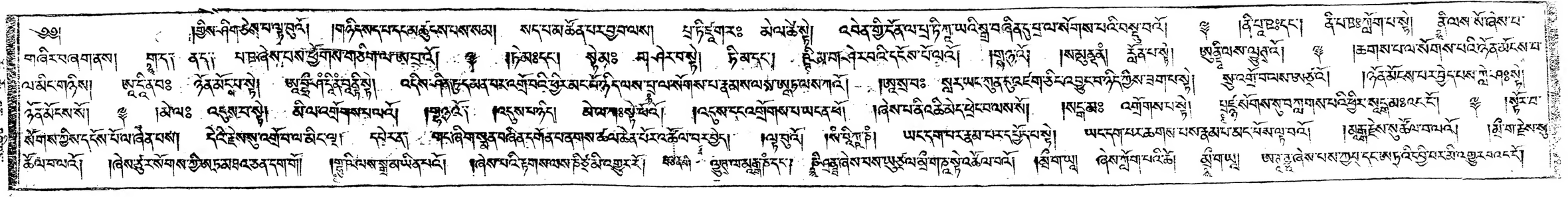

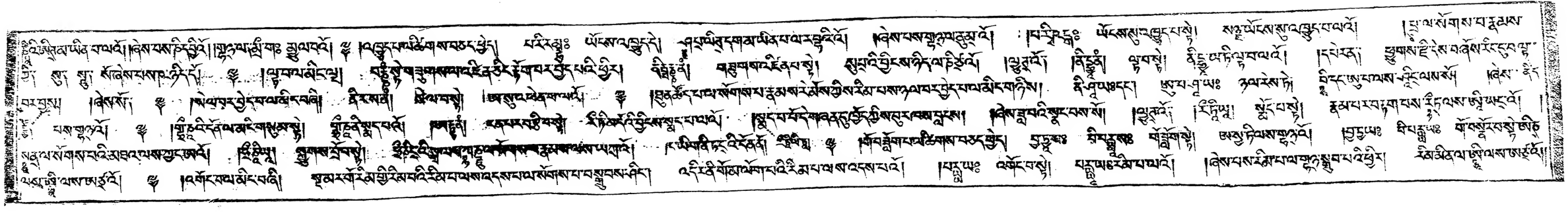

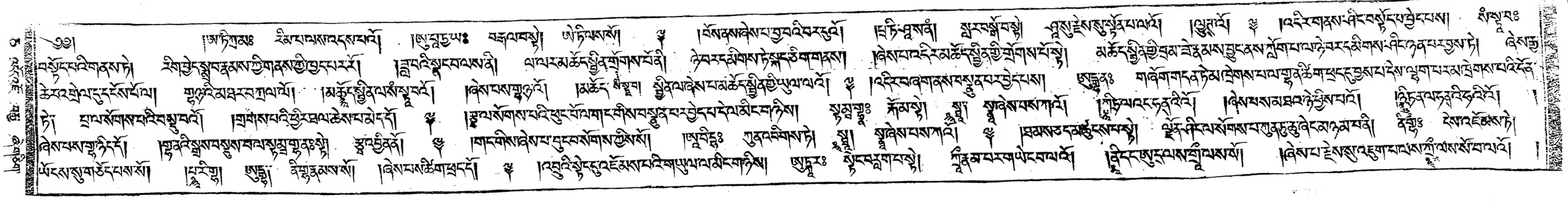

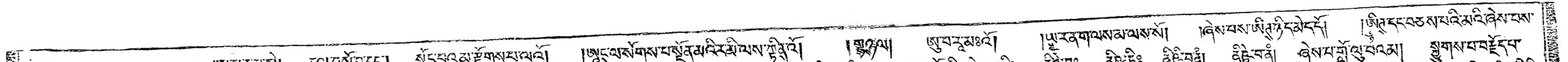

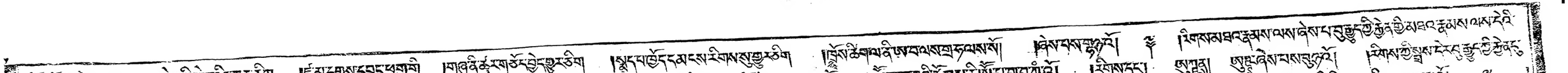

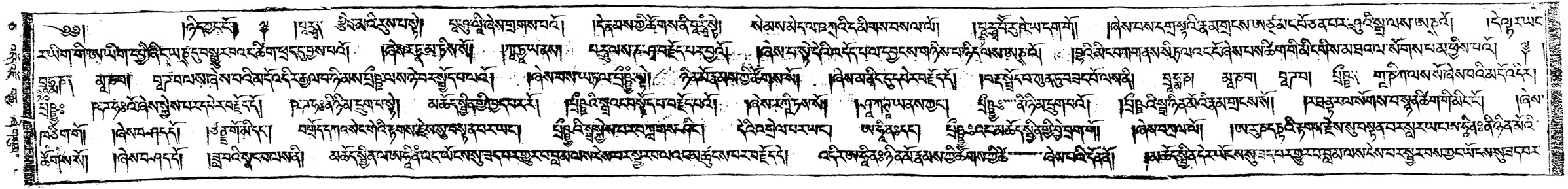

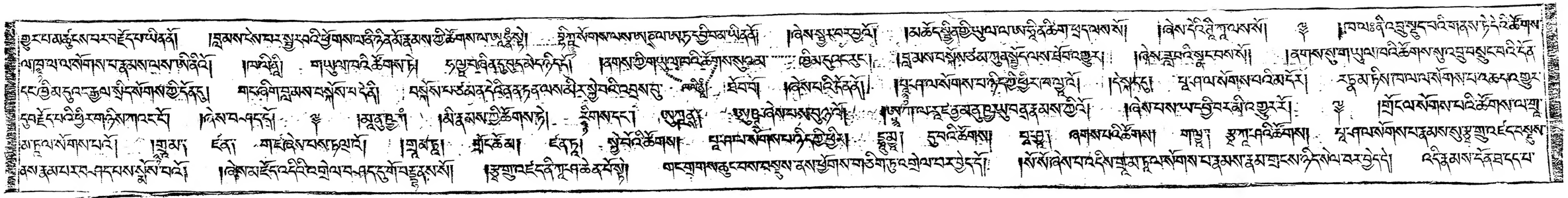

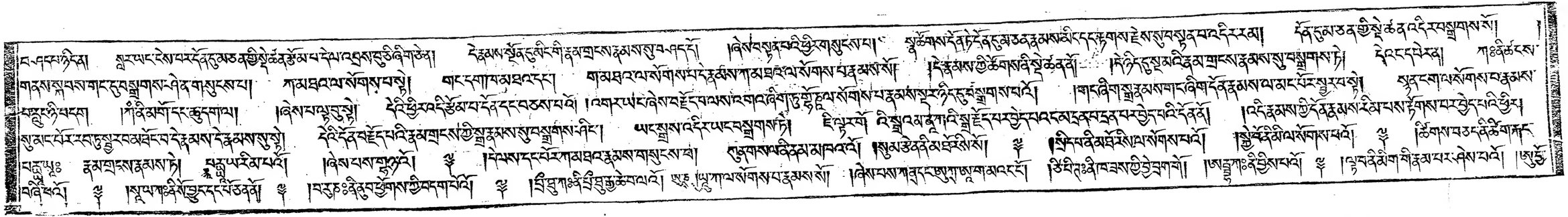

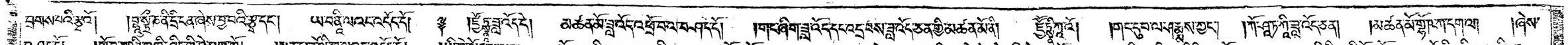

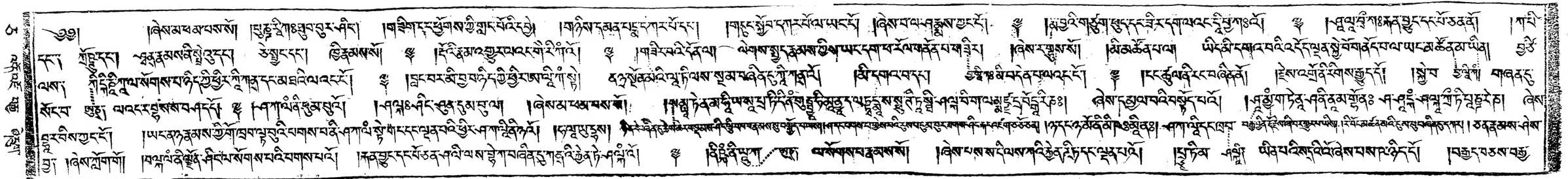

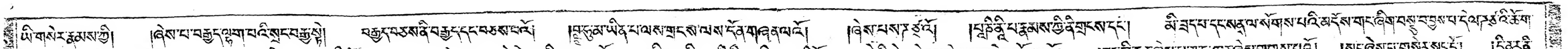

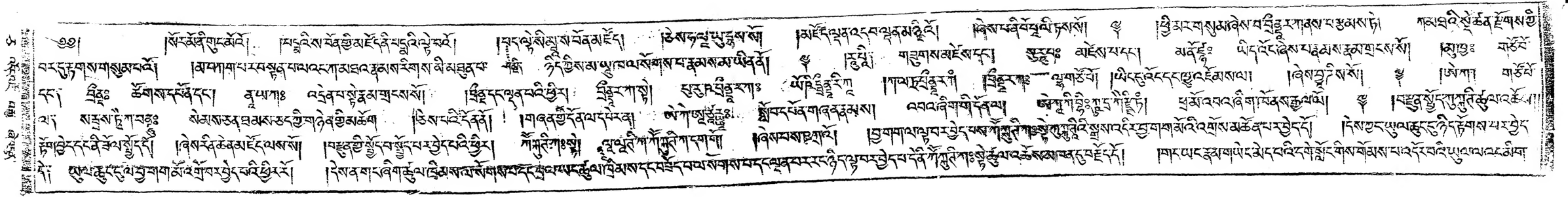

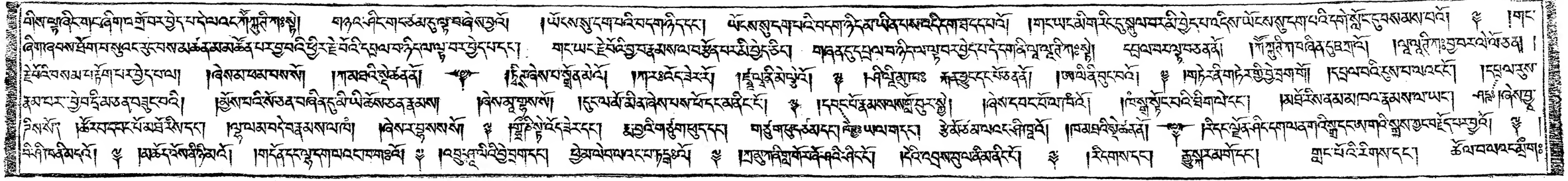

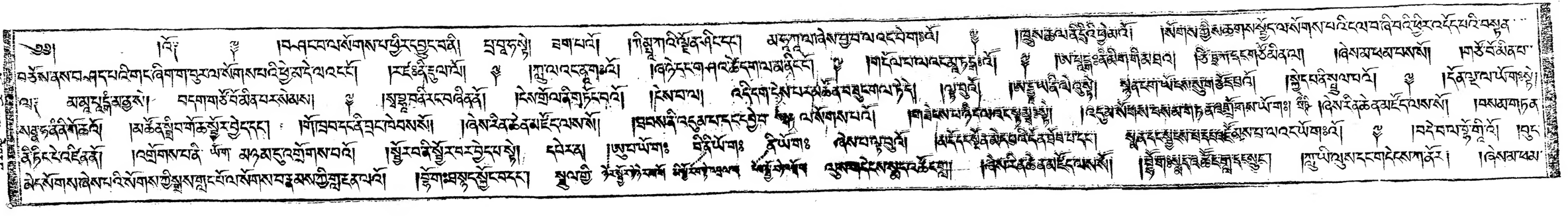

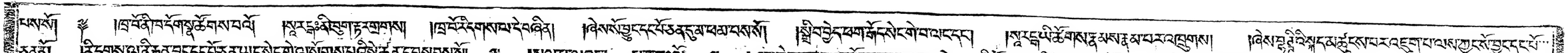

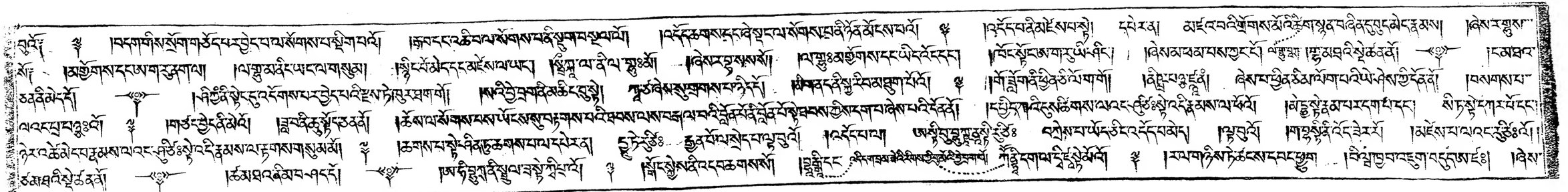

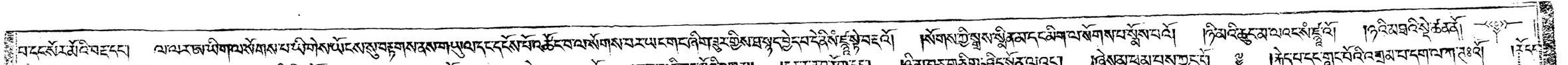

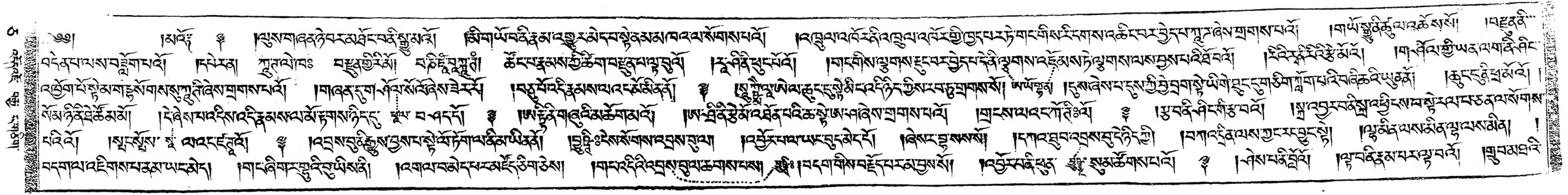

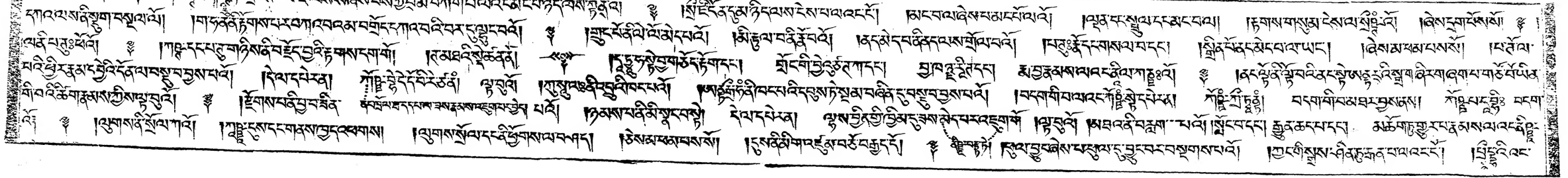

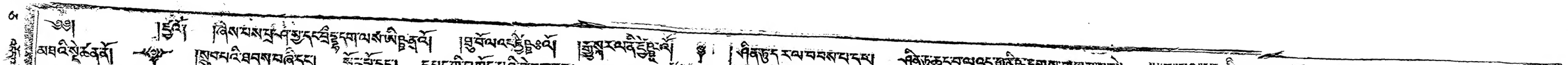

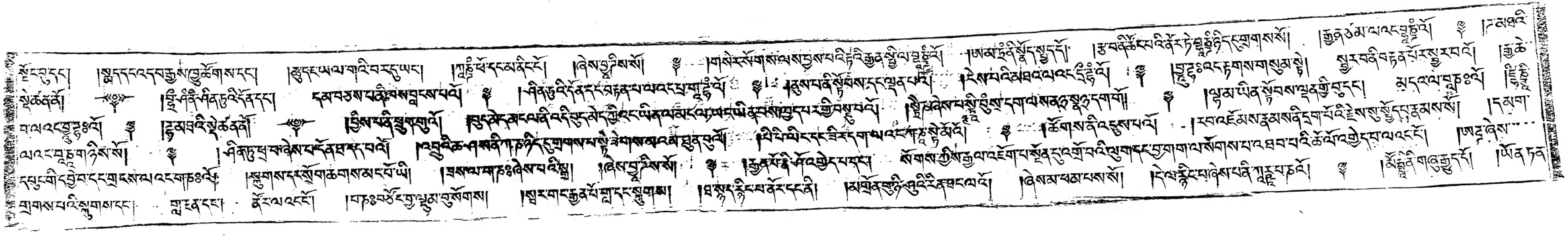

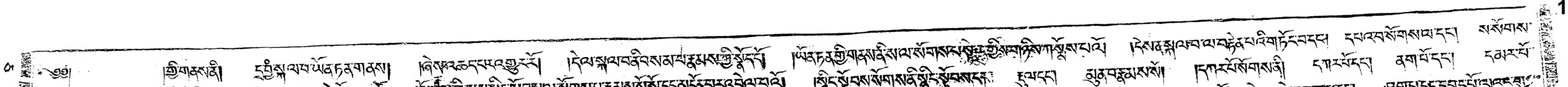

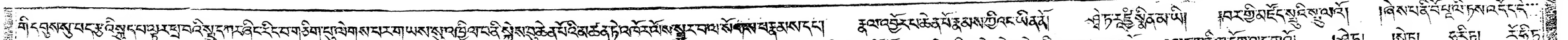

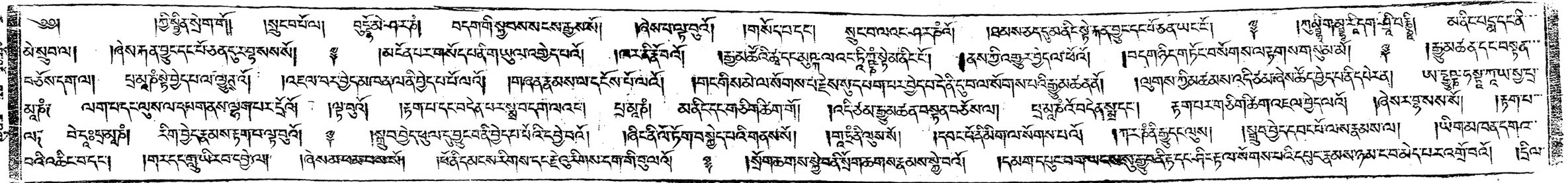

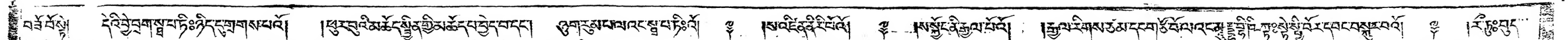

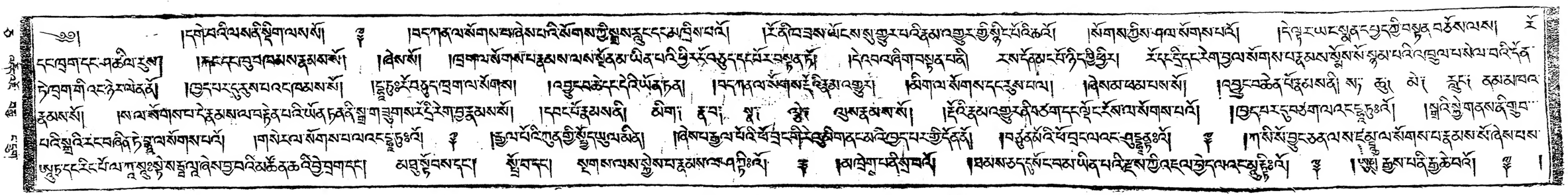

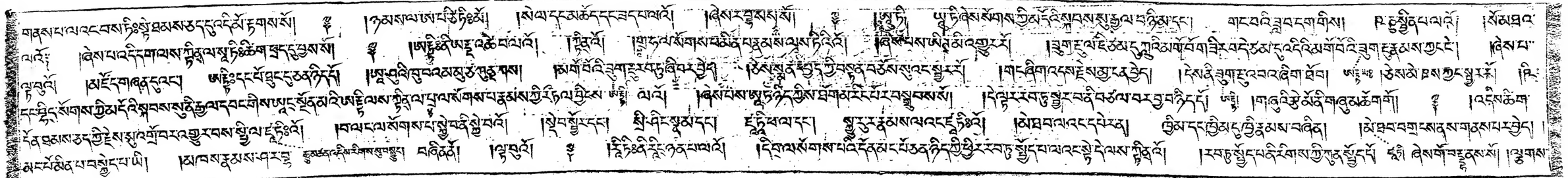

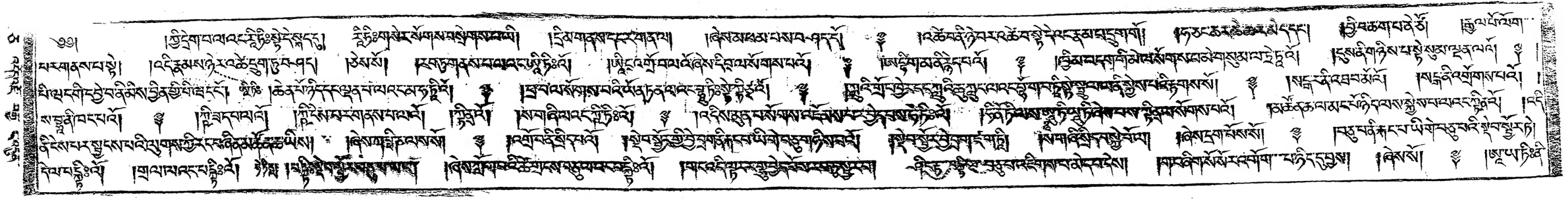

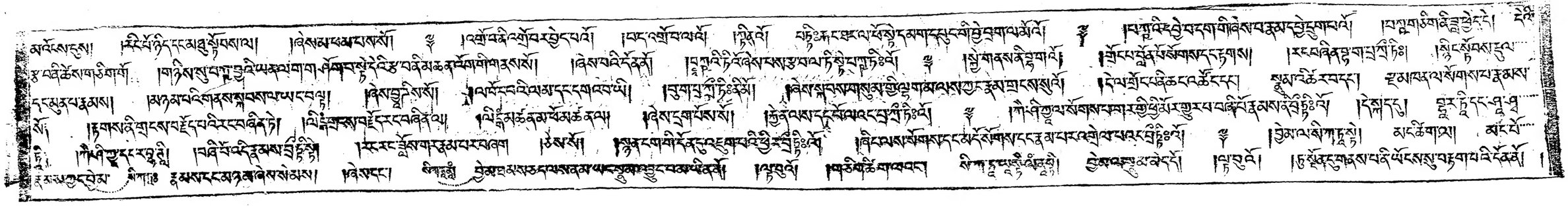

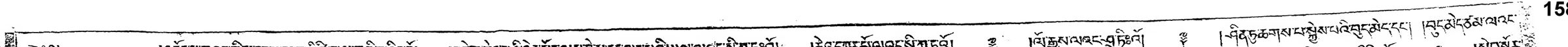

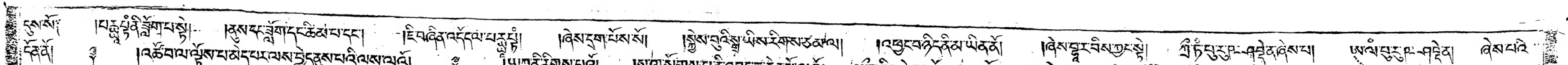

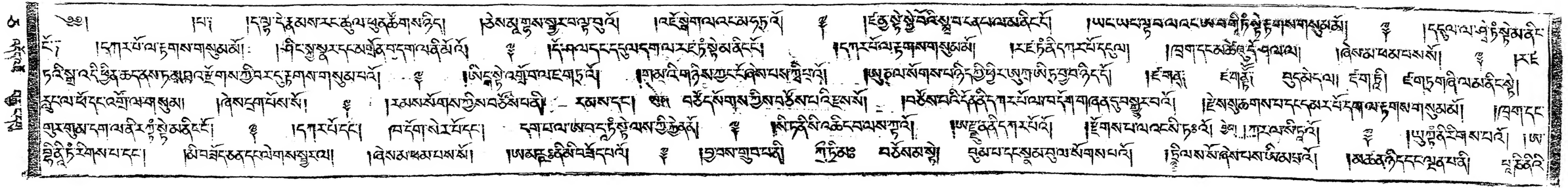

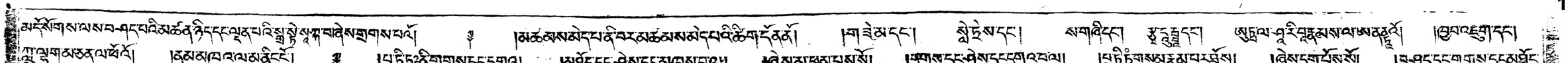

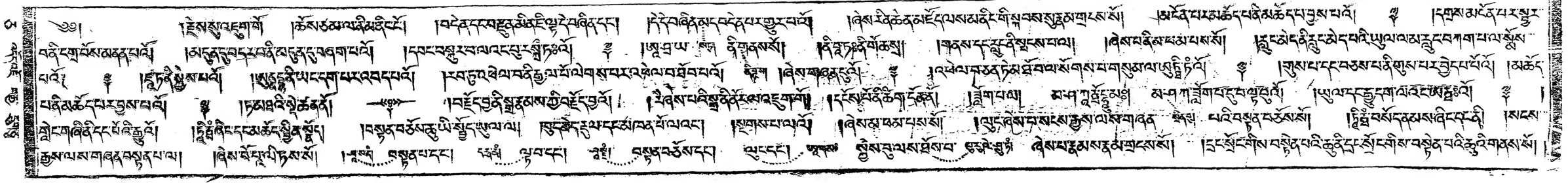

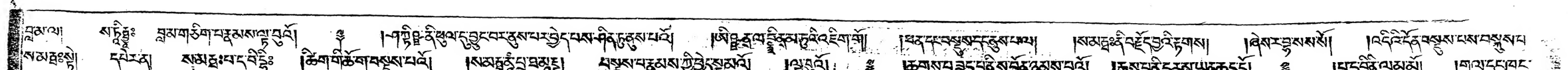

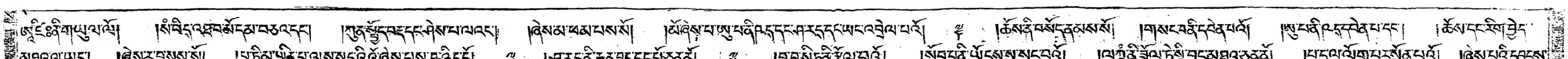

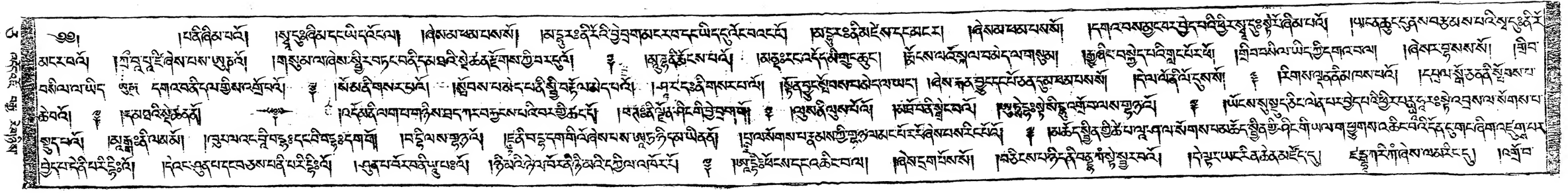

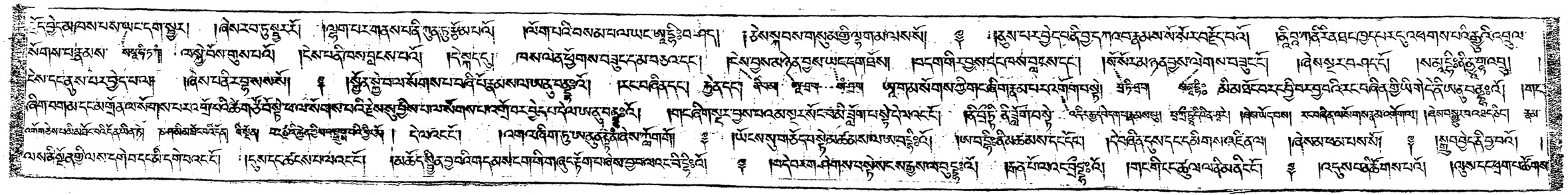

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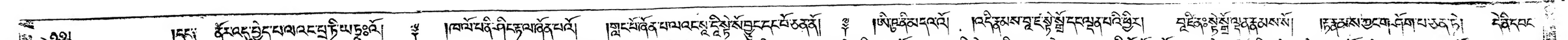
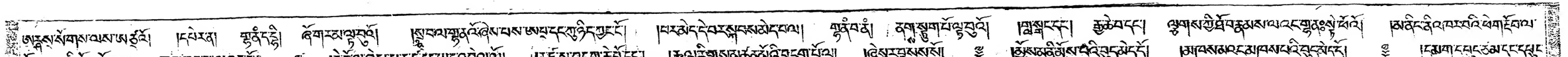
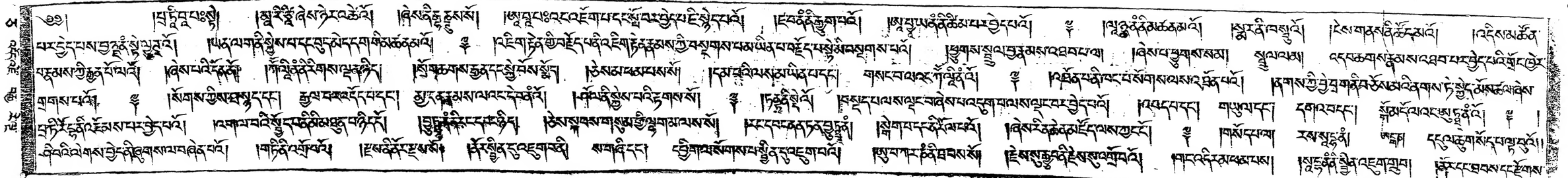
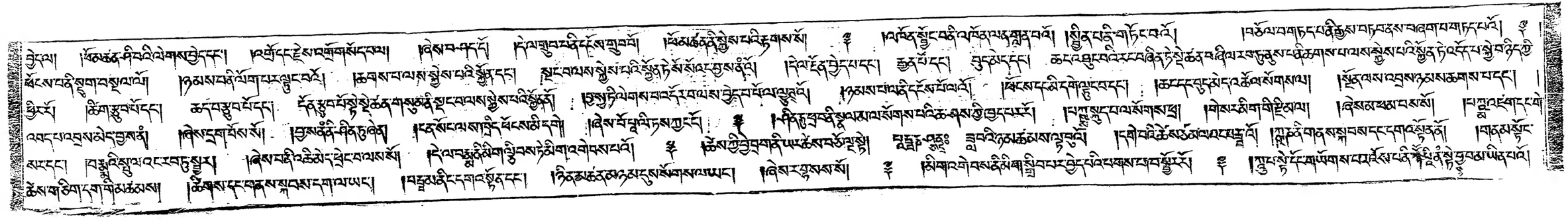
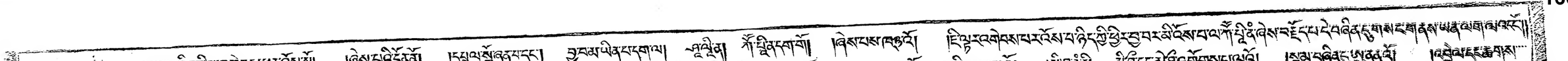
ཅན་ནོ། །དེ་ལྟ་ཅི་ཞེ་ན། ཐུབ་པ་ཉིད་ལས་ཐམས་ཅད་མཁྱེན་པ་ཉིད་དོ། །ཡང་དག་པ་རིག་ཅིང་ཤེས་པ་ཉིད་དོ། །འདི་ལྟ་སྟེ། ཐུབ་པ་ཉིད་ལས་ཐམས་ཅད་མཁྱེན་པ་ཉིད་དོ། །ཡང་དག་པ་རིག་ཅིང་ཤེས་པ་ཉིད་དོ་ཞེས་བྱ་བ་ནི་ཐུབ་པ་ཉིད་ལས་ཐམས་ཅད་མཁྱེན་པ་ཉིད་དོ། །ཡང་དག་པ་རིག་ཅིང་ཤེས་པ་ཉིད་དོ་ཞེས་བྱ་བ་ལ་སོགས་པ་ཡང་ཡོད་ད

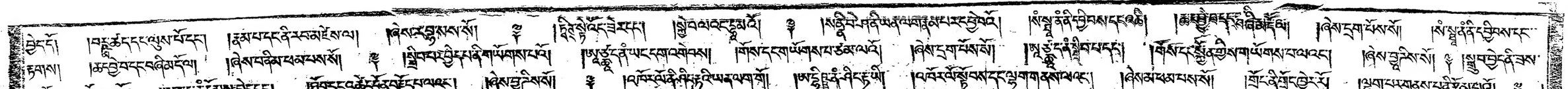


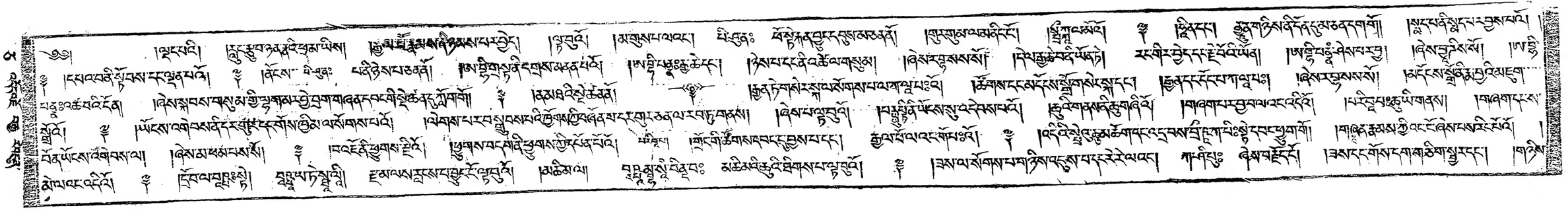


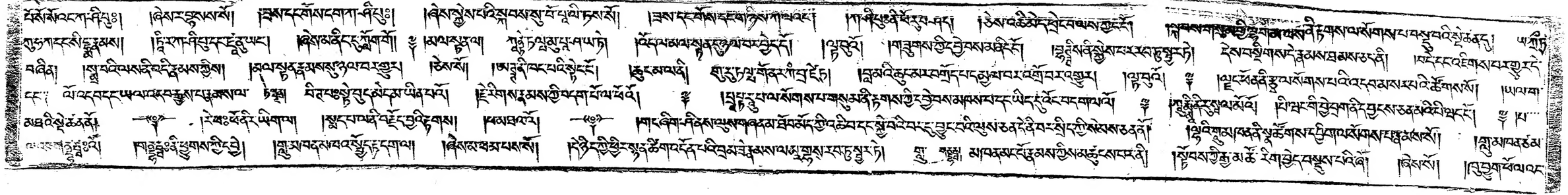


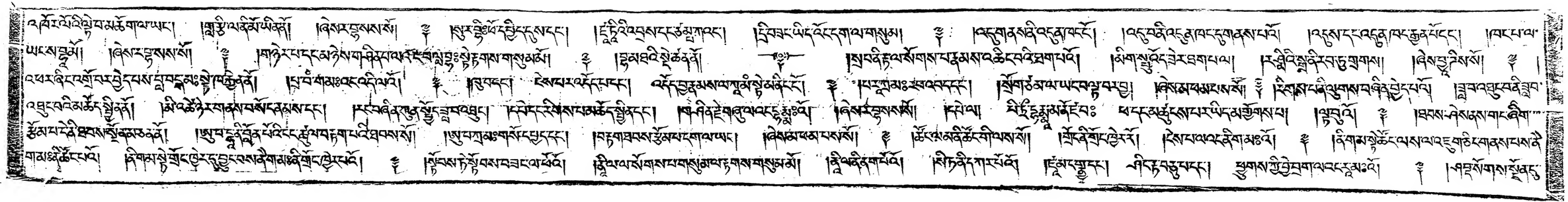


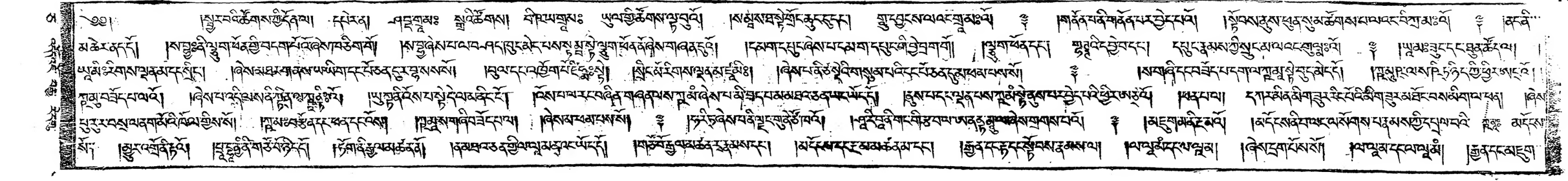


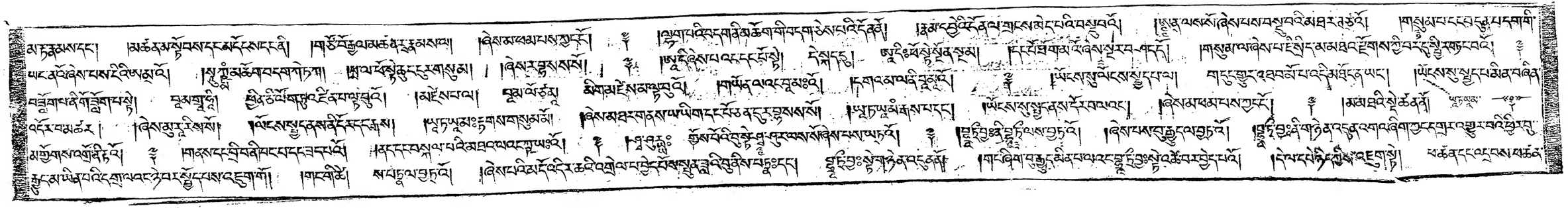


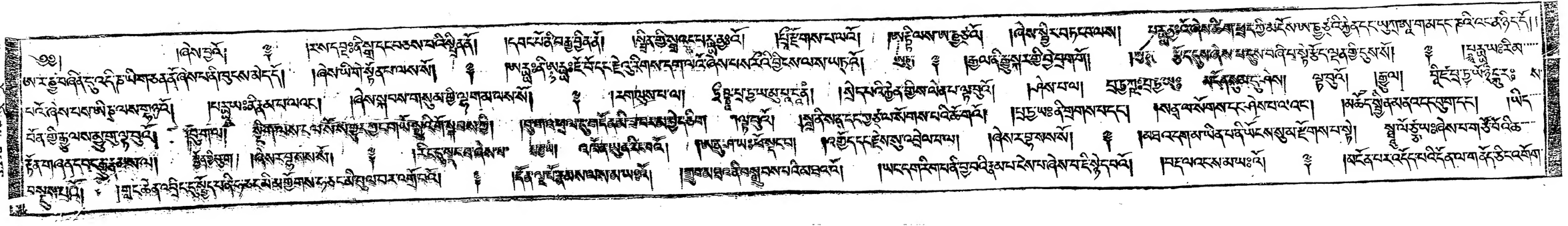


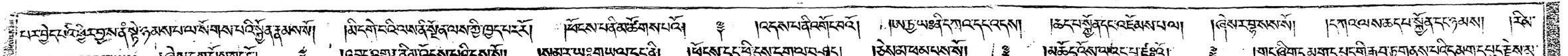


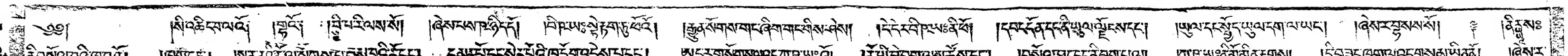


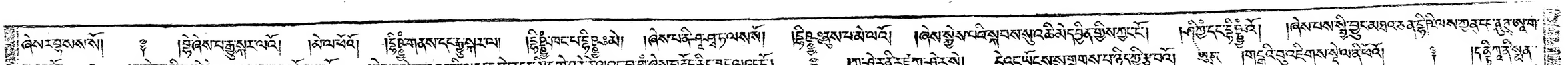


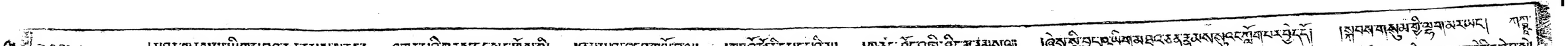


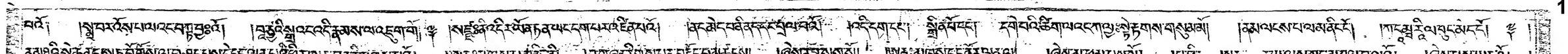


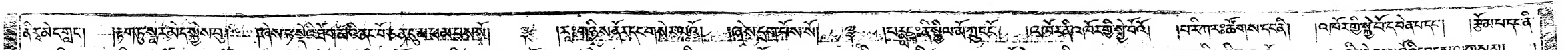


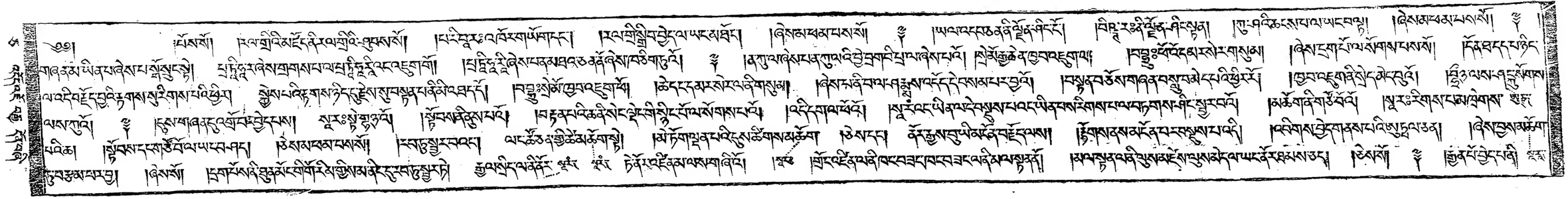


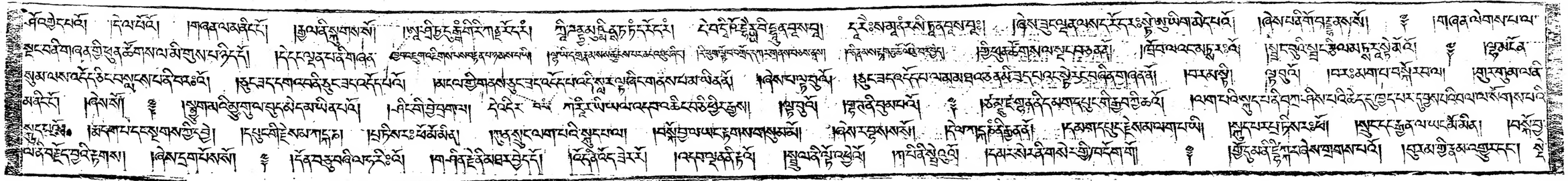


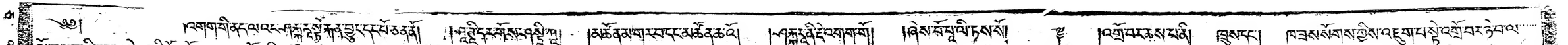


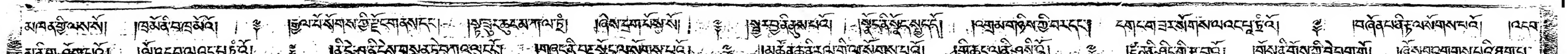


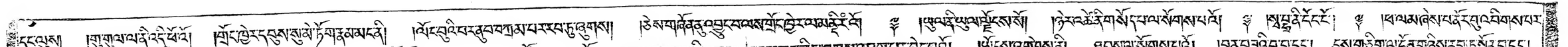


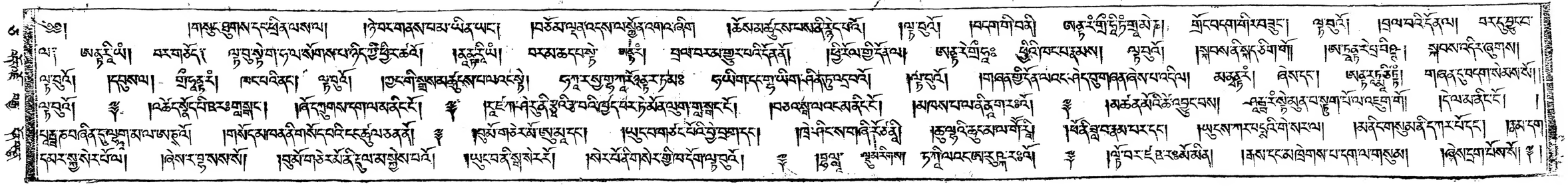


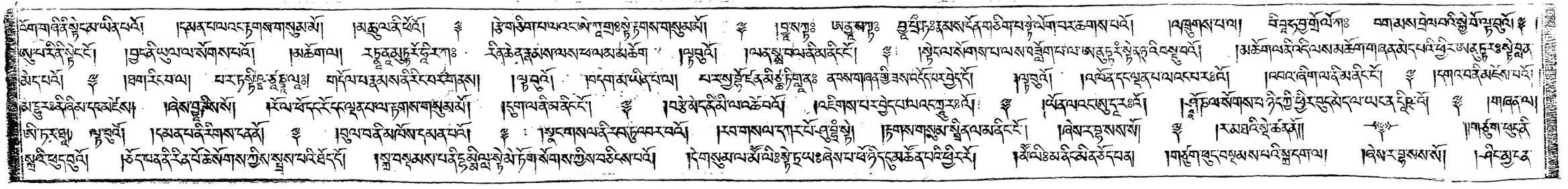


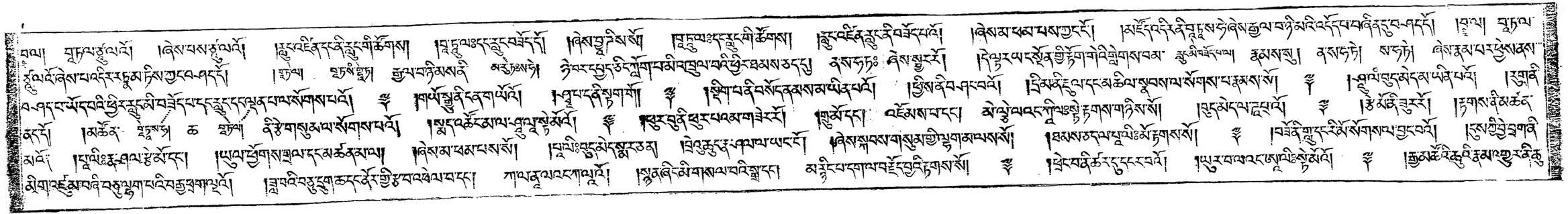


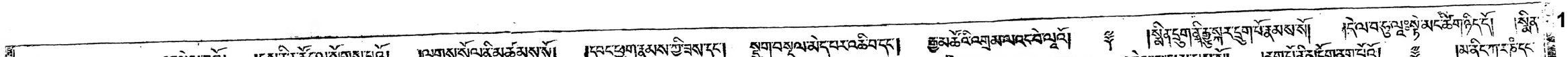


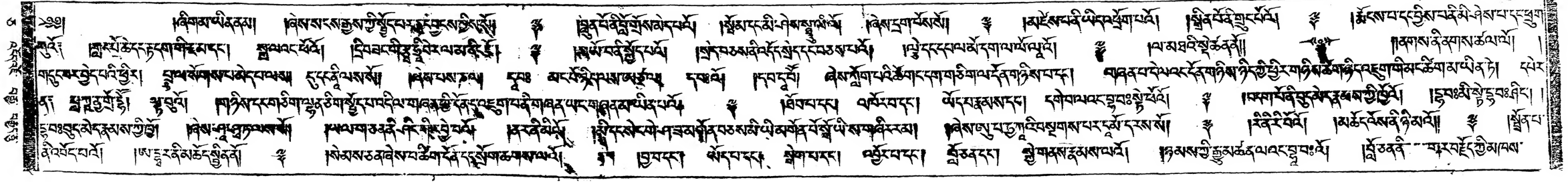


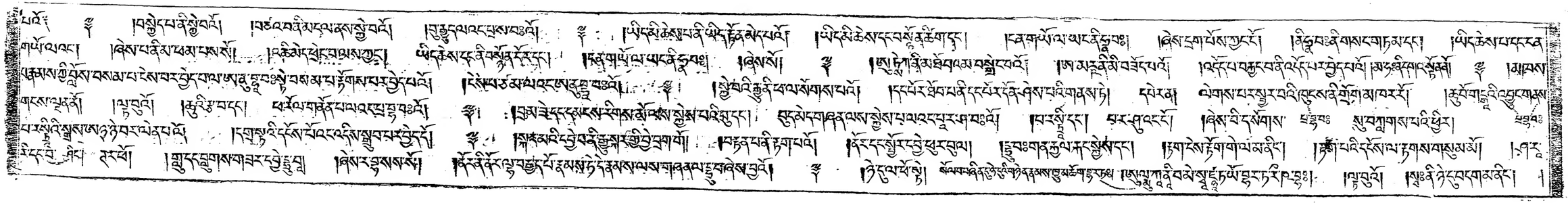


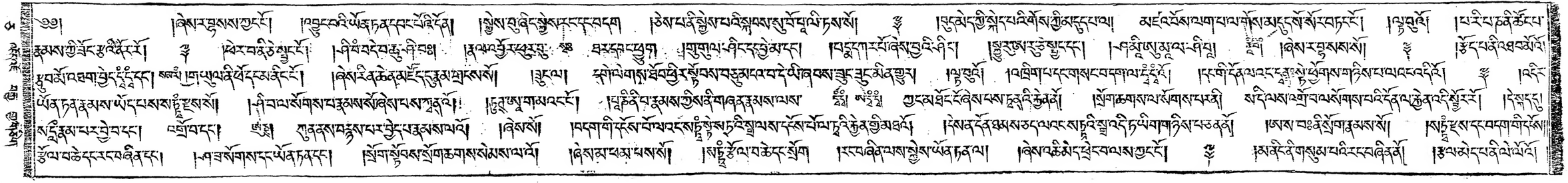


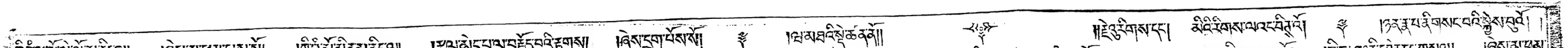


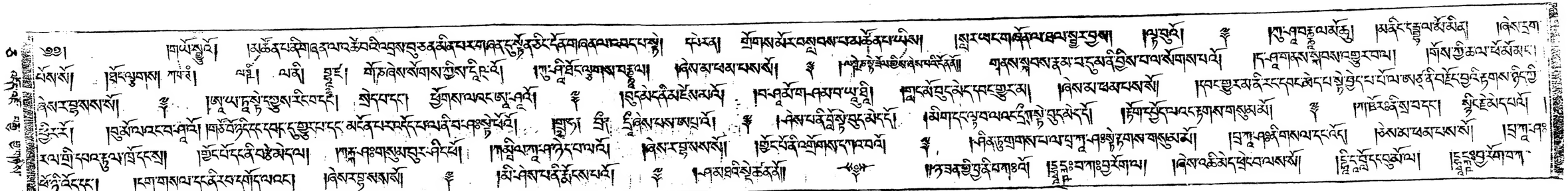


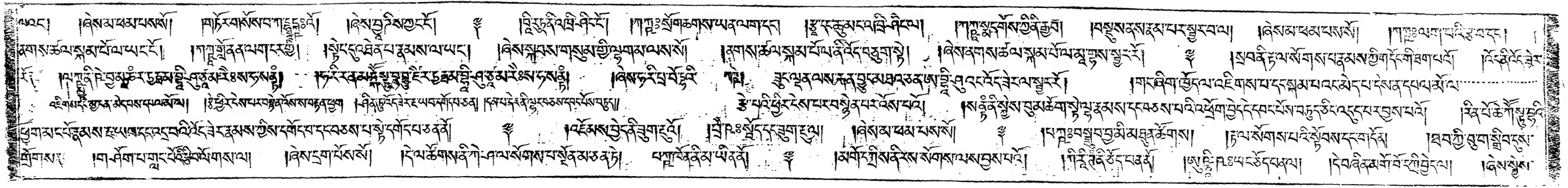


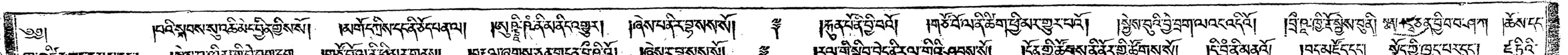


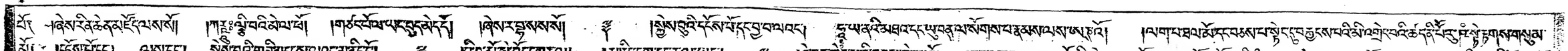


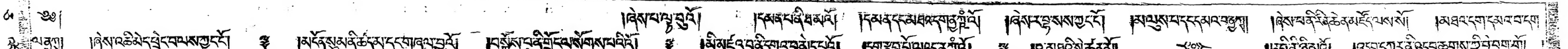


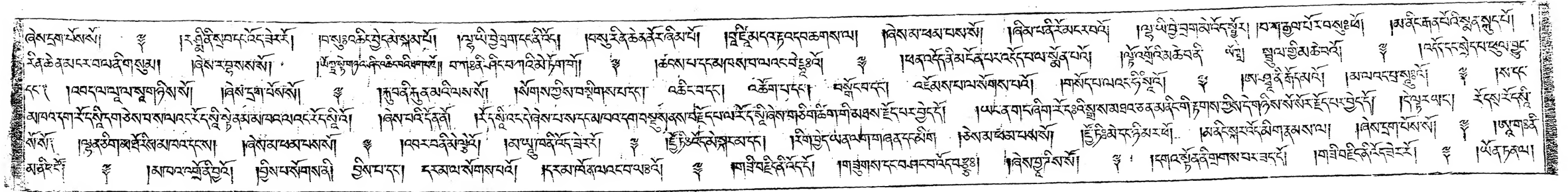


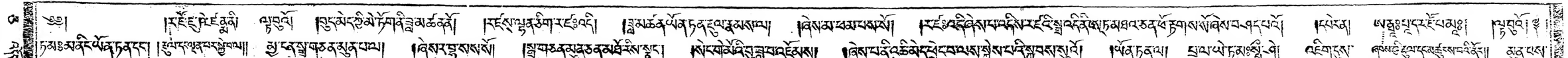


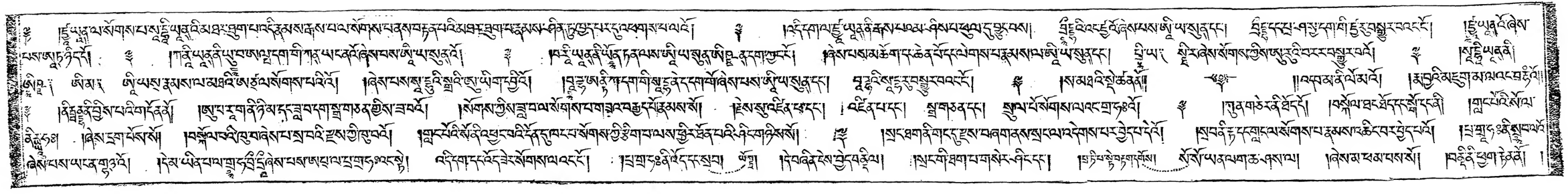


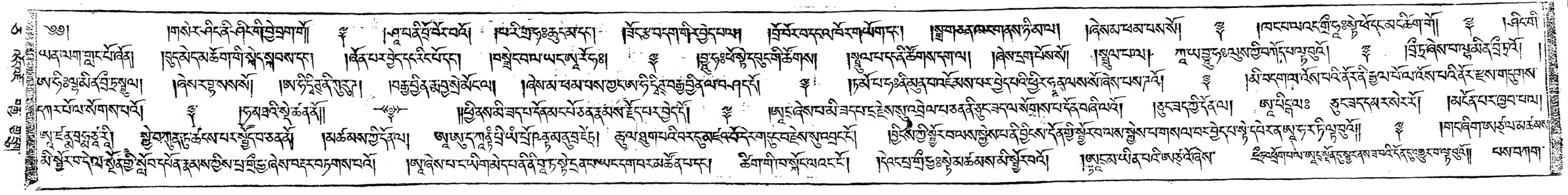


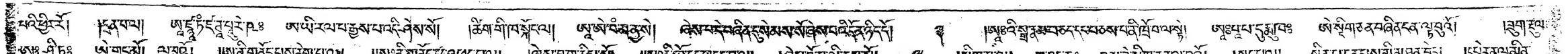


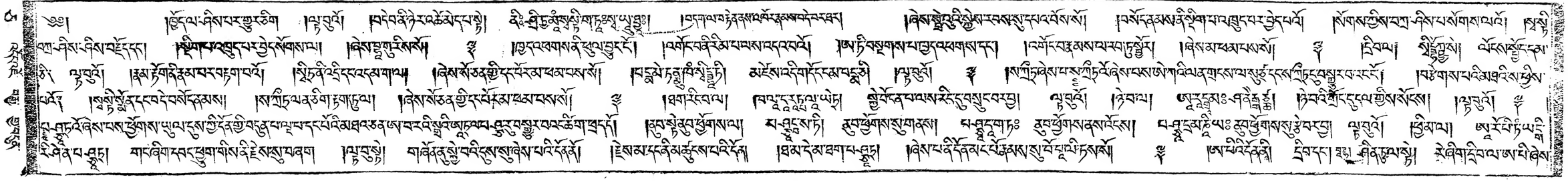


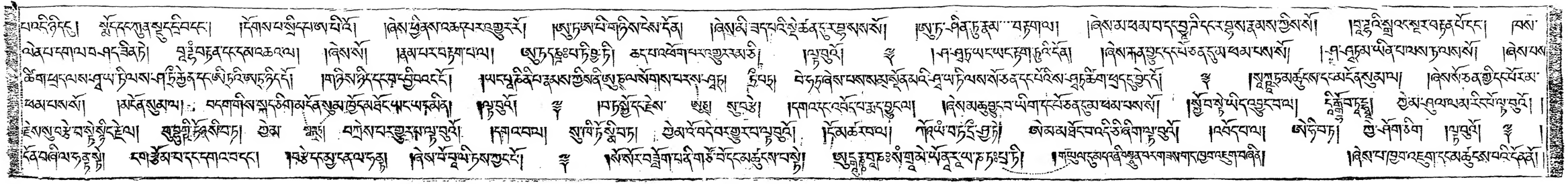


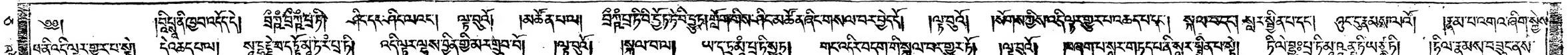


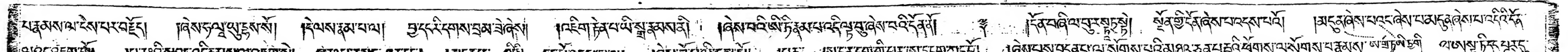


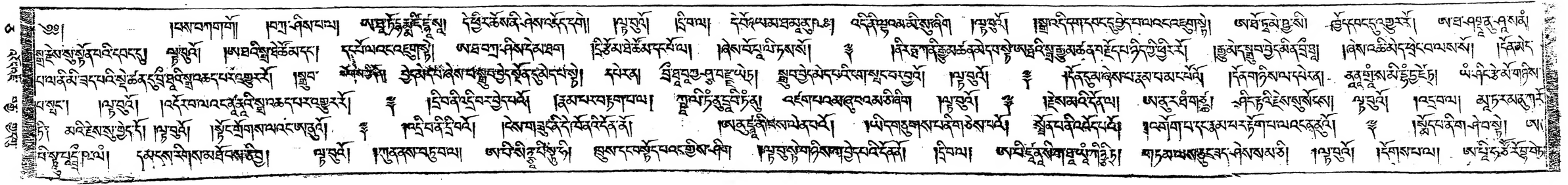


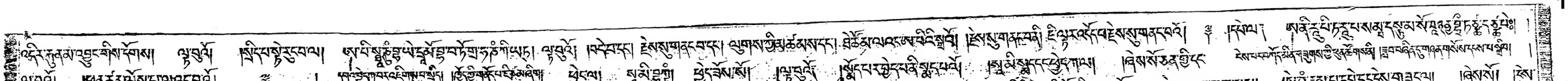


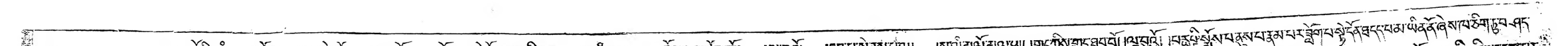


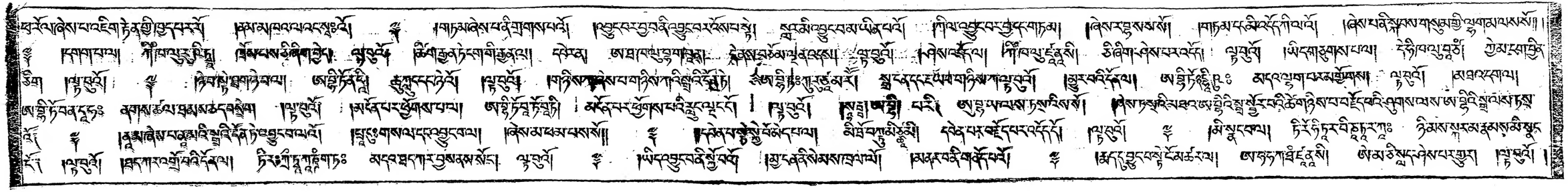


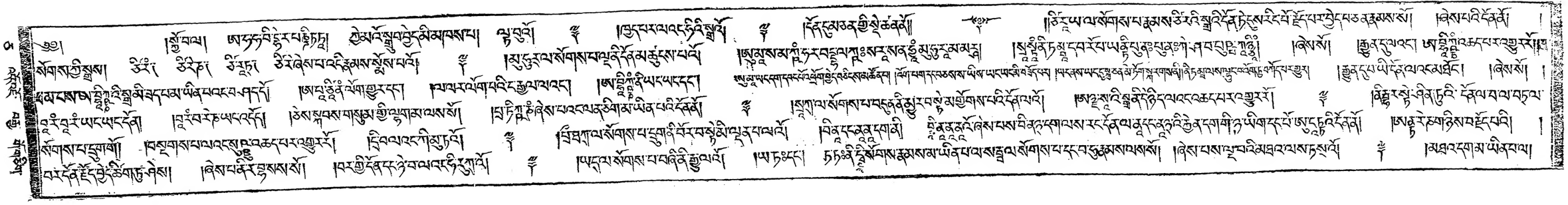


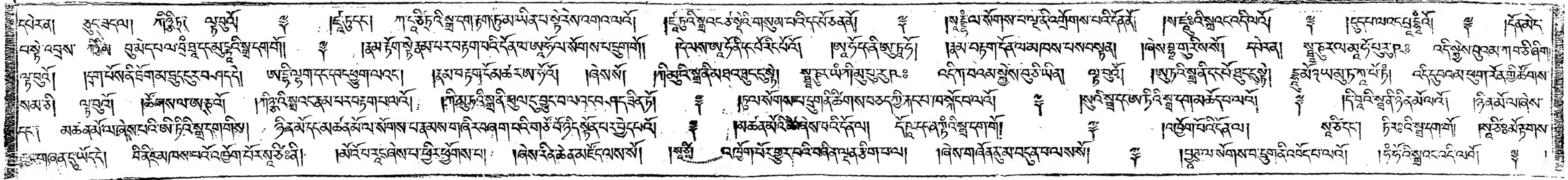


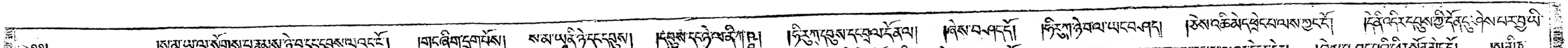


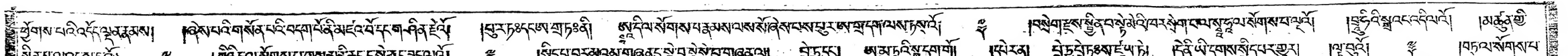


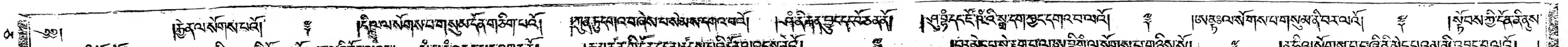


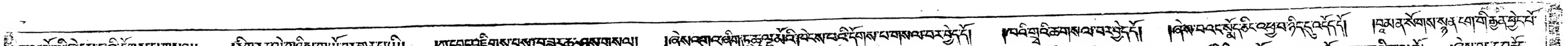


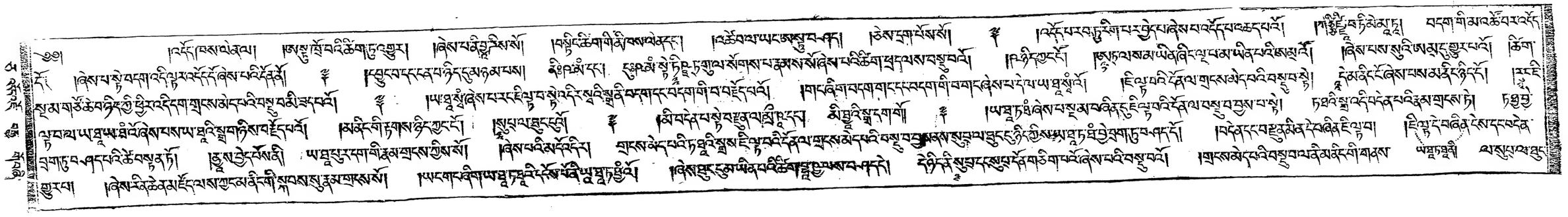


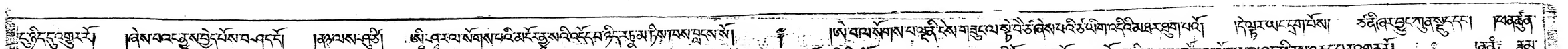


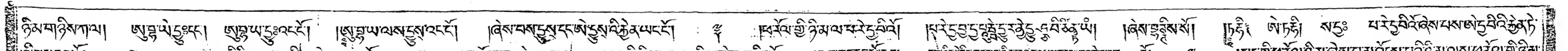


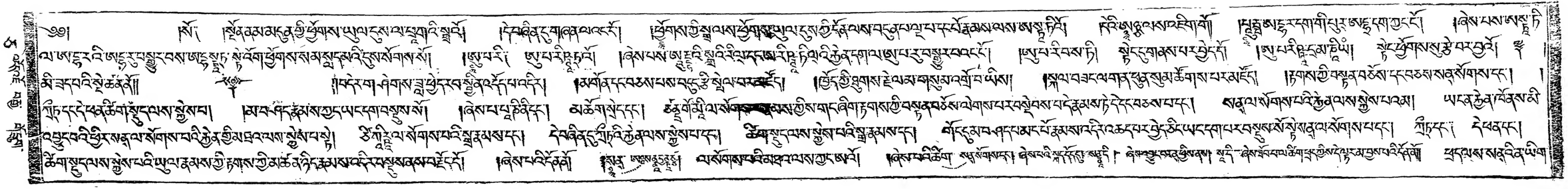


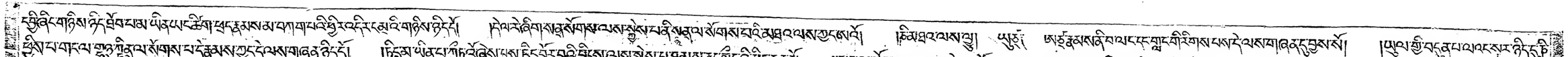


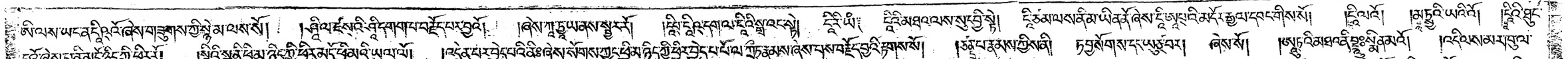


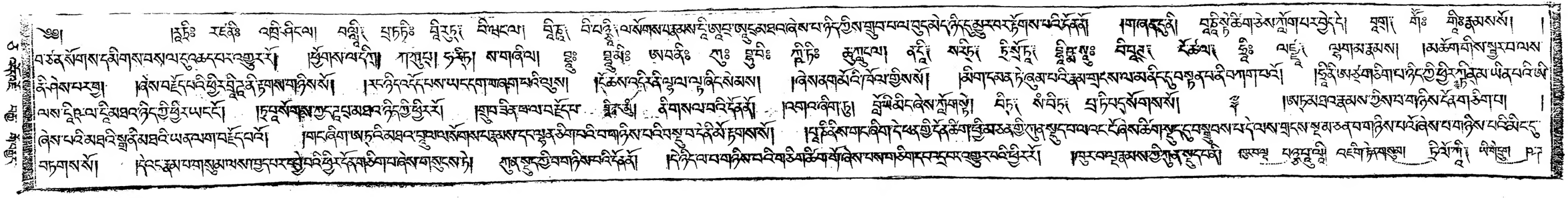


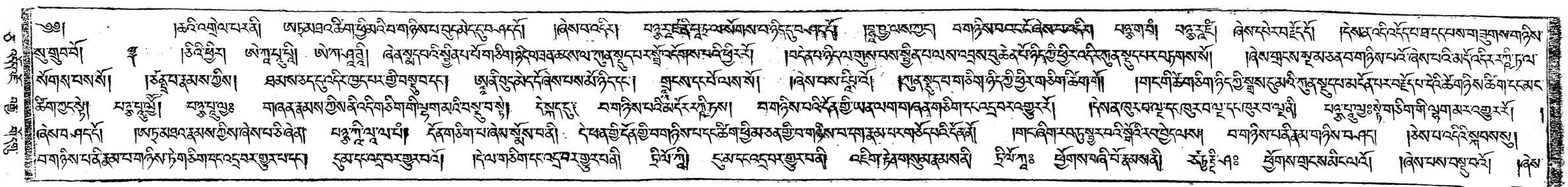


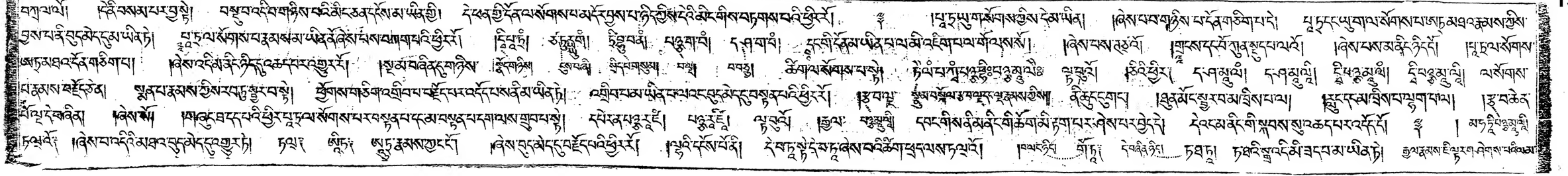


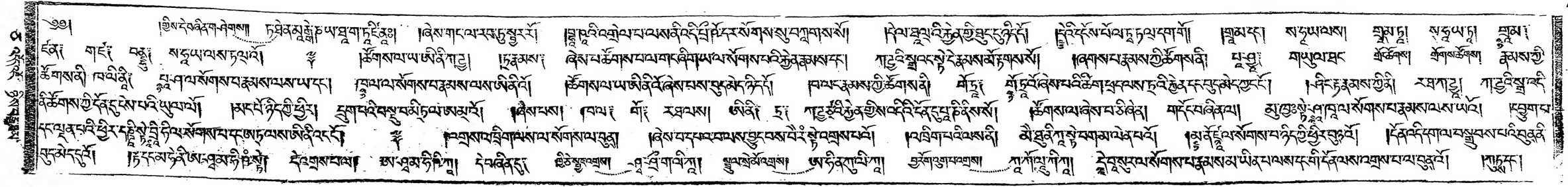


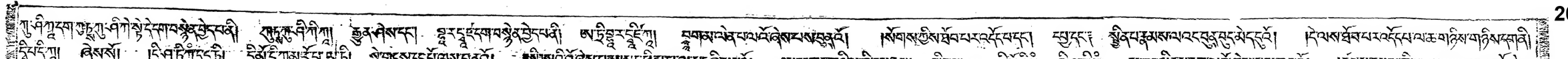


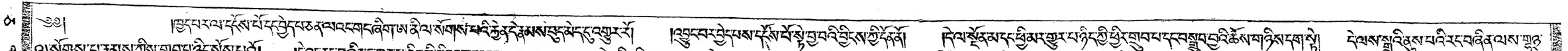


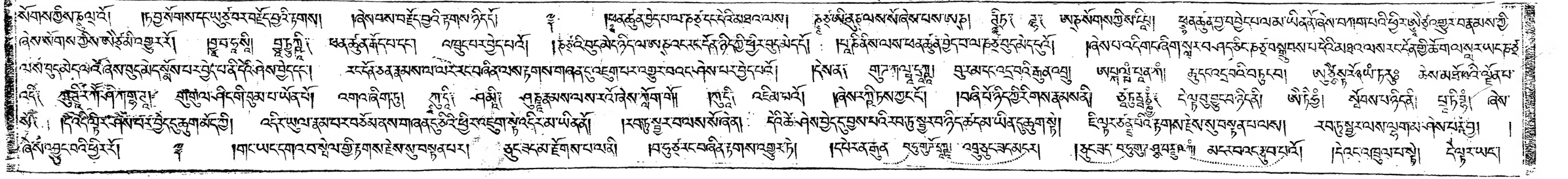


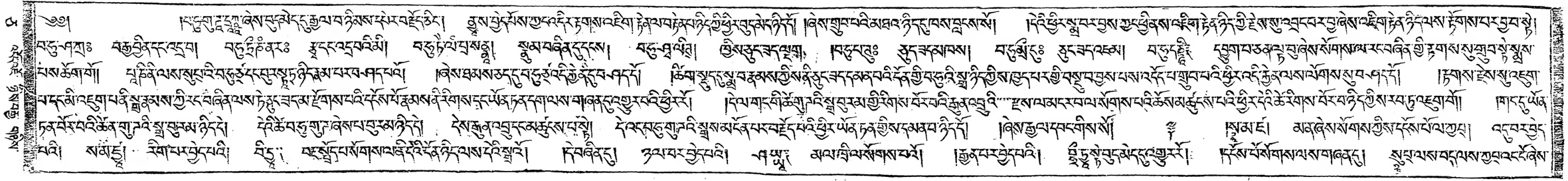


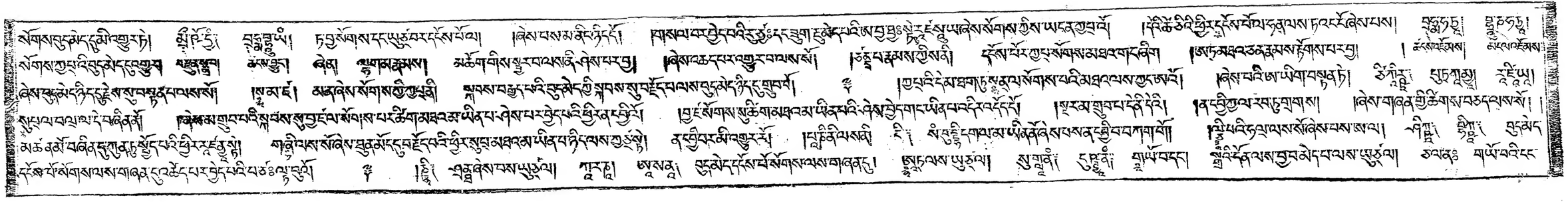


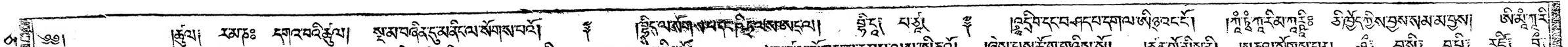


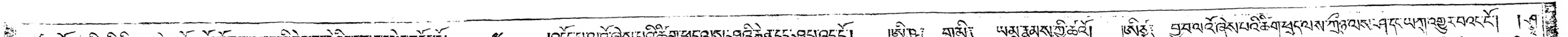


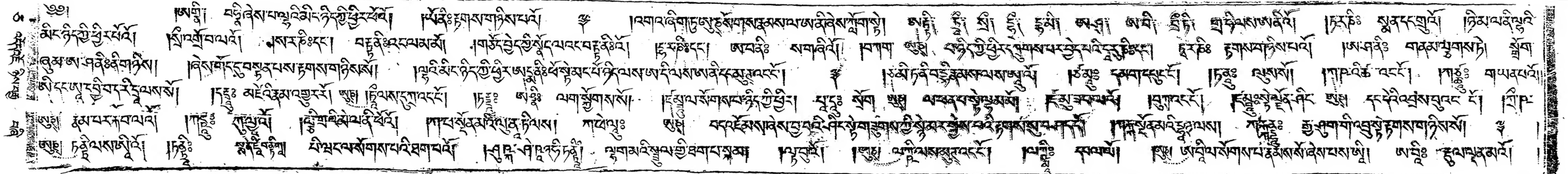


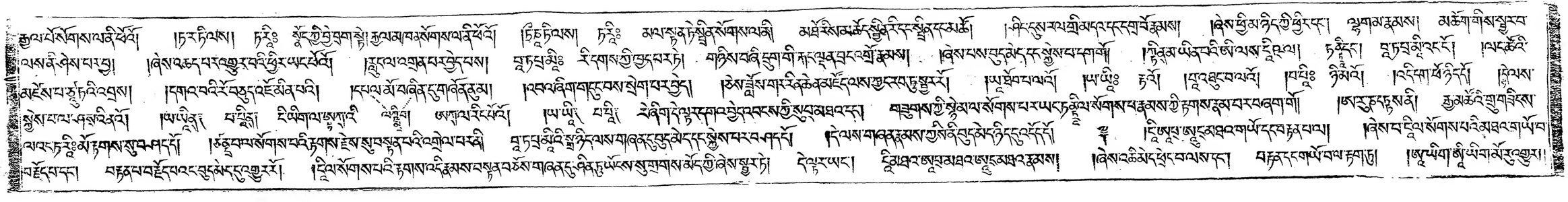


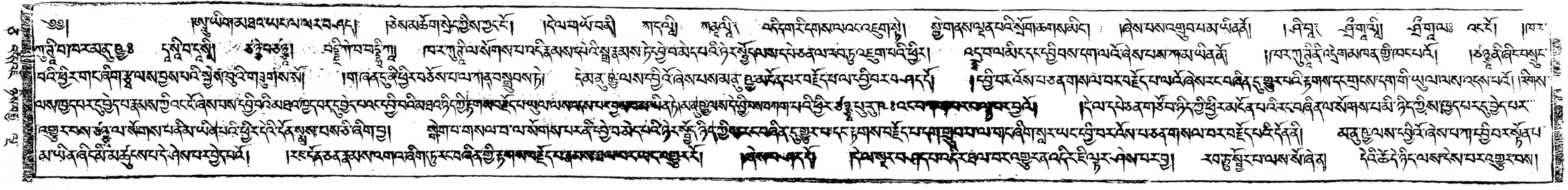


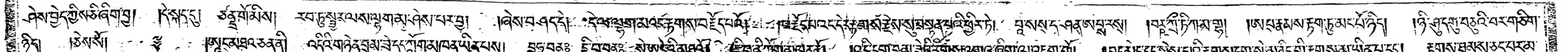


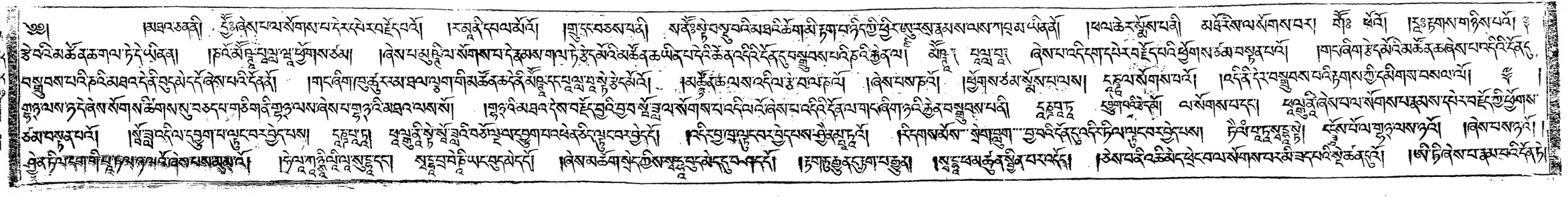


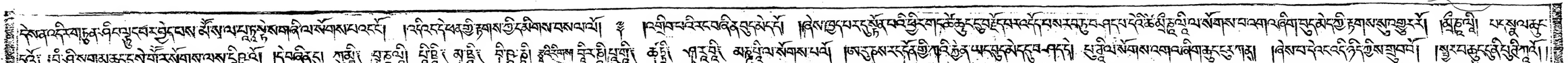


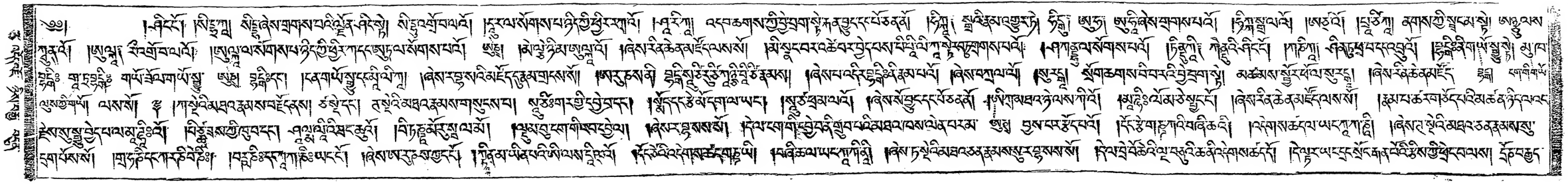


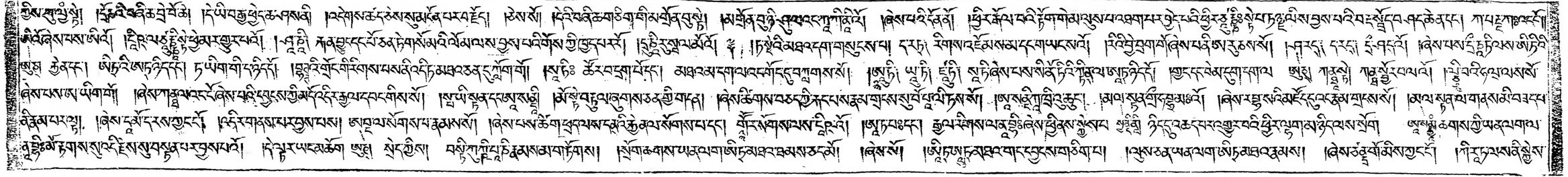


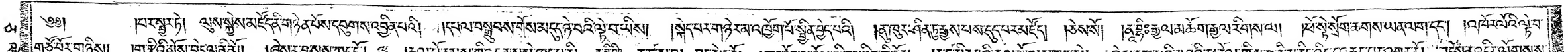


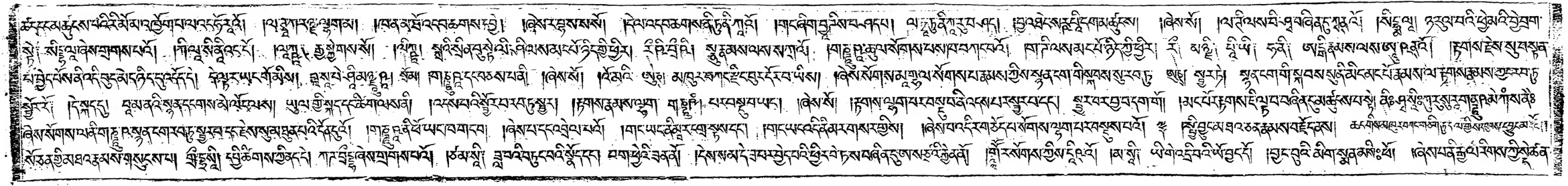












ཞེས། ཁནྡ་སྱཱ། བདུད་རྩིའི་ རྒྱལ་པོ། ཀུ་ཝེར་ ཨི་ཤི་ར། བཟླུ། ཀཱ་དཱ་ལེ་ཀཱ་ལ་པཱ་ཎ་ཡེ་ཤེ་བཅུ་པ་ཡི་ཐུགས་ཀྱི་ཐིག་ལེ་ཅན་ནོ། ། ཨོཾ་ཨཱཿཧཱུྃ་ཕཊ་ཀཱ་ཧ